The Mossy Log

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Cross country, track teams scrutinize coach's behavior

LEO BERNSTEIN NEWMAN/THE MOSSY LOG

An athlete runs at Griswold Stadium.

By ASMAA ZAIDAN

HEAD CROSS Country Coach, Interim Track & Field Head Coach and President of the Division III U.S. Track & Field and Cross Country Coaches Association Executive Committee for the National Collegiate Athletic Association (NCAA) Matthew Barreau, has recently been the center of multiple reports of Title IX violations.

Barreau declined to comment, deferring to the athletics department.

Current and former athletes as well as assistant coaches describe his three-year tenure at Lewis & Clark as creating a "male-dominated" team environment. Multiple team members claim that Barreau said inappropriate gendered and racialized comments, mismanaged the teams and undermined female coaches.

"I can give you so many reasons (why I quit); but, I think the main reason is always going to be coach (Barreau,)" an anonymous first year said. "Just the team environment that he has cultivated and allowed in many ways to exist, it's extremely negative and it's hard to be a woman on that team because you're constantly pushing back against an attitude that doesn't see you as an equal member of the team."

The anonymous first year was recruited by Barreau for cross country, but quit before the close of the season. However, she is not the only athlete with complaints against the coach.

An anonymous former junior from the women's team, an anonymous female sophomore currently on the team and Andrew Scott '23 all spoke out against Barreau. Additionally, former assistant coaches Emma Thomas '13, Sarah Hopkins and Etta Moen '21 expressed their reasons for leaving. Multiple former and current coaches and athletes are calling for Barreau to be fired, or at least addressed by a third party.

"The only reason I left was because of my interactions with Coach Barreau," Thomas said. "I had the time, love the athletes, love the sport, but I felt like I was unable to continue to work with him."

The athletes who quit are two of many female athletes who have left the team because of Barreau. Retention has been low, with around 12 female athletes departing after last season. According to Thomas, 10 women's and three men's team members quit as a direct result of Barreau's actions.

"Every year, there's like this huge exodus of female athletes," Thomas said. "And some guys leave too, there's not like 100% retention regardless, but so many female athletes have left. And while they may not say it to Matt's face ... many of them have told me 'I don't like Matt,' as one of the main reasons that they left the team."

This season the women's team lost almost half its members before the close, which numerous team members blame Barreau for.

"When we came into cross (country), on the women's side, we started with 22," the sophomore said. "Now I think we're down to 12 or 13 ... I 100% attribute it to Barreau."

Referencing Barreau's specific behavior, Thomas describes a pattern that included disparaging remarks about athletes' bodies, treating female athletes poorly compared to the mens' team, making racialized and gendered jokes, gaslighting and manipulating students in meetings, refusing to take responsibility after confrontation and unwanted physical contact with female athletes.

In one reported incident, Barreau made a joke about a team member's past sexual assault. In another, he said an athlete

"INEQUALITY" CONTINUED ON PAGE 3

College selects speakers for yearly commencement

By VENUS EDLIN

KATRINA Kuzmina '23 and Eden Baron-Williams MA '23 were selected as the undergraduate and graduate commencement speakers, respectively.

Though Kuzmina said she felt honored to be selected as the undergraduate student speaker, the journey to get there was bumpy. Kuzmina, who is a Davis United World College scholar from Moscow, nominated herself to be the senior speaker. She felt her country of origin would make her an unlikely pick.

"I honestly didn't think I was gonna be picked at all because of a political conflict, and I feel like the relationship between my country and the US is just so kind of complicated," Kuzmina said. "I made sure in my speech to address the ongoing political conflict because obviously, that's just the elephant in the room."

Additionally, right before submitting her speech, she got a concussion from intramural basketball.

"They tell me in the medical center, once they diagnosed me with a concussion, they say make sure not to do any physical activity to avoid an injury," Kuzmina said. "I think to myself, I haven't hit my head in probably the past at least 15 years, there's no chance I'm going to hit it again. So I go into dance rehearsal."

At the rehearsal, Kuzmina hit her head once more, but still stayed up all night in order to finish the speech since she already had an extension. Kuzmina had a little time to rest before auditions, where the 16 nominees sat for three hours while listening to each other's speeches.

"It was awesome listening to everyone's speech, though," Kuzmina said. "Right after that, I had just such full and colorful dreams because there was just so much reflection and thinking back, and every single speaker really talked about it in a very different way."

In her speech, Kuzmina, who is a rhetoric and media studies major, will focus on the theme of liminality, which refers to the ambiguity experienced during transitional phases.

"I want to encourage my fellow graduating seniors to take time in this transitional space of liminality to reflect on our journey and on what we want to take further with us beyond the point of graduation—what we want to amplify, and what we are ready to leave behind," Kuzmina said to the Source.

However, what she believes made her speech stand out was her use of humor.

"I was writing, and I'm like, 'Okay, we're not trying to make it a stand-up,' but I definitely wanted to include some sort of humor because I feel like it's such a sentimental moment, and we're all just so sad," Kuzmina said. "I'm gonna cry probably the whole day, so I wanted to bring some lightheartedness to it."

At first, Baron-Williams was unsure if she was the right fit for the graduate student speaker. She was nominated by a faculty member and feels it to be a privilege to speak on behalf of her peers. However, she was ultimately persuaded to audition.

"Based off of my participation throughout the program, the work that they have seen me do, the way I engage with the community, and the way that I represent the values that the school holds – they just felt that I would be a great candidate," Baron-Williams said.

Baron-Williams will be graduating with a master of arts in marriage, couple, and family therapy with a specialization in sexualities. In June, she will also receive a certificate in Somatic Attachment Therapy from The Embody Lab before opening her own private practice, Creative Belonging Psychotherapy, in the fall.

Through her speech, she hopes to express to her peers the importance of entering a field with "so much potential for both healing and also harm." Baron-Williams will focus on her connection to therapeutics and her own story.

"In my speech, I'm really hoping people will feel something, that it's not just about congratulating our class, but is about continuing to make people think," Baron-Williams said. "Because in our world today, there's just so much to think about, and you're putting out therapists and educators into the world who can affect change and be more than just a person in a room or resume square, and to really galvanize people toward advocacy."

"BARON-WILLIAMS" CONTINUED ON PAGE 3

COURTESY OF LEWIS & CLARK

COURTESY OF EDEN BARON-WILLIAMS

Kuzmina and Baron-Williams will both serve as student speakers for their graduations.

Wellness office hosts events for Sexual Assault Awareness Month

By PAIGE A. ANDERSON

APRIL IS Sexual Assault Awareness Month (SAAM), an international, annual campaign to raise awareness about interpersonal, gender-based sexual violence and education on how to prevent it. Colleges and universities around the world, including Lewis & Clark, use SAAM to open up dialogues about consent, supporting survivors and making their communities safer for everyone.

Michelle Callahan, director of the Health Promotion and Wellness (HPW) department, has many crucial responsibilities for student wellbeing, including the programming for SAAM at LC.

"I provide education and resources for students, faculty, and staff, on any sort of health-related topic," Callahan said. "So that can be from body image and eating disorders to substance use and alcohol. Harm reduction strategies, sexual violence prevention, sexual health, stress management, suicide prevention, and all the things that go into what it means to live a little bit healthier, whatever that may mean to you."

Additionally, Callahan oversees the Confidential Advocate Program. The program offers assistance, support and information in response to sexual or interpersonal violence. Advocates provide non-judgemental support and advise students on their options when it comes to uncomfortable or unsafe situations.

"It would not trigger a Title IX report, so if someone feels like they need help figuring out what systems to go through – whether that is a no-contact order or academic accommodations, do they need to change their room because they're feeling unsafe?" Callahan said. "An advocate can be there to help, not only to listen to the survivor but the intention is to also empower the survivor as well."

This year, for SAAM, the HPW department has created events to raise awareness and fuel conversations about consent, sexual violence and support for survivors.

"We have Denim Day coming up, which is an international awareness event," Callahan said. "At its core, it's meant to raise awareness around the problem of gender-based violence and sexual assault on college campuses, in our communities, anywhere and everywhere. This year our office has really focused on two main activities,"

Denim Day was created because of an overruled rape case in Italy where the victim was wearing tight jeans and the court decided she must have assisted in removing the jeans, therefore implying her consent. Wearing denim on the last Wednesday of April is to stand in solidarity with victims of sexual violence and to enforce the fact that clothing does not equal consent.

The second event for SAAM, the Paper Chain Project, is on display on the second floor atrium in Aubrey R. Watzek Library.

"We've taken a bunch of different prompts for folks to fill out on what they would love to see in a world without sexual violence," Callahan said. "What does violence prevention look like to you? How can you support survivors? This is all to show folks that there are different ways they can get involved in sexual violence prevention."

The Associate Director of Watzek Library and Title IX Deputy Coordinator Elaine Hirsch has worked alongside Callahan to develop the project In addition to the tabling events for this year's SAAM

"CAMPUS" CONTINUED ON PAGE 3

THE MOSSY POD

New episode release

Co-hosts DJ Smith and Negasi Brown talk to Isaac Babus '26 about being a Jewish person on campus, cultural appropriation and historical antisemitism.

OPINION

Editor-in-chief's goodbye

2022-2023 Mossy Log Editor-in-Chief Venus Edlin waves goodbye to the readers of the paper, after serving four years. *PAGE 4*

FEATURES

Interview with the president

President Robin Holmes Sullivan reflects on her first year in office with the Mossy Log. *PAGE 6*

ARTS

New Hoffman Gallery exhibit

The new art installation, "Two Layers Away," features art work from eight art majors' senior work. *PAGE 9*

SPORTS

Baseball wins conference

Team reflects on most successful season in a long time, hopes for the future, favorite memories from this season and seasons past. *PAGE 10*

Looming recession raises fear among recent grads

College seniors anxious about careers, future due to lack of internship opportunities amid high inflation

By SUMMER DAE BINDER

IN THE UNITED STATES, there has been growing fear among politicians, economists and academics about an incoming recession in 2023. Factors that indicate a slowing economy are already affecting Lewis & Clark students and recent graduates in the job market.

A recession is generally recognized as a period of decline in economic activity that usually occurs in 2 consecutive economic quarters, specifically using the metric of a country's real gross domestic product (GDP). To be declared a recession, it must also broadly influence the economy, not exclusive to one sector.

The National Bureau of Economic Research (NBER) is the renowned institution responsible for calling recessions. The NBER uses statistical measures, including personal income, industrial production and unemployment rates, to determine if a recession is happening. The NBER has not yet reported we are in a recession.

Although NBER has not yet declared a recession, indicators do point to a recession. Currently, the U.S. labor market is showing signs of slowing which may indicate an oncoming recession. this means for consumers that prices are rising more slowly which is indicated by rising interest rates, slowing sales and slower price rises. This is particularly evident in the housing market.

Lewis & Clark Professor of Economics Clifford Bekar claims that the likelihood of very unlikely.

"There is no way to be sure one (a recession) is going to happen. In fact, I would put the balance of probability that we enter into a recession at less than 50%. I think I would put it less than 30% to be honest," Bekar said. "... employment remains really strong. Aggregate demand remains really strong. Traditionally, we look to weakness in the labor market."

April 2023 has seen a moderate increase in people filing new claims for unemployment benefits, indicating a gradual slowing down in the labor market, with the Federal Reserve's year-long interest rate hiking campaign decreasing demand.

This leaves many college students and recent graduates in a difficult position in the job market. Many are left stressed and discouraged, as internships are either unpaid or do not offer enough to live and income has not risen with the cost of living.

For instance, an Economic Policy Institute analysis of Current Population Survey revealed that recent college graduates have had a difficult time finding jobs that provide health insurance. The percentage of college graduates who have employer-sponsored health insurance coverage fell from 61 percent in 1989 to 31 percent in 2012. Economic declines, like recessions, beg to ask many questions: How do college students survive a recession? Will my recession-era job last?

Sofia Seirmarco '23 started looking for an internship in September 2022 for the Spring or Fall 2023 semesters. After applying for over ten positions at nonprofits and think tanks, she remained unsuccessful. Seirmarco, who hails from the San Francisco Bay Area, wanted to pursue an internship in tech. However, the tech world has been sent into a spiral following the Silicon Valley Bank (SVB) collapse and cryptocrash.

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"A lot of companies, in general, not just in the tech sector, have completely chopped their internship programs entirely, or the only internships they are offering are very technical internships like software developing," Seirmarco said. "It is difficult to break into the tech sector with having no real technical experience and it used to not be that difficult, honestly. I applied to all these think tanks and nonprofits, and never heard back from any of them. They are super competitive."

Many college students are also relying on their parents for financial support, where a recession could definitely halter this exchange. This would leave many students to seek out higher paying jobs and working more hours which would not be sustainable for students qualified for Federal Work-Study. A recession would also restrict students' capacity to go out with friends or participate in extracurriculars due to financial constraints.

Another hardship for college students is not hearing back from employers, given that there is much competition for internships.

"I never heard back. That is what I have been hearing from a lot of seniors is that there is kind of this trend of companies and orgs ghosting you. Not rejecting you, not furthering the process, offering an interview," Seirmarco said. "Most of the people that I know do not actually have anything lined up for when they graduate and that's scary."

Will Toppin '23 wants to go into nonprofit social justice work after graduation. However, he will not be staying Portland after the summer which has made the job search a challenge.

"There are not a lot of nonprofit internships that are paid for just the summer. Usually, they want you for a year or more," Toppin said. "I was looking around on Indeed and Linkedin and there were just a lot of things that I meet in, and then I went to the career center and they confirmed that unless I was going to stay in Portland for longer, I would not be able to find that exact thing."

The startup community's fear of a recession has been growing due to the SVB bank failure in March 2023. SVB was once one of the most prominent banks involved with companies in venture capital, life science, fine wine and cleantech, and its recent crash now increases fear of how fragile the economy is in 2023 and worries Wall Street of the same thing it saw with the 2008 financial crisis.

The U.S. Treasury, Federal Reserve and Federal Deposit Insurance Corporation ensured depositors would be fully protected from financial losses by exceeding FDIC limits of up to $250,000 to prevent a further financial crisis. The bank failure has also led to a confused Federal Reserve that is trying to fight inflation and slow down the economy by increasing interest rates.

Following the SVB fallout, regional bank stocks continued to plunge. President Joe Biden responded to the crash on live television, saying that SVB and Signature Bank investors will not be able to rely on aid from the U.S. government.

"(Investors) knowingly took a risk and when the risk did not pay off, investors lose their money," Biden said.

The future is uncertain if the U.S. will face a recession in the upcoming economic quarters. However, it is certain that college grads are scrambling for work in a flawed economy. Inevitability, this has highlighted growing economic inequality at home and abroad.

SEED will soon report on LC divestment policy

By TOR PARSONS

DESPITE deciding to divest from fossil fuels in 2018, the Lewis & Clark Board of Trustees (BoT) voted to roll back on this decision in October 2022, shifting to a different model. The change in plans was not publicized. Students Engaged in Eco-Defense (SEED) plan to release a document on LC's history of fossil fuel investment policies, and where the administration can go from here.

The 2018 decision followed weeks of student protests, a petition by SEED with over 900 signatures and a wave of college divestments. According to the New York Times, over 1,500 institutions have divested from fossil fuels in the past five years, including hundreds of the world's top universities, the British crown, major banks, and the Norwegian Sovereign Wealth Fund, which is the world's largest investment portfolio. Following LC's decision, SEED and the BoT discussed what a divestment policy would look like.

Divesting means that LC's endowment would no longer be invested in the fossil fuel industry. An endowment is a permanent fund held by a private college, made out of donated money and invested in the stock market. It serves as a "rainy-day fund" and a barometer of the school's overall financial health. As of May 31, 2022, LC's endowment was valued at $319.4 million, according to the college's business office, or about $150,000 per undergraduate student. This is the third-largest endowment for an Oregon college, behind Willamette University in second place and Reed in first, and is an average size for a prestigious liberal arts school.

In October 2022, the BoT quietly voted to shift from a divestment model to a net-zero model, in which they could continue investing the endowment in fossil fuels so long as the investments are balanced out with investments in environmentally friendly businesses.

According to SEED's incoming Vice President Clover Sinning '26, the policy change felt like a betrayal.

"It was October when the Board of Trustees voted to switch from the divestment policy," Sinning said "And I don't think we were emailed until a couple months later. Even at this point, I think awareness is quite low. And we haven't actually been able to find all the information from that decision that was made."

SEED was never directly contacted by the trustees about the decision. Professor of Biology Greta Binford and Associate Professor of International Affairs and Program Director of Political Economy Elizabeth Bennett were the first to inform them about the change to the policy. SEED's leadership, including Treasurer Bella Root '25, were frustrated by the lack of transparency from the administration.

"We found out in a really roundabout way," said Root.

SEED is preparing a document informing students of the change, which will likely be released shortly after the publishing of this article.

While Root and Sinning welcomed the potential of the net-zero model, which examines the ecological consequences of every company and portfolio LC invests in rather than just fossil fuel companies, they also suggested the Trustees may have had ulterior motives for the switch.

"In the policy that SEED helped them add to the endowment guidelines, it said they had to sell all their investments in fossil fuels by December 2022," Root said. "And they made that change in October."

According to SEED, by Dec. 31, 1.7% of LC's endowment was still in private investment pools that invest in fossil fuels, meaning a total of $5.2 million are exposed to fossil fuel stocks.

There are no plans to phase out these investments. Nevertheless, the school's Environmental Sustainability Office said that the net-zero clause is an improvement over the divestment clause in terms of climate impact, as it takes a broader approach to emissions mitigation than simply dropping fossil fuel stocks.

Chief Financial Officer and Vice President of Operations Andrea Dooley wrote that "Today, net-zero is regarded as a more active solution, whereas divesting is regarded as a passive approach to climate change."

Whatever the outcome of the administration's decision, SEED wants students to be aware of what the administration is doing with their money.

"We're trying to direct the school towards what the students want in terms of sustainability," Root said. "It's really the student body's job to hold Lewis & Clark accountable for being sustainable and actually following through on a lot of their promises as a sustainable college, as that is how they market themselves to us."

College prepares for natural disasters with emergency management team

LEO BERNSTEIN NEWMAN/MOSSY LOG

Students can train for natural disasters.

By NOAH REESE-CLAUSON

IN SEPTEMBER 2021, Lewis & Clark hired Bill Curtis as director of emergency management, a position that is rare in colleges of this size.

LC hired its first ever emergency manager in 2018. During his time, Curtis has been busy between the cyberattack and the rise in winter storms. His job involves preparing infrastructure for situations like forest fires, earthquakes, other natural disasters, active shooters, potential protests and civil unrest. Curtis said he is pleased with the way LC is preparing for these crises, which makes the college stand out from similarly sized institutions.

"(The college has) been very consistent about making sure that we have the right plans in place, that we are training an emergency management team to meet the institution's needs and increasing the personal preparedness as a student, faculty staff," Curtis said. "... It's a very consistent approach, and an incredible commitment that the college has made to safety by having me in this office now."

Curtis uses the national protocol that the Federal Emergency Management Agency (FEMA) provides to prepare LC for emergencies as a part of the larger response system. FEMA deals with emergencies on a national scale and sets guidelines for smaller municipalities and communities.

"Here at Lewis & Clark, we try to use something similar, taking those emergency management principles and applying them to the college," Curtis said. "So my job primarily is to make sure that the institution, the business practices, the operational capacity of the institution can handle the shock of an emergency."

In the case of inclement weather, such as the March snow storms, LC's protocol involves communication between the emergency management board about the severity of the weather, how to best proceed and happenings on campus that may be affected.

"I'll then send out a message to a core team of administrators saying, 'Looks like we have some potential for winter weather,'" Curtis said. " ... Then, when we get to a warning — that means that the incident is going to happen — then we'll jump on a phone call usually and talk about what the forecast looks like, what events are happening on campus, do we have exams scheduled, is there a concert scheduled, do we have a few teams traveling: what is happening at the institution?"

Director of Campus Safety Jay Weitman is on the emergency management board. Sometimes the Emergency Operations Center (EOC) needs to be activated as part of the response process. In most situations, Curtis would activate the center, but others have the ability.

"(Curtis) initiates the activation, although I also have the ability to activate an EOC and there are only a couple other people that have the authority to do that, like Dave Reese, our chief of staff," Weitman said. "Executive Council can activate the EOC, my boss Yvette, vice president of student life, can activate the EOC — she's on the board as well."

In the event of an emergency, campus safety largely plays the role of notification and facilitation.

"Campus safety will alert the community of a hazard, and I have the ability to send out a rave alert — which are those messages that get blasted to not just your email, but your texts to your phone," Weitman said.

Elizabeth Safran, associate professor of geological science, director of environmental studies program, and director of earth system science minor, teaches a class called "(Un)natural Disasters" that goes through the degrees of influence humans can have on disasters.

Fires are an example of a natural disaster that can oftentimes be unnatural. People individually have the capability to start a forest fire.

"Various types of management practices have the potential to alter the frequency and intensity of fires," Safran said. "For example, there's a lot of discussion about fire suppression and other land management techniques that may have altered fuel loading, for example. So, if there's more fuel in a landscape it tends to promote more intense wildfires."

Conversely, earthquakes are a type of disaster that humans have very little control over, therefore, the response is largely based on setting up resources in case it does happen. LC is located in the cascadia subduction zone and is thus at risk for earthquakes.

"We, like most of our other peer institutions, have emergency supplies stored, just like ready to eat meals of medical equipment and supplies, fresh water filtration systems, things that you would need post-earthquake," Curtis said. "We've gone towards the model of moving those out of buildings into standalone shipping containers."

Safran worked with Associate Professor of Psychology Erik Nilsen, Associate Professor of Computer Science Peter Drake and Associate Professor of Rhetoric and Media Studies, Bryan Sebok, alongside a large team of students to produce a video game called Cascadia 9.0 to raise consciousness about the earthquake as well as preparedness.

Additionally, LC participates in the Great Oregon Shakeout, which teaches the "Duck, Cover, and Hold On" technique.

Safran, Curtis and a few students are interested in starting a physical education course that would teach students about emergency situations and get them protective certifications. The class does not currently exist, but its curriculum would include a community emergency response team (CERT), cardiopulmonary resuscitation (CPR), automated external defibrillator (AED) and neighborhood emergency team (NET) certifications.

Anyone interested in increasing their emergency preparedness can take classes outside of LC to get those certifications. CERT certification classes are available on the FEMA website, while CPR/AED courses are offered by organizations like The Red Cross and American Heart Association. NET certifications are offered free by the city of Portland.

Inequality, harrassment force women coaches out

Athletes claim Barreau fosters sexist, racist culture, complicity; Pietrok niether confirms nor denies

Continued from page 1.

wearing a backpack in the front was "practicing for the future," referencing pregnancy. Athletes also described interactions with him as invalidating, particularly when discussing mental health.

"He's terrible with interpersonal connections and relations," the sophomore said. "If his only job is running workouts, he would be great at his job. When you talk to him about anything personal he is awful. He straight up told one girl on our team when she was having a panic attack that next time she should inform him in advance so he can plan. That's not even the worst thing he's said to people."

Thomas also referred to Barreau's treatment of female athletes in meetings as "gaslighting" and "manipulative."

"Athletes coming to him with an issue and ... (he would say) 'oh it was a joke, it wasn't my intention, you're too sensitive,'" Thomas said. "Instead of taking any personal responsibility for the way that he made them feel, and that was really upsetting to me, of course, because I just felt like throughout this entire process, the athletes competing on the women's team are not heard."

Barreau was appointed as interim head coach of track & field in the first half of 2023 following the departure of the former head coach, Aaron Campbell. Barreau was hired for his first position, head cross country coach, for the 2019-20 season. The first report was started in the 2020-21 season, the second in 2021-22 and third in 2022. Other smaller-scale complaints resulted in official actions, but these reports have had minimal consequence. All sources claimed Barreau was involved in numerous Title IX violations, despite Director of Physical Education & Athletics Mark Pietrok's statement.

"I can't confirm that, or deny that," Pietrok said. "I can't — I'm not allowed to talk about personnel."

Though the number of cases officially filed is unclear, there are two confirmed attempts, the first of which the sophomore said was not filed properly. Disparate treatment between the teams was one subject of the first report.

"He would barely show up to the women's practices, and barely coach the women's team, he only focused on the men's team," the anonymous sophomore said. "The women's team, as a whole, filed a Title IX complaint through Sharon and had a mediated meeting between him, Title IX and the team."

Athletes corroborated this, explaining that his treatment of the men's and women's teams prior to the complaint was clearly different.

"He consistently went 10-15 minutes over the men's time every single Monday," The anonymous sophomore said. "So he's making the entire women's team for cross country stand in the hall of Pamplin and then would rush through our meeting so that he could get to go coach the boys, and would consistently spend more time with them then he would with his female athletes."

Following the mediation — which included the women's team, Associate Director of Physical Education & Athletics Sharon Sexton and an ombudsperson — Barreau's assistant coach at the time Thomas was disappointed with Barreau. Thomas also said Barreau recorded the meeting.

"He called me and ranted for a while about it, just saying how it was just 'the shit on Matt show' for an hour," Thomas said. "And how the team is super sensitive and doesn't get his jokes and how he just can't wait for them to leave ... I heard him take absolutely no responsibility or accountability for anything that happened.'"

The former coaches said that he somewhat changed his behavior following the complaint.

"He toned it down in front of the athletes, but I still heard inappropriate comments that I'm glad the athletes didn't hear," Thomas said. "But then I had to kind of shoulder those ... he probably got a slap on the wrist, I don't know what happened ... He was a little bit more reserved in front of the athletes, and then things were just slowly getting bad again. And then athletes complain, I complain, and then maybe it gets a little bit better for a while when he's on his best behavior, but he is who he is and it just gets bad again."

However, it is unclear if LC ever filed the initial Title IX report with the Oregon department of education.

"(The athletes) found out a couple of years later that apparently the school didn't file that Title IX correctly, so all of that process meant nothing," the sophomore said.

However, Moen said she was unsure if it was even intended to be filed as a Title IX in the first place. Rather, it took the form of a mediated meeting and may have been resolved internally.

The next Title IX report came from Thomas in Spring 2021, when several students visited Thomas and Moen seeking help. The report was based on a couple different incidents, which included Barreau allegedly saying the N word in front of an athlete and touching athletes' bodies without consent. Thomas reports that although Barreau was receptive, there was no active effort to change.

"They were unable to open a Title IX investigation because it was secondhand information," Thomas said. "... but my report was staying on file in case something happened again, and they just passed it along to HR."

A third Title IX case is currently being filed by Hopkins. She felt an immediate shift when Barreau came in as head coach. Hopkins also said she left due to mistreatment and feelings that she was being undermined as a coach.

"I wasn't allowed to do any lesson planning," Hopkins said. "I wasn't allowed to do any sort of warm up stuff, I wasn't allowed to determine what they were supposed to do each day, I wasn't allowed to basically determine anything except for very minute technical stuff."

Finally, there is a fourth case, this one against a men's team captain who allegedly sexually assaulted another student. Many athletes complained that there is a culture of sexist complicity among male team members.

"In particular, there was one case where a now former athlete sexually assaulted someone and (Barreau) tried to cover for him," Scott said. "So that's just one example of the larger problem ... he (Barreau) didn't report it, and he tried to keep it from getting to the — at the time — head coach Aaron Campbell."

In an effort to get this team member demoted from captain, the women's team wrote a letter to Barreau on their experiences.

"It said all of these bad things about him (the captain) touching members of the team inappropriately, saying sexist comments, making members of the female team feel uncomfortable," the anonymous junior said. "And all the things that he said about making people feel bad about what they're eating and making women feel uncomfortable by inappropriately touching them."

According to the sophomore, the letter was given to Pietrok and Sexton as well. Pietrok said he could not confirm whether or not they received the letter. However, students claim some action was taken.

"They removed him as the captain and then coach made him apologize to the men's team, but never made there be a conversation with the women's team," the sophomore said.

In another incident described by the anonymous first year, she detailed receiving verbal harassment by a male team member. She claims Barreau failed to address it early on, citing lack of evidence.

"One of the guys said, 'Well, if they want to get closer to coach, they should just suck his dick' ... I brought both of those things up to coach in my meeting with him before break," the anonymous first year said.

The male team member also supposedly made reference to a ranking list.

"And this guy looked me in the eye and he said, 'Well, if I were you, I'd be careful because I heard he ranked the freshmen girls and you're second to last.' So you should be careful," the first year said.

In all, numerous reports of mistreatment permeate student experience on the cross country and track & field teams. After the complaints, athletes say the school's response has been insufficient, and that the women's team was not heard.

However, Pietrok said that athletes were made aware of systems of reporting.

"Yeah, we set up communication lines in which they can go outside of their head coach and we've done that with the track," Pietrok said. "We also do evaluation surveys with every team. I meet with every team personally, as my door is open, so those are a couple of the efforts that we make."

Among other protocols, athletes get a planner with an insert detailing the filing processes and a presentation by Sexton explaining how to file a Title IX report for misconduct. However, athletes and coaches report not knowing the protocols, or the point of contact in cases of Title IX violations.

"I wasn't well informed on how to file a complaint about any of these things. And I didn't really know that was an option for me," the junior said. "I wish I did, I think I would have filed a complaint sooner, but ... if you're still a member of the team, it's hard to stand up against the authority figure because you're worried about your future in a community that you really value as an important part of your life."

Pietrok said that Title IX cases are dealt with by professionals and can be complex.

"These decisions aren't made in vacuums, they are made with Title IX people, HR people, schools, legal counsel, supervisors," Pietrok said.

Additionally, Pietrok said there is a danger in speaking too much about Title IX cases and creating narratives that may last years.

"Unfortunately, when you're dealing in the world of Title IX, we've had a situation with another sport other than track, where I had a coach get very disparaged on how a Title IX complaint was handled," Pietrok said. "I think part of what needs to be understood is that in these particular cases, there are certain things we are not allowed to say or do."

According to the sophomore athlete, the prevalence of microagressions made it hard to report Barreau. Typically, offhand comments are not enough to file a complaint.

"If someone says something out right, like, 'I don't respect you because you're a woman,' obviously, you're gonna be able to report that and it's very cut and dry," Hopkins said. "But a lot of it was, for instance, the women's cross country team is just treated differently."

The coaches also described being undermined by Barreau. Moen said she was treated as a "glorified babysitter." Scott described that Hopkins was treated as a "secretary" at meets. He also said another male coach, who had a personal relationship with Barreau, often spoke over Hopkins.

However, Moen attributes her reduced position in part due to her inexperience.

"I was there to take splits, and drive the team around ... I didn't feel, at least, like I was given any real chances to coach," Moen said. "I mean, (it) is totally fair, I'm fresh out of college, don't have any real coaching experience — But yeah my role was just to sort of be there."

In addition, Moen, who graduated the year prior to becoming a coach and ran during Barreau's tenure, said she had no negative experiences concerning disparity with him as an athlete.

"Personally, I didn't feel necessarily less than on the team, but I think that's also because I was one of the top runners," Moen said. "So because of that, I felt like I wasn't getting any less attention ... I think he tried his best to make sure that he checks in with everyone, but also, it's a big team, so it's kind of impossible to do that."

Similarly, Thomas said she did little coaching. Instead, Thomas said she spent much of the time performing "emotional labor" on behalf of Barreau, which put her in a difficult position since he was unwilling to emotionally listen to athletes.

"It wasn't fair to me," Thomas said. "I was there to be assistant coach ...it was just also like having to translate some of these things to a 40 something year old man. Why do we have to tell you that saying the N word is inappropriate? This is not in my job description."

However, Moen is optimistic, though she recognizes big changes need to be made.

"We did some of the starting work of being like, 'this is how your actions impact people's feelings' and I think he sort of started to put pieces together. But, like I said, it's a continued process," Moen said. "... He'll set them up for success to the best of his ability. And I think I think it's possible, I think he's hopefully making progress."

Thomas said the community's main takeway should be to listen to these athletes to end the cyclical conversations that result in little change.

"People just need to listen to women and non binary athletes" Thomas said. "... They have been trying for years now to speak their truth and to tell their experience, and no one is listening. So at any point of this, if someone just sat down and listened to the team, we wouldn't have this continued problem."

Baron-Williams will speak at graduation

Continued from page 1.

Advocacy and social justice are a primary focus for Baron-Williams, in part due to her own experiences. She is vocal about being a survivor of sexual violence and struggled in school.

"When I was younger, I was told that I was going to fail and that I shouldn't even apply to college," Baron-Williams said. "I came back hard, and kind of changed that story in my head, in my actions, and here I am."

However, therapy has always been a natural focus for Baron-Williams. For her, the struggles she faced throughout her academic career were important to overcome in order to become a part of the field.

"I also was always that person, for my friends and family growing up, I was always the resident therapist," Baron-Williams said. "... Now I'm just learning to channel it in a way that is sustainable, (so I) can hold more boundaries professionally and personally. I think it's the best job in the world."

Baron-Williams looks forward to implementing what she has learned at Lewis & Clark into her own practice, part of which is emphasized by the practice's name itself.

"I named it Creative Belonging because, in our world, I feel like a lot of people have to be creative about the ways that they feel they belong," Baron-Williams said. "Issues of not feeling like you belong in the world are huge. We have to create our own landscape sometimes in which we feel like we really have a sense of belonging and a sense of community with others. That's the people that my practice is geared toward."

Undergraduate commencement ceremony will be held on May 6 at 2 p.m. at the Veterans Memorial Coliseum. According to an email sent to graduating seniors, astrobiologist, actor and professor Aomawa Shields will also be speaking. Shields, who currently teaches at the University of California Irvine, also published a book titled "Life on Other Planets: A Memoir of Finding My Place in the Universe."

The graduate commencement ceremony will be held on June 4 at Lewis & Clark. Mercedes Lynn de Uriarte, former University of Texas Austin professor and journalist, will also give an address. Her teaching, research and journalistic career have focused on social justice issues such as exclusion, Latine erasure and housing insecurity for more than 30 years.

Campus promotes awareness with Denim Day, Paper Chain Project

Continued from page 1.

events, Hirsch highlighted another event back in February which focused on boundaries.

"Earlier this year on Valentine's Day, they hosted a similar table downstairs in support of healthy relationships," Hirsch said. "They had a number of popular giveaways there, including little studded 'boundary bears' with reminders of things you could say if you felt your boundaries were being compromised."

Hirsch has been working at the library since 1998. Her role as Title IX deputy coordinator means she helps file reports and interacts directly with students to ensure their safety.

"I think there is some misunderstanding about the Title IX process on campus so I want to emphasize that if something is reported to Title IX, it doesn't mean that the individual is going to be forced to talk to anyone or make any decisions," Hirsch said.

In years past, LC has hosted events such as bystander intervention workshops in order to educate the community on consent and how to recognize potentially unsafe situations. There are fewer events this year than in years past, but each event has been thought out to best offer students adequate and relevant support.

"Last year, we had a full-time program coordinator on that grant which allowed for there to be more targeted specific efforts," Callahan said.

In 2018, LC received a grant from The Department of Justice's Office of Violence Against Women (OVW), which allowed them to hire Emily Mattson as the violence prevention coordinator for the duration of the grant.

"She was able to use the funds to do things like 'Consent Conversations' which were peer-led workshops by consent conversation facilitators," Callahan said. "All of this is to say that the reason this has all shifted this year is because I have such a large scope of things I can and need to cover with students outside the world of sexual violence prevention."

Alongside the OVW grant, LC brought in Recognize Violence Change Culture (RVCC), a violence prevention organization working to provide "evidence-based and culturally relevant resources to help programs implement effective strategies for preventing sexual violence in their communities," according to their website.

RVCC created the posters around campus that promote ideas such as "love with independence" and "consent is more than a yes." The organization sorted through materials that LC was promoting and worked to make them more inclusive and visually appealing.

Jessica Carron is the Director of Student Rights and responsibilities at LC and oversees the Welfare intervention network on campus, as well as the on-call system for students to access 24/7.

"On a daily basis, I interact with students in three different ways," Carron said. "One might be through the conduct process for students needing support around a situation where they've been harmed."

In addition to verbal support, Carron assists students in figuring out the right path to deal with their issues, whether going through the Title IX route or helping students reorganize their schedules and housing to minimize their discomfort. Additionally, Carron oversees the on-call system, which is available 24/7 for students living on campus to report any incidents immediately.

Sexual assault awareness and prevention are vital on college campuses and in society at large according to Hirsch. LC offers many forms of support and options for students to take advantage of if an issue arises.

"You are not alone. You are not at fault," Hirsch said. "There are resources on campus if you want to take advantage of them. A confidential advocate is a great place to start because that person is not keeping a record of anything and they're aware of the Title IX processes if necessary."

Heartfelt goodbye from current editor-in-chief

As graduation looms closer, Venus Edlin reflects on time at Lewis & Clark, The Mossy Log newspaper

By VENUS EDLIN

FOUR LONG years at Lewis & Clark are coming to a close. Through it all, The Mossy Log has been one of my main constants.

In my college search, it was imperative that everywhere I applied had a newspaper, if not their own journalism department. Since working on my high school newspaper, The Bear Witness, and becoming the editor-in-chief my senior year, I had dreamed of a professional career in journalism. This is still my dream and I anticipate going into the field post-graduation.

Suffice to say, I knew from the beginning that The Mossy Log would play a part of my collegiate journey, though when I started here, it was called The Pioneer Log. In fact, I have been through many changes of this paper, which is now in its 80th year and 100th volume.

As a first year, I started regularly contributing ever since the first issue of my first fall on campus. I became well acquainted with the editors, including former Editor-in-Chief Hanna Merzbach. When editor applications opened up for Spring 2020, I was eager to apply — though I did not initially get an editor position.

However, I knew I would be a damn good fit so I continued contributing, waiting for another opportunity to open up. Shortly after, it did. On March 9, 2020 I was offered the position of news Editor, mere days before those on campus were sent home because of the COVID-19 pandemic. My first issue as an editor was the Coronavirus special edition, which was released on March 20, 2020.

The following year, I served as news editor for an additional two semesters under former Editor-in-Chief Nicholas Nerli. This was a turbulent time, as COVID restrictions were varied and disaster after disaster affected the paper. However, I pushed through and applied for managing editor for the following year. It was a tight election, and I lost to my competitor by a margin of one vote.

Again, I remained persistent because I knew that I was good at what I do, even though I knew many people underestimated me because of my neurodivergence and transness. Under the leadership of Ihsaan Mohamed, I became a very involved copy chief, who proved themself by taking on additional responsibilities. My peers saw this dedication, as well as my expertise, professionalism, talent and persistence.

Finally, in an election that was not without drama, I was elected editor-in-chief. I have spent the past year in this role working hard and, of course, facing many challenges. However, I am proud of my work. During my tenure, The Mossy Log changed its name, dramatically increased its social media presence, continued to uphold its journalistic standards of excellence and broke some of the biggest stories in the college's history.

After graduating, some of my most important and fondest memories will be associated with this newspaper. I have learned so much about this institution — for better and worse — through my journalistic pursuits. I will also forever cherish the late nights designing the paper with those who share the same passion.

Most importantly, The Mossy Log has been a personal test of persistence and a pivotal example of the success that will bring. Given my position in this society, I know I will need to continue embodying this trait in order to have the kind of life I believe I deserve, as well as bettering the lives of others.

Thank you to Ihsaan, Nic and Hanna who served as my editors-in-chief; and to Lexie Boren, Jacob Muscarella and Isabel Rekow who were my section co-editors. To Amelia Doyle and Noah Reese-Clauson, thank you for supporting me as my managing editors and ensuring that The Mossy Log continues. Not to mention, Molly Robinson who has served as the number one supporter of The Mossy Log and the best faculty advisor we could ask for.

Thank you to my partner of nearly three years Negasi Brown for your ever present support and love. Thank you to your family who has taken me in as their own.

Thank you to Access Services at Aubrey R. Watzek Library, especially Robin Anderson, Tallie Bocci, Jenny Bornstein and Jen Jacobs. Many professors have also had a strong impact during my time here: Heather Ashley Hayes, Melanie Kohnen, Kundai Chirindo, Susan Davis, Eric Nordstrom, Therese Augst, Rebecca Lingafelter and Štěpán Šimek.

To anyone else in the community, whether we were close friends, classmates, co-workers or readers of my articles — thank you for playing a role in my time at LC.

COURTESY OF DEVON FREEMAN

Venus Edlin, the editor-in-chief, looks back on the past four years at LC with fondness.

Innovations in space exploration will assist with issues at home

By HOBY REECE

THE YEAR IS 2150; your great grandchildren wake up from their hyper-sleep pods on the surface of a distant asteroid, rich in precious metals, ready to toil in backbreaking labor. All of this so that Elon Musk's cloud conscious neuralink android can buy a new space yacht. A scary thought, even if a little far-fetched.

Now picture this: Technological innovation did not progress any further than the 1960s. That is another timeline I personally would not like to live in. The widely held stance that we should focus on issues on Earth before looking out toward space is, in my opinion, shortsighted, and it does not give due credit to the Apollo program, which is responsible for so much of what we have now.

The effort to put a human on the moon posed an engineering problem that required giant leaps in innovation. Among the inventions that came directly from Apollo tech are vacuum sealed food, insulin pumps, fire fighting equipment and shock absorbers in everything from bridges to sneakers, not to mention portable computers. There was also a traceable boom in students pursuing STEM majors around the excitement of the Apollo program, and that indirect impact on innovation is incalculable.

A mission to Mars poses an even greater engineering challenge and solving it will likely result in an even greater boom in innovation. The trip to Mars is long and we certainly do not have all the problems worked out yet, but the technology that we would develop in order to accomplish that goal would undoubtedly help us here on Earth.

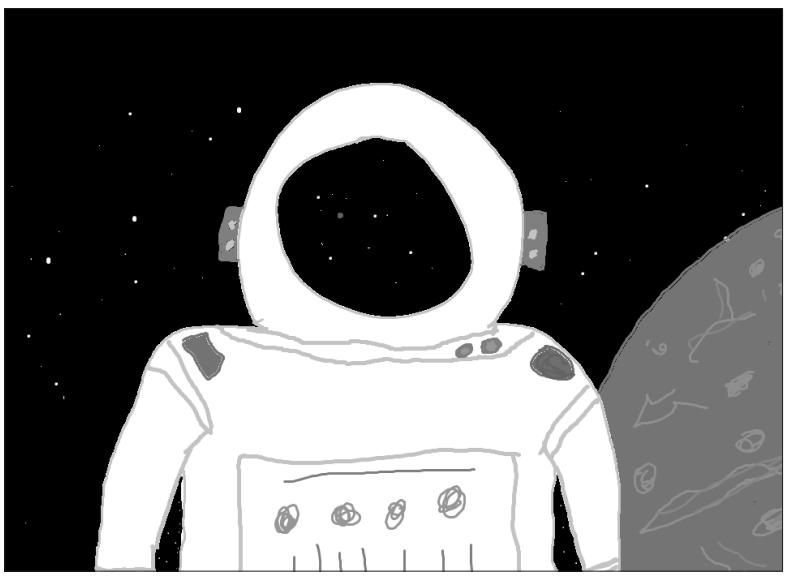
Innovations in solar power, energy storage and agriculture are some of the most obvious results of the tech required to sustain a multi-year trip to Mars. All of those innovations would directly serve humanity, lessen our reliance on fossil fuels and create more reliable food sources. Sending humans to Mars could save the Earth.

Some worry that space cannot be explored without the exploitation of laborers who would go out to build the billionaire's paradise on Mars, or extract natural resources from the asteroid belt. I believe that is a valuable discussion to have, as I certainly do not want my grandchildren to have to sell their lives to AstroCorp. However, we are simply nowhere near the technological capabilities necessary to pillage and plunder from other celestial bodies.

Perhaps going to Mars will get us closer to those capabilities, but unfortunately science will always be a double edged sword. No nitrogen fertilizer without chemical weapons, no nuclear power without nuclear bombs. Something we can be more confident in is that billionaires will not ever be able to use the planet as an escape plan. Humans cannot survive there long term, let alone intergenerationally.

Even without considering the absolute dearth of essential resources, Mars is inhabitable for atmospheric, electromagnetic and gravitational reasons, and to begin to talk about the potentialities of terraforming is absurd. Those that go to Mars will not be celebrity friends of Jeff Bezos on a vacation or Elon Musk and his 36 children and their mothers (if he would even take them) escaping the rising sea levels. They will be astronauts, well trained scientists, willing to sacrifice everything in devotion to a common goal for humanity.

When Neil Armstrong and Buzz Aldrin stepped foot on the surface of the moon, they knew there was a chance that they would not make it back up to Michael Collins in the command module. President Nixon had a speech prepared by Bill Safire if that would have been the case. There are many today willing to take that same risk for, as The Safire Memo put it, "mankind's most noble goal: the search for truth and understanding." The universe is not outside the Earth; the Earth is within the universe. Learning about what's up there will always help us down here. People should see the significance in attempting to explore the stars.



HOBY REECE/THE MOSSY LOG

Ivy removal PE class benefits campus, health

By MATEO KAISER & JACK FIOCCO

ACKNOWLEDGING that physical wellness can take many forms, the PE department should move to include a PE/101 Invasive Plant Management class in the Spring 2024 catalog. This proposed course would focus on removing invasive English Ivy on campus as an outlet for students to be active outdoors in a way that also contributes to our campus community.

Left unchecked, English Ivy chokes out surrounding biodiversity and threatens the livelihood of our trees. Students in biology courses have studied the spread of ivy, documenting its takeover of forested areas around campus. However, past management efforts at Lewis & Clark have shown the immense potential for increasing forest biodiversity following the ivy's removal.

Establishing a PE course would contribute to mitigating the ecological threat posed by ivy, while also providing an alternative way for students to fulfill graduation requirement. Stripping ivy from trees and pulling up ground ivy is physically demanding work that builds upper body strength. On top of that, studies including one from the National Center for Biotechnology Information have shown that exercising outdoors creates additional physical and mental health benefits like improved mood and a reduced physical effort.

An ivy-pulling class would include stretching, physical labor and taking care of your body while working outside. The instructor would teach about the impact of ivy, how it spreads, as well as the wellness benefits of being active outdoors.

From our own experiences as LC's student representatives on the Tryon Creek Watershed Council (TCWC), we have seen how satisfying removing ivy can be. Clearing an area of ivy is arduous, yet oddly therapeutic, as each action contributes to a tangible impact on the landscape. Pulling ivy with a group, even for just an hour a week, quickly creates camaraderie and a sense of pride in the work accomplished. TCWC, which works closely with the LC community, has already helped to engage interested students in invasive plant removal work, providing a framework for future efforts.

LEO BERNSTEIN NEWMAN/THE MOSSY LOG

Invasive Ivy grows all around campus.

While we typically imagine physical fitness as taking place in a gym or on the track, these sorts of activities do not appeal to everyone and represent only one approach to fitness. We call for a more holistic approach that addresses the specific desire for a PE course that focuses on community and sustainability-centered outdoor work. Polls of students by SEED (Students Engaged in Eco Defense) have shown strong interest in our proposed ivy removal course as an alternative to more traditional options.

SEED and future TCWC student representatives will continue to push for an Invasive Plant Management PE course to create an alternative way for students to engage with physical and mental fitness during their time at LC.

Unless otherwise stated, the views expressed in the Opinion section are NOT those of The Mossy Log and are held by the authors.

ASB president reflects on year's progress, challenges

COURTESY OF LEWIS & CLARK

Madeleine MacWilliamson '24 led Senate and Cabinet through many major changes.

By MADELEINE MACWILLIAMSON

This was originally published on KPH air waves as the president's State of the College. For the full version, check out our website or The Mossy Pod.

MY NAME IS Madeleine MacWilliamson. I am a rising senior political science major and data science minor. This past year, I served as ASB Student Body President here on the hill.

I did not want to run for student body president. Despite my pleas, nobody else was willing to bear the burden. I had become the most senior member on the ASB team as a rising junior. I was the one who had stayed on the road the longest and now the one who must pave the path forward. The weight of this title was worrying. Actually, being student body president scared me.

I was anxious about succeeding such powerhouse presidents; I felt their legacy shadow me. Mikah Bertel-Mann shepherded this institution through the COVID-19 pandemic, responding to issues around the transition onto Zoom, dealing with wildfires, the student experience with masks and social distancing, financial uncertainty for ASB and the institution and issues of equity during hardship. Mikah worked to stabilize numerous shaky situations in an unprecedented time of instability and he did a damn good job.

Sarah Lind-MacMillan led ASB through a significant transformation, addressing the return to in-person learning, changing the name "ASLC" in protest of the colonial history, challenging the administration on issues of racial equity, changing the PioExpress route toward Southeast Portland and providing student perspectives on the student center remodel. She built upon Mikah's goals and continued to guide the college into a sense of normalcy after losing campus cultural traditions to the pandemic Zoom era. Both of these stewards now serve as Rangel Fellows, future foreign service officers and true diplomats. I saw the big shoes awaiting me and I looked down at my feet that I still see as too small, yet somehow I slipped the presidential shoes on to walk forward.

I shuffled into this role at first by serving on the Presidential Transition Committee for Robin Holmes-Sullivan. I learned the names, the departments, the offices and of course — the administrative coordinators. Over the summer, I began coordinating the Cabinet and strategic planning for the academic year. We learned our names, our initiatives and our goals for our future. To say we were wide-eyed and optimistic would be an understatement.

But even optimism could not stave away problems as a growing waitlist accumulated for on-campus housing. I met with Campus Living Director Ben Meoz to provide feedback on creating a housing guide similar to Reed College. Together, Cabinet brainstormed solutions; we worked as a team for the first time. Cabinet started an emergency Housing Relief Reimbursement for students in financial need who were on the Campus Living waitlist. This application was circulated by Campus Living in their Discord server for students waitlisted for on-campus housing. We approved $1,400 for off-campus security deposits and rental applications. This all happened before we returned to our campus for the fall semester.

When we did return for the fall semester, the school year started with tragedy. To respect those grieving and the impacted loved ones, I do not plan to delve into this private moment. I have no words, other than to offer a moment of silence for our peer, a first-year whom we lost on our first day.

At this moment, our community cared for one another; we held space. We continued this compassion toward each other, in turn shaping our community for the better. This academic year, I am proud of the state of our college.

In the fall semester, I spoke at New Student Orientation in the Griswold Stadium, appointed students to various institutional LC committees and initiated conversations about a Lyft Pilot Program. I established regular biweekly meetings with Evette Castillo Clark and began bonding with our new vice president of student life as she acclimated to campus culture. I taught her ASB history, alongside the history of student protest regarding the name change. As student body president, I was privileged to be part of Robin's inauguration ceremony. Moreover, I attended the Board of Trustees in an eventful week in October. I learned more about the inner workings of the institution and its finances. My meetings with many administrators spanned many more topics ...

The greater body of ASB did significant work as well, enough that I cannot recount every committee's accomplishments — but I will list a few for listeners. ASB began a carpool bulletin board to connect commuter students with rides. Cabinet met with the Executive Council and held Town Halls and Forums on various topics such as the PioExpress with Parking & Transportation and Structures with Facilities. ASB attended the Portland Student Government Conference hosted by the University of Portland, which inspired a subsequent legislative agenda. ASB formalized the Health & Wellness Committee alongside an ISLC Cabinet Representative. The Student Policy Advisory Committee started a digital conduct policy guide to make available for students interested in their rights. We addressed the ASB Recall initiative process and held conversations about how to call in, rather than calling our peers out. CAB hosted Robin's inauguration party to celebrate the momentous occasion. Winter Wishes entered its third year; students submitted thoughtful wishes to their peers. Campus was cheerful.

So spring started with pep in our step! ASB continued its work within committees. EIJC offered mutual aid grants and SAAB processed academic applicants. CAB began Troom Thursday, with weekly events taking place in the Trail Room on Thursday. Even more dances were hosted, as CAB hosted Spring Ball. ASB held its first spirit week leading up to the enchanted forest themed dance. We were able to provide 45 students with free professional portraits on Fancy Friday. ASB worked alongside Parking & Transportation, and a thesising ENVS senior to survey the student body about PioExpress utilization.

Senate agreed to pursue three community outreach projects: a mural in Templeton/Fowler, an I <3 the Pio publicity and resources campaign and a nature photography competition. ASB also met with the Teaching Evaluation Committee to provide feedback on the administration of course evaluation. ASB held our elections for next academic year. This was the first cycle to include Senate elections in the spring, which led to a competitive and contested election. Finally, the Finance Committee held Allocations Weekend to disperse the Student Fee among student organizations earlier than years prior, to much success and positive feedback about the process. ASB put together events such as,the Festival of Scholars and Artists and Spring Fever held by CAB...

I introduced a legislative agenda to restructure the ASB financial system and to develop standards, precedents and guidelines for honoraria. Senate approved legislation to put $44 of the $360 student fee total toward Campus Activities Board funding, similar to other regional student government systems. Moreover, ASB began developing honoraria guidelines for student organizations to implement funded volunteer opportunities for their leadership. We hope to make these available once Student Engagement reviews and adds an embezzlement clause, parallel to current college policy...

Throughout my term, I worked tirelessly to advocate for the needs and concerns of our student body, striving to build a stronger and more inclusive community on our campus. I did not always agree with the institution's choices — and I made sure they knew when I did disagree — but I found that we always sought to reach similar conclusions: to better the student body, to better the student opportunities, and to better the student experience.

I am grateful for the trust of my fellow students to serve you well and I hope that my contributions have made a positive impact on the college community. I want to commend ASB for taking strong stances in leadership, as this passion was reflected throughout the year with the initiatives of committee chairs, Cabinet Officers and Senators. It is heartening to have found so much love and community here on our college upon the hill.

I am endlessly gracious for the opportunity to wear such big shoes as the ASB Student Body President. But! I am relieved to take these worn loafers off and let Alex Chapelle take ASB above and beyond. I know I walked in these shoes, but I do not doubt that Alex will run far faster (and far better than I can). So I look forward to seeing where he will take ASB next year. I know I will try my best to follow him as vice president.

Letter to the editor: WOC taking up space

I'M SORRY, WHITE people. I'm sorry that you're afraid of the space I take up. I'm sorry that my confidence and the things I say with my chest make you think about who you are and what your place is. I'm sorry that your decision to objectify my person has made my image so apparent that you cannot ignore me even if you tried. I'm sorry that the jokes I make to push against the walls of whatever box you try to put me in have made you uncomfortable. That was never the intention.

"I do the things I do for no one but myself. The space I take up is to make sure I never feel small again."

I do the things I do for no one but myself. The space I take up is to make sure I never feel small again. I'm sure you've felt small before. It's different for people like me. You will never feel the same kind of small I've felt when I've been threatened with violent assault, just because the porn they watch made them think that Asian girls can be subjected to anything without picking a fight. You will never feel the type of small I've felt when people have threatened to kill me because of what I look like and where my family has come from. You've never had anyone tell you that they wished that the US dropping their bombs had killed your grandparents because fewer people like me means more space for people like them. I hope you never feel that small. Don't you ever think that any oppression you've faced is the same as mine. We are not equals. But you don't want to acknowledge that.

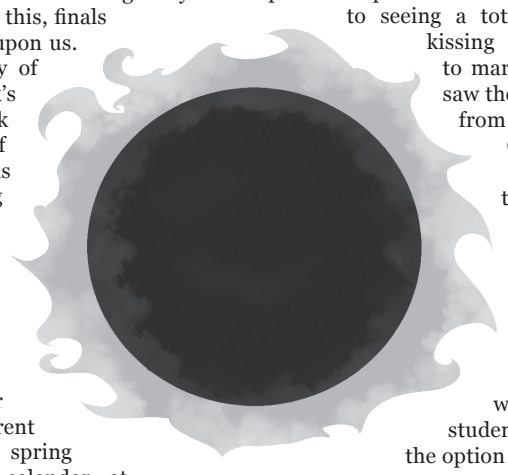
I will continue taking up as much space as possible. I will keep screaming and laughing as loud as I possibly can because that's all I have. And I'm sorry if you're uncomfortable with that. But I have no obligation to baby you through your discomfort. Do you want me to be quieter? To make you feel better about being white and being afraid of your superiority getting challenged? Grow up. If you want me to shut up, use your privilege to make this world safer for me and everyone like me. I'm sorry that you're not doing enough. I'm not mad; I'm disappointed. Is that still too much for you?

—An anonymous student

Next spring break must allow for eclipse chasing

By TOR PARSONS

AT THE MOMENT I am writing this, spring break was less than two weeks ago. By the time you read this, finals week will be upon us. The proximity of Lewis & Clark's spring break to the end of the term has raised strong opinions at LC before, including on this very page of The Mossy Log. Personally, I am in favor of the current placement of spring break in the calendar, at least in normal years. I like that LC's spring break lines up with Oregon public schools' break, so that I can go on vacation with my whole family without worrying about my younger siblings missing school.



HALCYON ORVENDAL/THE MOSSY LOG

2024, however, will not be a normal year. I bring a counterintuitive proposal to the administration: Next year, and next year only, spring break should be moved even later in the year. Specifically, it should take place the week of April 8. On that Monday, a total solar eclipse is predicted to sweep across North America, starting off the west coast, of Mexico, crossing into Texas and passing over much of the Midwest, before then finally traversing the Maritime provinces of Canada and out into the Atlantic.

Big deal, I can hear you saying. A lot of my friends saw the 2017 eclipse from their Bay Area homes, 400 miles south of the path of totality, and they were unimpressed. Apparently, it made the sun look like a crescent moon for a few minutes. Cool, but nothing worth rescheduling classes for.

At the risk of sounding like a gatekeeper of eclipses, seeing a total eclipse from outside the path of totality is like getting all the winning lottery numbers except for one. You can console yourself by claiming it is almost a win, but ultimately, there is no almost: You either win or you lose.

After seeing a total eclipse in 1979, America's last before 2017, the Pulitzer Prize-winning author Annie Dillard similarly wrote that "seeing a partial eclipse bears the same relation to seeing a total eclipse as kissing a man does to marrying him." I saw the 2017 eclipse from Silverton, Oregon, in the path of totality, and it remains to this day the most awe inspiring thing that I have ever seen and I want other LC students to have the option to experience the same magnitude of solar eclipse.

College life at LC for the past few years has not exactly been like the movies. This is no fault of the administration, as they certainly were not responsible for the coronavirus. Plenty of students have told me that some of the most important years of their life feel robbed by the pandemic. Yes, college is about studying. But you can study on Zoom. College is also about making friends, impulsive decisions and lifelong memories. Perhaps, it is also about making a thousand-mile trip to see a total eclipse.

Generation Z has been taught that life is not worth living. Because of the media, we have come to believe that the world is an irreparable hellscape and any hope for the future is a neoliberal lie. We need to be shown that there is beauty in the world. Imagine how much it would improve students' mental wellbeing to have a spring break where we are all encouraged to trek across the country, friend group by friend group, scrimping and saving every penny, to go witness nature's most spectacular phenomenon.

I know where I will be on April 8, 2024: in Texas, looking at the sun. Whether my friends will be there with me, and whether I will be missing any classes, is up to the administration.

Unless otherwise stated, the views expressed in the Opinion section are NOT those of The Mossy Log and are held by the authors.

President Holmes-Sullivan reflects on the year

With first year complete, Holmes-Sullivan discusses challenges, triumphs, hopes for years to come

By SUMMER DAE BINDER

AT THE BEGINNING of Fall 2022 academic semester, Robin Holmes-Sullivan was inaugurated as the 26th president of Lewis & Clark. Her inauguration was historic, making her the first woman, openly queer person and person of color to serve as president. In 2019, Holmes-Sullivan started at LC as the vice president of student life.

Before, she served as Vice President of Student Affairs at University of California and oversaw the 10-campus, 200,000-student system. Holmes-Sullivan then headed to Eugene, OR. and spent 25 years at the University of Oregon (UO). She worked her way up from clinical coordinator in the counseling center to vice president of student life.

Although Holmes-Sullivan was experienced in college and university administration before her promotion, the presidency role was an adjustment for her.

"I'm doing things that are a little bit different than I've done for a long time," Holmes-Sullivan said. "When I came to Lewis & Clark as a vice president, and it was my third vice presidency in student life, and that doesn't mean that I just knew it all in those kind of things, but I felt pretty confident that I knew what to do and what to expect and then the rhythms ... So, I haven't had a new job where I'm learning and trying to figure things out in a very long time, probably, like 17 years."

Holmes-Sullivan has taken pride in the liberal arts education that LC has to offer. In discussions with the Board of Trustees, she has emphasized how the college will "double down" on the liberal arts traditions. This means providing students more choices when it comes to studies, professional programs and extracurricular activities, as well as giving LC the opportunity to distinguish itself from other small liberal arts colleges.

LEO BERNSTEIN NEWMAN/THE MOSSY LOG

President Robin Holmes Sullivan describes the liberal arts education system as transformative for both students and herself.

"We have a very, very good law school and an outstanding graduate school and that already makes us different," Homes-Sullivan said. "So somebody will ask, 'well, maybe you are a university?' Nope, we're not a university. We are a liberal arts college, and even our professional schools are all in the tradition of the liberal arts, so everything that we've added to those classes ... data sciences, health studies, entrepreneurship, they're all of those classes that are still in the tradition of the liberal arts."

One of the objectives for Holmes-Sullivan is improving student facilities. In her prior experience at UO, she helped with the renovation of the Student Center and the Student Recreation Center.

"I know the impact that really good student facilities can have on the overall student experience, so I turned my attention to that pretty much right away when I started Lewis and Clark in 2018," Homes-Sullivan said. "We did a lot of focus groups and we actually brought in an outside consultant to help us work for over six to eight months with students about what do you want? What do you need? What's missing? What would make the experience better? And how can we develop this facility in order to respond to those needs?"

At this time, students wanted a place on-campus where they could be loud late in the evening, things were open later and they could gather and study with friends. After hearing and collecting information from student feedback about on-campus student spaces, Holmes-Sullivan worked with other administrators to find a solution that emphasizes socialization on campus. As a result, the once Templeton Student Center was renovated into Stephanie Fowler Student Center. The renovation included remodeled offices for student clubs and affinity groups, study spaces and an enhanced Trail Room dining facility.

Holmes-Sullivan wants students to know that she listens to the student body even if her role may focus on the college at a larger scale.

"I do have to yield some of my day-to-day interactions with ... students ... but I never want to get so far away that I don't know what's really going on, or that students ever feel that I'm not accessible to them," Holmes-Sullivan said.

Cannabis workshop aims to promote drug safety

Passionate about harm reduction, LC first year dispels marijuana myths, talks history, education

By J FRANK

IN A FREE workshop on April 6, Michelle Burger '26 shared educational knowledge about cannabis, commonly referred to as weed, in an hour-long slideshow, lecture and discussion, which covered topics including the racist history of the production, naming and regulation of weed, how it functions in the body and how to maximize or mitigate its effects.

Burger has been interested in drugs and harm reduction for a long time. She began volunteering with the Alliance Lower East Side Harm Reduction Center in New York, and has been working with another harm reduction center, the Portland People's Outreach Project, since she moved here. These organizations provide resources such as clean needles and pipes to drug users, as well as Narcan training, which can save the life of someone overdosing. The principle behind harm reduction is that making these tools accessible without shame or penalization reduces the likelihood of serious harm from drug use, and gives users a safe place where they can get help. They also provide essentials such as hygiene products, first aid, food and clothes.

At Lewis & Clark, Burger said she has noticed a lack of harm reduction resources and incomplete knowledge about weed among students. Burger estimates that 70-80% of students at LC currently smoke or have in the past and for many, weed is a large part of their social life and on-campus community. Yet, despite this prevalence, she was surprised how little the population knew about the drug they were using, even those who were regular users.

She attributes this to a lack of care in the education system's handling of education about drugs, especially weed. The drug is still illegal federally, and has only recently become legalized in Oregon.

"It's getting more destigmatized, but people just don't really know a lot, which I think I realized yesterday at the presentation," Burger said. "I thought that people were going to know more. The first question I asked was 'is weed a depressant?' and a lot of people said yes. Which I was really not expecting."

While alcohol is a depressant, weed is a cannabinoid, which attaches to receptors in the brain normally filled by a natural chemical, producing psychoactive properties.

"In my middle and high school, I think we literally just talked about alcohol and tobacco and that was it," Burger said. "If no one talks about weed, then all you know is what your friends say about weed. And the social aspects of weed are important, but there's so much more to learn."

Seeing this need for better drug education at LC, Burger approached Director of Health Promotion and Wellness (HPW) Michelle Callahan with the idea of hosting a series of peer-led workshops to provide students with information about common drugs. Burger worked with Callahan for two or three months to organize and promote the event, as well as prepare a presentation and resources. Burger also designed and printed stickers promoting safe weed use and harm reduction to hand out for free.

"You need to learn how it actually is affecting your body, the history that comes along with it, and how to use it safely if you're going to, and I think that a lot of people don't really know those things," Burger said.

The presentation began with an overview of the history of weed. Weed is the same plant as hemp, and was originally an essential crop in the colonial United States, given its usefulness for manufacturing products such as cloth and paper. In fact, the first American flag was made out of hemp. At the same time, varieties of hemp with psychoactive properties were being bred. There were smoking parlors across the United States, and weed and stronger drugs were common ingredients, oftentimes unlabeled, in medicine.

However, the tide changed against weed, especially prompted by the influx of Mexican immigrants after the Mexican Civil War. The US government villainized weed and renamed it to marijuana, capitalizing on the word's Mexican associations to spread propaganda, claiming that it turned people evil and manufacturing sinister associations with Mexican and Black people. This stigmatization is only starting to be undone in recent years with the wave of legalization.

Later, Burger discussed the different effects which weed can cause. These depend on factors such as individual physiology, the way weed is consumed and the strain. It is a common misconception that Sativa and Indica cause different highs. In fact, as more scientific research is done on weed following its legalization, it has been revealed that, though the two plants grow differently and appear different, there is no significant difference between the effects of the two. However, the different terpenes in different strains do cause different effects, and can also react with foods that also contain those terpenes. For this reason, sniffing black pepper can help to mellow a high.

Burger also spoke about cannabis use disorder, also known as addiction. Those who start using young are more likely to develop an addiction, so if you are using weed as a college student, Burger advised to take breaks and to monitor your dependence. Burger also debunked several myths surrounding weed which have been sensationalized by the media: the ideas that weed is a gateway drug, and that there have been instances of weed laced with ketamine. Both are false.

Many more important topics were discussed in the hour and a half long presentation, including the politics of drug tests, Oregon's drug safety protection laws and how the term "420" was coined. If you are interested in the slideshow and resources from the workshop, including a reference table on the effects of mixing different drugs, you are encouraged to reach out to Burger, who would be happy to share them.

Burger plans to continue her series of talks next year, and hopes to help educate the community on more common drugs. She began with weed, given its popularity, but in the future hopes to cover ketamine and psilopsybin mushrooms, as well as possibly nicotine, alcohol and LSD. Callahan added that if other students have project ideas relating to on-campus health, they should approach her, and that she would love to work with them. Burger spoke highly of her experience collaborating with Callahan, saying that "Michelle is amazing."

HPW also has a Healthy Hits newsletter which comes out every other week, answering anonymous student questions about topics like drugs and sex. Students can sign up for the newsletter and submit health questions using the QR code posted around campus, or by clicking the link in the online version of this story.

J FRANK/THE MOSSY LOG

Stickers provided by Michelle Burger with fun weed slogans promote drug safety. These were passed out at her presentation.

Alumnus shares hard-earned wisdom, advice

Andrew '79 talks fitting in at college, family tensions, homophobia, life-long journey to optimism truth

By VENUS EDLIN

ANDREW '79 will be 65 this coming June. He has a lot to reflect about his time at Lewis & Clark 40 years ago, a time he does not remember fondly. Despite that, Andrew aspires to offer wisdom to current students who may be facing struggles similar to the ones he has faced.

Andrew will only be referred to by first name to provide some degree of anonymity since he still has surviving family members who may cause issues due to the details he disclosed. However, he felt now was the time to discuss his story with the community.

"Sixty-five is kind of a traditional boundary line between the end of work in the beginning, for lack of a better word, the last phase of life — retirement," Andrew said. "I've been reflecting upon that and that I'm not pleased or happy with where my life has gone in terms of career."

He hopes to serve as an example that "things can get better," despite facing many lows in his life. For example, he largely became disowned by his family after coming out as gay. According to Andrew, this set him down a harmful spiral. However, prison provided him perspective that he did not gain during his education.

"I got in trouble with the law — property crime, property crime that was sufficient to be a felony," Andrew said. "So, I was arrested. My come-to-Jesus-moment was in a jail cell, not in college."

However, during college, Andrew was not out and only recalls knowing around half a dozen openly gay people on campus.

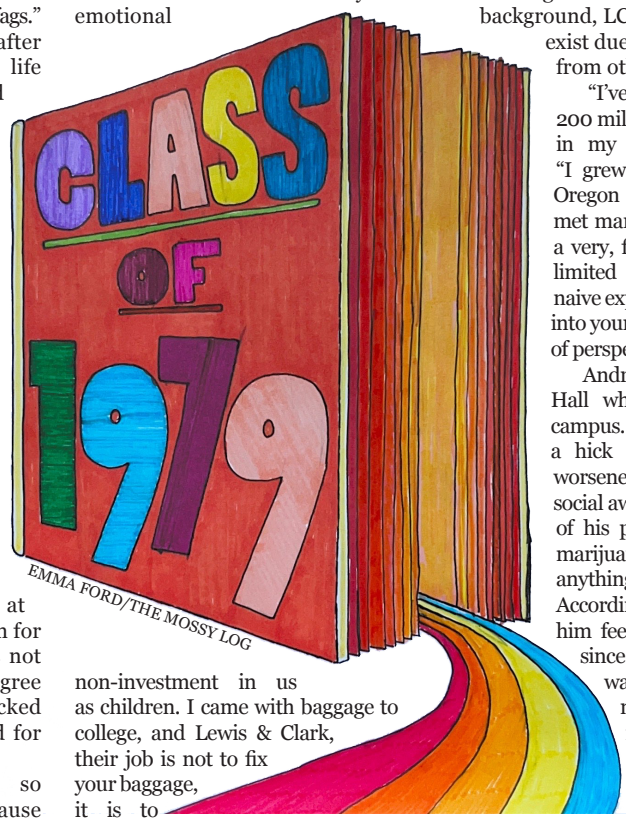
"I wasn't out to myself at the time," Andrew said. "I had some element of guilt because I was struggling with this notion that no, I'm not broken, I'm not substandard, so I can't be one of those fags."

Though he faced instability after college, Andrew also recalled a life full of hardship prior to LC and a particular chain of difficulty that started at the institution. At the time, LC was on a quarter system and Andrew earned less than a 2.0 GPA during two periods of time. This put him on academic probation and resulted in a permanent mark on his transcript. Andrew never dropped below that threshold again; if he did for a third time, he would have been kicked out of the college.

Originally, Andrew aspired to become a composer. Though he knew piano, he quickly realized the program was not a fit for him since he did not practice as much as the other majors. Besides that, a music professor at the time would not take Andrew on for lessons since she thought he was not serious. He graduated with a degree in Religious Studies, which he picked because the credit hours required for that major were low.

Part of why college was so difficult for Andrew was because he felt he never had people to look up to. Though he does not view his experience favorably, he does not blame the institution.

"I came from a high school that didn't demand very much," Andrew said. "I came from a family background, where there was essentially an emotional non-investment in us as children. I came with baggage to college, and Lewis & Clark, their job is not to fix your baggage, it is to facilitate an education."



EMMA FORD/THE MOSSY LOG

Also, Andrew found trouble with the environment due to social isolation. He described himself as a "cash cow" for the college since he paid full cost to attend by using money he made working on farms and ranches doing manual labor. Coming from a disadvantaged and rural background, LC became a hard place to exist due to how different he was from other students.

"I've never been further than 200 miles from where I was born in my lifetime," Andrew said. "I grew up in a small town in Oregon on a farm. I never really met many other people ... I lived a very, for lack of a better word, limited experience and a very naive experience. I never matured into young adulthood with a sense of perspective."

Andrew lived in Copeland Hall when he first arrived on campus. He recalled being called a hick or redneck, which was worsened by his self-identified social awkwardness. Unlike many of his peers, he did not smoke marijuana and had not drunk anything stronger than beer. According to Andrew, this made him feel out of place, especially since he knew a student who was growing their own marijuana plant in their room.

"I wasn't going to be invited and I'd walk into a room and people would shut up," Andrew said.

"I began to experience college as a sense of social isolation which I didn't know how to overcome."

This sense of isolation followed post-college when he came out to his family and later ended up in prison.

After getting out of prison, Andrew's record was expunged and he began working in hospital administration, a field he feels he thrived in. Despite his lack of self-confidence, Andrew is often viewed as commanding because of his height — he is 6'2". According to Andrew, this enabled him to say bolder things to those around him, including to a mean coworker.

"I went in once and had a one to one chat with him and I told him point blank, you're not going to treat me like this anymore," Andrew said. "It floored him because no one has ever essentially done that before. I was talking to a secretary ... she said, 'You really scared him because he thought you were going to fuck him.'"

This dynamic of sexual intimidation is rooted in homophobia as Andrew was simply taking a stand against abuse, but his coworker believed the stereotype that gay men are sexually interested in all men.

Though much of his life remains difficult to discuss and he still has complex feelings, Andrew has made significant progress. Fundamentally, he asserts that young people are still facing many of the same problems. He hopes he can help.

"If I were to counsel a young person today, who was experiencing similar things, I would guide them and say, you have to deal with the hard truth and then find a pathway forward," Andrew said.

Keeper Coffee's customers come for cozy, caffeinated concoctions

GABRIEL MANTIONE-HOLMES/THE MOSSY LOG

Keeper Coffee, near Reed College, strives to serve as an inclsuive space for all patrons.

By BURTON SCHEER

AMERICAN norms around efficiency have transformed many coffee shops, the most common examples of "third spaces," places where people can find community outside of their homes and places of work, into tiny offices. These shops are often minimally decorated and house more laptops than conversations, making one coffee shop indistinguishable from the next. Fortunately, Portland still has places like Keeper Coffee that are not only well decorated, but care about the community that they make coffee for.

Located at the corner of Southeast 41st Boulevard and Holgate Avenue, Keeper Coffee resides in a reclaimed house that was once a restaurant called "Ye Olde Town Crier." Open for four decades, the restaurant was an integral part of the Woodstock neighborhood life, according to an article in Willamette Week. Although many residents of Woodstock were sad to see it close its doors, Keeper Coffee and Wyrd Leatherworks and Meadery, the establishment that resides in the right half of the building, are dedicated to maintaining the historic and community structure of the space. Supported by original hardwood floors in the seating area and black and white tile in the kitchen, Keeper Coffee has a certain kind of antique charm. The white marble tables and wooden bistro-style chairs are reminiscent of french cafes while the sage green painted walls and windows facing the wooded neighborhood evoke a distinctly Portland vibe.

When I first visited Keeper Coffee on April 7, I was struck by the warmth of the overall layout and fluid integration of modern and vintage furniture. Walking up to the register, I immediately noticed a large vintage mirror with the drink menu written out on it. Above it, a large collection of dried flowers hung reminding me of the dried flower booths at the Portland Saturday Market.

Although I was at first overwhelmed by the extensiveness of the menu, which includes specialty espresso drinks such as peppermint mochas and teas such as lavender matcha lattes, I settled on an iced rose cardamom latte. I had never tried this flavor combination in an espresso drink before and it did not disappoint. According to the baristas, this flavor started out as a seasonal special, but quickly became a crowd favorite and a permanent drink option.

While waiting in line for my drink, I also learned that one of the baristas, Morgan Eckroth, is the 2022 US Barista Champion and World Barista Runner Up. The two people ordering in front of me shared how she has been an inspiration for them as fellow baristas and how much they love their Tiktok account, @morgandrinkscoffee.

Keeper Coffee sources their coffee beans from Coava Coffee Roasters and makes their syrup flavors in house. Their tea selections are from Aesthete Tea, a local woman-owned business. There is also a large selection of pastries, including cookies with actual rose petals in the frosting. Brittany Huff, the owner, explained the pastry offerings in greater detail in an article in The Bee written by Elizabeth Usher Groff.

"'Schnecken, or 'sticky bun', is my grandmother's recipe that I've adapted over the years. She would not have liked that I added pecans instead of walnuts," Huff said. "...Our chocolate chip cookie is large and crispy on the outside and chewy in the middle — we sell out of these almost every day, as well as our hand pies that we change the flavors of, seasonally.'"

I ordered the toasted schnecken before I researched Huff's familial connection to it and I already felt like it tasted like a slice of home.

As a resident of the Lents neighborhood, Huff is fond of the people in the Southeast Portland community.

"I truly hope to be a neighborhood staple — for the community to rely on us for a warm welcome and hot coffee to start their day right," Huff explained to Groff. "I plan to be here for the long haul, and really look forward to cultivating relationships with our neighbors."

On the Keeper Coffee website, their business statement incorporates this same passion for inclusion.

"Keeper Coffee is built on friendship, community and good coffee," The Keeper Coffee website says. "We value our queer, trans, BIPOC and houseless community. We are always learning and striving to do better and more. Please contact us, if you see an area we can improve in or have an organization or individual we can support."

This concern for the community was apparent during my visit. Close to closing, a young boy came in and ordered what appeared to be his regular drink – a drip coffee. Without a second thought, the barista on shift offered him his drink for free, explaining that they were already close to closing and that they value him as a neighbor before they value him as a customer.

Open from 8 a.m. to 4 p.m. daily, I strongly recommend Keeper Coffee as a place to meet an old friend, read a book, or listen to Bob Dylan, the artist that ruled the aux during the hour of my visit. If you go, keep an eye out for a small hidden red lego man somewhere in the store.

Portland's diners dish out late-night delights

By TOR PARSONS

Two more additional diner reviews are available at piolog.com.

IS THERE ANYTHING better than a good diner? A late-night meal of crispy fries and cold milkshakes with your friends in as a jukebox plays: glorious. Defining what makes a diner is iffy, but most share some commonalities: long hours, an all-American menu with an emphasis on breakfast, seating in booths, a rose-tinted nostalgia for the 1950s and '60s and a long history as a neighborhood staple.

I personally believe that, to be worthy of the title, a diner has to be a mom-and-pop business; chain restaurants cannot be diners. Some may disagree – if you can point to a restaurant that fits all the above criteria but definitely would never be called a diner, I shall dub you Dinerogenes. Within those parameters, there is still a lot of room to innovate. These four Portland diners are each unique in their own right, but they all have that indescribable diner atmosphere — even if it happens to be your first time going there, it feels like home.

Best bang for your buck: Original Hotcake House

If you eat at the Original Hotcake House, be sure to bring a lot of friends, or barring that, starve yourself for a few days in advance. Nearly every menu item comes with several eggs and hubcap-sized pancakes — as a side, mind you. Constant free refills of coffee, tea, or hot chocolate help you wash it down. The food is all so good, it will make you wish you had the metabolism of a snake and could eat a single gigantic meal per week.

Favorite item ordered: A good mug of hot cocoa with whipped cream, though the pancakes were awfully good, too.

Know before you go: The Original Hotcake House is not to be confused with the Original Pancake House, a chain with several locations across the Pacific Northwest (again, chains cannot be diners). The Original Hotcake House is on Powell Blvd. near the Aladdin Theater and the Ross Island Bridge, a 2-minute walk from the Clinton St. MAX station or the SE Powell & Milwaukie weekend Pio Shuttle stop. Also, keep in mind that despite the colorful "Open 24 Hours" sign outside, the Original Hotcake House's late-night hours are erratic. If you are considering going there after 9 p.m., call ahead to be sure.

TOR PARSONS/THE MOSSY LOG

Diners welcome customers day and night.

Best late-night eats: Nite Hawk Café and Lounge

Anchoring north Portland's historically Black neighborhood, Albina since 1931, Nite Hawk is a trip back in time. Once upon a time, the huge neon hawk head over the front door was as iconic a Portland landmark as Pioneer Square or the Fremont Bridge. As the name suggests, Nite Hawk is open late, closing at midnight or 1 a.m. most nights.

Favorite item ordered: Chicken-fried steak, though if you have an adventurous palate, you might want to try the liver and onions, a reminder that the menu has stayed the same since the days of the Depression. Only the prices have changed.

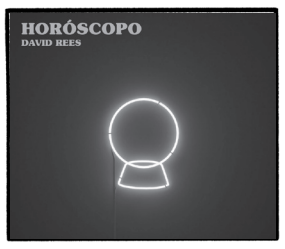
Know before you go: Nite Hawk is pretty far from LC, but it is easy to get to, as it is right next to the Rosa Parks MAX Light Rail stop. Riding the Orange Line from Sellwood takes about half an hour, and does not require any changes of train.

These are just a selection of Portland's many diners. While there are as many potential takes on the diner concept as there are diners, all of them offer comfort food in comforting surroundings. Whichever of these you choose, enjoy dining your way through this majestic city.

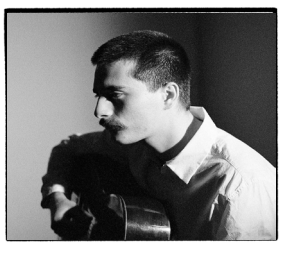
Mossy Music *editorial recommendations*

"רק הרק המ"
By Shotei Hanevuah
הדירפ ריש הז .יסאלק רכ לכ הזה רישה יתוא חמשמ אוהו קיחצמו חמש בייוב לבא הצילממ ינא .ותוא עמוש ינאש סעפ לכב סע העיסנב תינוכמב ול בישקהל סוחב סירבח.
— Anna Dreher '26

"Am Stram Gram"
By Chilla
J'adore beaucoup de chansons de Chilla mais celle-ci est l'une de mes préférées. Elle chante de l'industrie du rap, en particulier du fait que l'industrie de la musique est plus difficile pour les femmes. Je crois que c'est quelque chose de très réel et important et que trop de gens ne veulent pas reconnaître. Écoutez cette chanson pour soutenir les femmes ou simplement pour écouter de la bonne musique!
— Eliana Bly '26



"HORÓSCOPO"
By David Rees
Me encantan muchas de las canciones de David Rees, pero disfruto mucho de esta canción en particular. Tiene un ritmo muy alegre y optimista como casi todos sus canciones. Sus canciones tienen temas que varían entre humorístico y más serio, pero todos son divertidos.
— Claire Bakke '24



"La Ciruela"
By Nico Play
Está canción me hace sentir un poco triste. Algo sobre la guitarra y la voz de Nico Play es muy melancolico. Me gusta escuchar a estas canción cuando estoy en la ducha.
— Veronica Quintero '25

Portland art scene offers theater, live music, mixed media for this summer

COURTESY OF TRAVEL PORTLAND

As the summer approaches, Portland locals and tourists alike take to the streets and enjoy all that the nightlife has to offer, from art to food to just enjoying the weather.

By SUMMER DAE BINDER

PORTLAND offers outstanding events for every art aficionado, no matter the weather. Nonetheless, the city's art community especially thrives in the summertime. One can find almost any event related to any medium, whether it be music, the fine arts or theater.

Start your summer in Portland by taking a lunch break at Pioneer Courthouse Square listening to Noon Tunes. Noon Tunes is a Summer Concert Series Presented by 101.9 KINK radio station in collaboration with The Oregonian. The concert series hosts local bands every Tuesday in July and August from noon to 1 p.m.

If you are looking for larger concerts, McMenamin's Edgefield Amphitheater hosts a wide variety of bigger acts every summer. This summer's schedule includes Maggie Rogers, Cigarettes After Sex, Portugal. The Man and Modest Mouse. For those spending break outside of Portland, Edgefield will also be hosting a few shows early next academic year as well.

In late June through early September, thespians can enjoy an evening at a local park for the "Original Practice Shakespeare Festival." The festival is free and takes place at various parks throughout the city, including Laurelhurst and Lents Park. Actors use the original practice techniques of Elizabethan England with limited rehearsal, scrolls in hand, onstage prompters and audience interaction. The company hosts around 30 performances each summer, so they are hard to miss.

Those who want to get hands-on and learn something new may want to consider taking a class at the Multnomah Arts Center (MAC). Located in Multnomah Village, MAC provides both visual and performing arts classes in various subjects, including but not limited to ceramics, textiles, printmaking, photography, drawing and painting. Prices of classes vary depending on the subject and length. The MAC also provides scholarships for non-residents and offers a pay what you can option for Portland residents.

A more casual way of getting involved in the city's art scene is to attend events at The Haven in Southeast Portland. This collective of painters, musicians, tech artists, healers and tea artists is known as Portland's "Creative Sanctuary." Every Monday, The Haven hosts an open-mic called Psanctum that calls for musicians, poets and storytellers to show off their talents for seven minutes.

Both celebrating the arts and exploring neighborhoods in Portland are essential to the summer experience in the city. These are easy to accomplish by attending a monthly art walk. The first Thursday of every month, art galleries and businesses in the Pearl District and downtown open new exhibitions. This is a great opportunity for enjoying some fine art and people-watching. At the end of each month, you can catch Alberta Arts District's "Last Thursday" with art openings at galleries, including the Guardino Gallery and Alberta Street Gallery. In the summertime, "Last Thursdays" are lively with parades, acrobats and live music on the street, weather permitting.

Finally, the Central Eastside galleries, studios and other art spaces also host First Fridays every month. Galleries featured include East Creative Collective, Sidestreet Arts and One Grand Gallery.

If you are staying in Portland over the summer, all of these are worth checking out. You never know what you are going to find or who you will meet while out and about. The city has so much to offer for artists and art enthusiasts alike.

Student jazz combos feature three bands, bring lively music to campus before finals

By NOAH REESE CLAUSON

ON TUESDAY, the Lewis & Clark jazz combos performed their final show under direction by Instructor of Jazz Guitar and Instructor of Jazz Combos Dan Balmer '81. Balmer initiated the transition from a big band style to jazz combos as a student in the late '70s and early '80s.

"I've been a jazz musician all my life, I'm a professional musician, I taught workshops in Argentina, I taught workshops in Barcelona, I've lectured at USC (University of Southern California)," Balmer said. "This is what I do ... It means everything ... It's like I said in the intro, playing music and teaching music are the only things I understand.

Fabián Guerrero '23, saxophonist for combo Jazzus Christ, had an experience that paralleled LC's transition from larger group performances to the more intimate combos.

"I used to play in a lot of large ensembles," Guerrero said. "Because there are a lot less people, the individual takes a larger role and you have to trust yourself."

The event commenced with Balmer introducing himself. After that, the first band, The Swingerz came out. The combo featured a clarinet, electric bass, piano, drums, trombone, alto saxophone and electric guitar. The band had two first years and mostly sophomores, who delivered a variety of engaging songs, representing the future of the program.

The Swingerz opened the show with a fun uptempo rendition of Joe Zawinul's "Mercy, Mercy, Mercy" that retained the swelling choral reprise, while tucking saxophone, trombone and piano solos in between.

After them came the quintuplet, Concerned Dans of Fan Dalmer which featured saxophone, electric guitar, bass, drums and vocals. Three members were seniors delivering their final combo performance at LC. The group showed off their experience, with communicative numbers including an energetic acoustic bass solo that kept the audience hooked despite dropping to a whisper and a closing solo from drummer Charlie Oakes '23 — who Balmer called "the best drummer we've ever had" — that relied heavily on cowbell.

One of the combo's stand out works was "Just You Just Me / Evidence" by Jesse Greer (arranged by Ella Fitzgerald) and Thelonious Monk respectively. It was introduced by the vocalist Kyra Jorgensen '26, who ambiguously called the piece a sandwich. After the piece, she explained the metaphor.

"The reason that song was a sandwich, I will now elaborate, is because 'Just You Just Me' written by Jesse Greer had a certain harmonic progression that Thelonious Monk also used in his song 'Evidence,' and so he decided to make an Evidence sandwich with 'Just You Just Me' as the Bread and 'Evidence' as the meat," Jorgensen said.

Before the final combo came out, vocalist Charlotte Ostrov '24 and the final group's guitarist came out to perform one song, Wardell Gray's "Twisted," with Concerned Dans of Fan Dalmer's bassist and drummer. Ostrov, who was not officially a part of any combo, appreciated the opportunity to perform.

"It's an amazing opportunity to get to work with such incredible musicians," Ostrov said. "It's a career motivating opportunity for us, it means a lot. We really appreciate Dan's work."

The last combo, Jazzus Christ, received a complementary but clarifying introduction from Balmer.

"They just came up with this name yesterday and I want you to know they came up with it themselves," Balmer said.

The band featured a saxophone, trumpet, piano, drums, standup bass, guitar and vocals and provided an energetic close to the concert. One song that stood out in particular was their rendition of Oscar Pettiford's "Tricotism." The piece began with conversation between the saxophone and piano interrupted by chirps from the drums before transitioning into monologues from the other instruments interspersed with returns to the opening discourse, before closing with a more expansive socratic dialogue between all of the introduced characters.

At the end of the show, Balmer returned to the stage for closing remarks.

"It was a great show and the bands played beautifully. I think it was well worth everyone's effort to be here," Balmer said. " ... Best jazz night ever as we like to say. That's my eighteenth year of 'best jazz night ever'."

NOAH REESE CLAUSON/ THE MOSSY LOG

Concerned Dans of Fan Dalmer featured three seniors playing their last combos concert.

NOAH REESE CLAUSON/ THE MOSSY LOG

The Swingerz ended their set with the classic "My Favorite Things" by Richard Rodgers.

"Two Layers Away" gallery exhibit features senior art

By J FRANK

ON FRIDAY April 14, as part of the Festival of Scholars and Artists, the on-campus Hoffman Gallery debuted "Two Layers Away," an exhibition of seniors' art. Lewis & Clark's graduating visual artists have joined forces to present this final project, making creative use of various styles and mediums to fill the space.

"Two Layers Away" was named for the way the different artworks explore the subversive messages and overlapping meanings and associations that lie below the surface of a work, whether visible or implicit. The exhibit will be open to the community through May 7, from 11 a.m. to 4 p.m. every day except Mondays.

At the entrance, visitors can pick up a large pamphlet printed on thick black paper containing a statement from each of the eight artists represented. In their statements, artists wrote about their inspiration or purpose, the emotions and associations the art is meant to evoke and personal connections or significance.

Upon entering the gallery, Umi Caldwell '23's wall-sized mural "Dilutions" looms before the visitor with its dynamic, ambiguously female figure struggling in the grip of a traditional Korean dragon. The subject's expression of anguish and rage as she grasps writhing strands of black hair lends a remarkable sense of power and energy to the piece.

The scale of "Dilutions" works to create a sense of epic mythos, a struggle which thrusts itself upon the viewer, making its proportions and ferocity impossible to ignore. The decision, too, to render the piece on apparent slabs of unpolished, unbleached wood lends a grittiness and vivacity to the piece which at once ignites a desire to lean into the unsettled, churning danger and an intense rawness which makes the viewer almost turn away from the sight. This is not a piece to take your eyes off.

In the pamphlet of exhibition information, Caldwell reveals that "Dilutions" grapples with their Korean American heritage and sense of alienation yet fascination with traditional Korean culture and mythos. The mural depicts the figure of Cheuksin, a household toilet deity, used to symbolize the distinction of filth, relegated to the outhouse, as well as the cleanliness of civilization and family. With their piece, Caldwell seeks to turn this characterization on its head and provide Cheuksin with a fresh voice and narrative autonomy.

"I have reinterpreted her as a resilient female figure unafraid to express frustration and rage at having been exiled to the outhouse," Caldwell wrote in their artist's statement. "She functions as a representation of Asian women expected to repress their 'monstrous' appearances, tempers, and cultural practices in order to assimilate into a Eurocentric American sphere."

To the right of "Dilutions," Colin Sakamoto '23's "Certain Places," a series of seemingly incongruous photographs, spreads out with various heights and spacing along two walls. The subject of each photo is a mundane snapshot of daily life — the kind of scenes that the eye would normally slide past out of disinterested familiarity, but which when placed within the framing of an exhibition which prompts deliberate scrutiny, reveal organic forms and compositions engaging in their very uncalibrated unintentionality.

These objects and settings inspire an alluring unease of place and character — a drooping candle forgotten on a cluttered side table, a tree cramped by a fence and its strangely sensual, intimate shadow, an anonymous corner of a dirt yard whose featurelessness and lack of subject taunt the viewer into submersion in the desolate yet comforting landscape of suburbia.

"The pictures are an act of composing the elements of everyday scenes into something worth revisiting, using the camera to pull interest from seemingly hollow subjects," Sakamoto wrote in the artist statement. "While engaging with the world, I feel simultaneously dissociated from it. The subjects are in-between spaces like parking lots, empty storefronts, pictures of pictures, and street corners. They refuse location or direction. ... Despite the subjects' stillness, there is an air of precariousness, as if they could all fall apart."

"Dilutions" and "Certain Places" are only two out of eight artists' work on show in the Hoffman Gallery right now. The exhibit is a visually enjoyable, thought provoking and creatively stimulating way to see what visual arts students here on campus are producing. Wander deeper into the gallery and let each piece prompt questions as you sink below the surface of its whimsical, multidimensional world.

J FRANK/THE MOSSY LOG

Kylie Hill's work "wrists" explores the shape and movement of hands doing work.

J FRANK/THE MOSSY LOG

Three photographs from the "Certain Places" collection display snapshots of suburbia.

J FRANK /THE MOSSY LOG

"Dilutions"' reconceptualized rendition of Korean deity Cheuksin screams in rage.

Local musicians play at Sunburn

By SUMMER DAE BINDER

ON APRIL 22, Lewis & Clark's student-run radio station KPH hosted its annual music festival Sunburn in the Albany Quadrangle and Smith Hall. Students gathered, laid picnic blankets and danced with each other.

This year's lineup featured local bands Mr. Beautiful (formed by LC students), Simpleton, Pileup and Heaven Skate.

The highlight of the evening, however, was indie folk singer Haley Heynderickx, a breakout Portland star who has been featured on NPR and whose song "Bug Collector" went viral on TikTok. Smith Hall quickly filled to capacity with fans, and many more stood outside to listen.

COURTESY OF KPH

Students scream in excitement as Haley Heynderickx and her band take the stage.

Chapel organ repaired, ready for performance

LEO BERNSTEIN NEWMAN/THE MOSSY LOG

Grace Wenzel plays the organ's multiple keyboards, controlling circularly set pipes.

By J FRANK

DID YOU KNOW that Lewis & Clark is home to a world-famous pipe organ? The instrument attached to the Agnes Flanagan chapel is the world's only circular pipe organ. It has been covered by national news and brings in celebrity organ players for recitals every year.

At the beginning of the 2022-23 academic year, the school discovered that the motor inside of the suspended portion of the organ, which receives signals from the keyboard and opens and closes the pipes to create sound, was broken. While unconfirmed, Grace Wenzel '23, one of two organ students, speculates that this damage may have been a result of the roof construction during the summer prior.

The organ's repair, originally scheduled for winter break, was postponed until January, and then again until spring break because of the heavy snowstorm. Now, with only a few weeks left in the year, it is back in full working order, just in time to play in the Orchestra and Choirs' combined end-of-year concert on April 21, lending its dulcet tones to create drama and ambiance in Faure's Requiem, an epic seven-movement religious piece full of tension and evocative layered polyphony.

Organ student Wenzel said he is thrilled to finally be able to utilize the instrument's full capacities after nearly two semesters of lessons playing on a truncated portion of the instrument. Wenzel explained that he had been practicing with only the choral division, a small section of pipes situated behind the keyboards meant to imitate the sound of choir vocals, which is the only part not suspended and so left unaffected by the motor failure.

"I am extremely excited that it's now back in commission and that people can hear it at the orchestra concert, and will continue to hear it in the future," Wenzel said.

Wenzel, who grew up listening to organ music and feels a connection to the instrument, decided to take lessons his senior year to fill some of the free space in his schedule after completing most of the required courses for his music major. He is one of only two organ students at LC, alongside Helen Traczyk '23. While Wenzel has over a decade of piano experience and knowledge of music theory and harmony which have helped, he said that there were also many new and complicated aspects to organ playing which made the instrument intimidating at first.

"It's very involved," Wenzel said. "Whenever you're choosing sounds, you have all of these controls. It's all of these moving parts to keep track of, so it's very difficult when you start, but as you start to learn and be able to find your way around the instrument, it becomes less of a giant puzzle and more of a palette and you can do all sorts of things with all of these tools that are at your disposal."

> *"I'm also a vocalist and that kind of music-making is very intimate, very internal, very connected, but with the organ it feels very external and powerful"*
> — Grace Wenzel '23

Wenzel has come to love the complex nature of the organ with its many abilities and parts. The organ is composed of three keyboards, a row of pedals and two panels filled with different stops that imitate sounds of other instruments and produce various effects. Each keyboard controls a different part of the organ, meaning pipes of different sizes and materials produce different levels, qualities and pitches of sounds. The keyboards can be coupled, achieving the effect of playing multiple parts of the organ simultaneously, and many different stops can be combined to create variable nuanced sounds.

"It's part of the building, and when you're there at the console it feels really powerful," Wenzel said. "You're controlling all of this wind and all of this noise and it's an awesome instrument in the true sense of the word and it can be fearsome."

This particular organ exists because it was an answer to a singular problem. After construction of the Agnes Flanagan Chapel in 1968, the school wanted to complete the project with the installation of an organ. The chapel's unique architecture, however, with its 16 walls creating the effect of a circular interior, meant that a regular pipe organ wouldn't fit well in the space. LC recruited organ builder Larry Phelps to design an organ tailored to the shape and acoustics of the chapel.

Phelps rose to the challenge, suspending a wooden cylinder from the center of the chapel's high, peaked ceiling. Rows of pipes, which would traditionally sit in a row and project sound outwards into the audience, instead wrap around the cylinder and create sound waves which bounce off of the chapel's ceiling, walls and floor, creating a warm cloud of sound which surrounds listeners and seems to weave itself into the very air between the stone floor and rows of pews. Wenzel said that playing this instrument feels particularly significant due to its scale and power.

"I'm also a vocalist and that kind of music-making is very intimate, very internal, very connected, but with the organ it feels very external and powerful," Wenzel said.

In September, LC will host Daryl Robinson, director of organ studies at the University of Houston to perform a free recital for students. If you are interested, make sure to come hear this one-of-a-kind instrument's full range of sound fill the chapel next fall.

Baseball wins first conference title since 1987

Team celebrates while reflecting on successful season, team camraderie

By COLE WHITAKER

THE LEWIS & Clark Baseball team not only finished six games above .500 in conference, they swept the Pacific Boxers, cementing themselves as the fourth Northwest Conference title winners in the college's history for the first time since 1987. This is the first title LC has held since becoming Division III.

This year's roster ranked between fourth and fifth in every major statistical category in their conference. However, simply looking at the overall outcomes of the numbers does not tell the full story. Upon closer examination, you will find that the team finished first in catches, putouts, assists and double plays, while finishing second in stolen base attempt percentage. These numbers tell the story of a team that sprung at every chance they could to make big defensive plays, winning the moment to moment battles that the overall stats do not always convey.

On top of fielding excellence, this year's baseball team boasts some of the best talent the school has had the pleasure of witnessing. The one-two punch of Jack Thomson '23 and Brennen Davis '25 have been terrorizing the conference. Both players finished top 15 in the conference for batting average, slugging percentage, on base percentage and on-base-plus-slugging percentage.

Thomson in particular left his mark, placing first in three out of the four categories and fifth in batting average. Thomson has ended his tenure at LC placing top 30-20 nationwide for Division III in nearly every category his game was suited to. Davis' only finish outside of the top ten was his 11th place position in batting average. Additionally, Will Heron finished first in the conference in putouts.

Utility player Jack Savant '23 said he enjoyed the team's camaraderie this year, and feels that it contributed to the team's successful season.

"There's a tangible difference in how our team has operated not only on a confidence level, but in a sort of, like accountability level, in comparison to other years," Savant said. "I know there were seniors when they were freshmen that were great in sort of creating a really, really cohesive environment and that has only grown into something closer and closer over the years. And I think that just the family that we have, and that Coach Kosderka and the coaching staff sort of creates, it has been something that has been really, really special."

Being a senior, Savant has had the opportunity to grow closer to many of his teammates over the years.

"I think that we have just an incredible group of teammates," Savant said. "We have some really, really special players up and down the board, pitchers and hitters everywhere ... I think that my success comes from having the love that I have and the trust that I have in my teammates."

Catcher Joaquin Sandoval '26 has also been grateful to join such a cohesive team this year.

"From day one, I felt very, very involved right away, encouraged to be one of the guys and just a part of the team," Sandoval said. "Our leaders on the team and our coaches established our core pillars of the program pretty early. So that's been embedded in me all year. And I feel like I kind of just walked right in and got started. It was really a welcoming experience for sure."

This team relationship not only has benefits in terms of cohesion, but also dedication to the game.

"I'd be spending time with the team in the locker room before and after practice, just getting ready and winding down, assessing the day, breaking down the teams we're going to play this week, and how everyone's days go," Sandoval said. "And it's super nice to just have those connections and be able to converse with my teammates like that in a casual setting."

For Sandoval, particular moments this season have highlighted the utility of interpersonal chemistry.

"We had a walk off, come back against Whitman earlier this season," Sandoval said. "That was really awesome. That was a fun experience. And everyone was on the field dogpiling. And that actually ended up in the long run, helping us out and placed us higher in the bracket. So the little things like that made a big difference."

As for the future of the team, both Savant and Sandoval expressed hope for continued success in following seasons. "I definitely don't think this is like a one and done thing," Savant said. "I think that it's like something that we can totally build on. Even landing right now at 26 and 11, I believe 15 games above 500, I still think that there were some opportunities that we missed."

Savant left his closing thoughts on the team's future.

"I'm really looking forward to taking up a leadership role," Sandoval said. "... I have complete confidence in the program. I don't think we'll have an issue carrying on the culture."

Additional reporting by Venus Edlin.

COURTESY OF JULY WARD JONES

The Lewis & Clark baseball team poses with their trophy after fighting their way to fictory over Pacific University, winning 10-7.

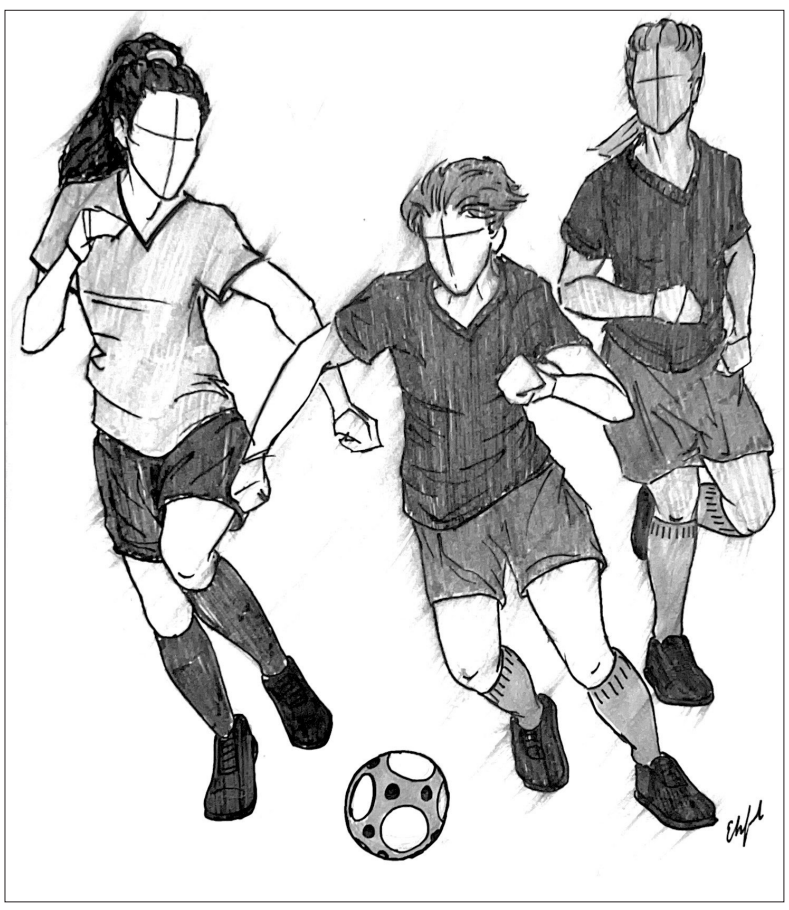
FIFA Women's World Cup to kick off in July, US hopes to repeat win

By ASHLYN LITTLE

THE FÉDÉRATION internationale de football association (FIFA) Women's World Cup will kick off on July 20. This international tournament occurs every four years with qualifying competitive women's soccer teams from all over the world. Each time, FIFA meets to decide on candidates for the competition's location and vote. This year, the tournament will be held in Australia and New Zealand.

New Zealand will face Norway to kick off the tournament and Australia will play the Republic of Ireland shortly after, as it is customary for the host country to play the first match. Two other games will be played on the first day with Nigeria facing Canada and The Philippines playing Switzerland. The World Cup is composed of eight groups containing four teams each that will all play each other once in the initial round, called the group stage. The top two teams, based on points, will advance to the round of 16 then the quarterfinals, semi finals and finals.

The point system works based on wins, losses and draws. A win is worth three points, a draw is worth one point and a loss grants the team no points. If there is a tie among points within a bracket, there are many deciding factors beginning with goal differential, meaning its better to have more goals for your team.



EMMA FORD/THE MOSSY LOG

Only eight Women's World Cups have been held in total compared to the 22 Men's World Cups. While the Women's tournament has not been around as long as the men's tournament, it is continuing to gain popularity. Part of the reason for this is the United States Women's National Team (USWNT). The USWNT has pioneered women's soccer and advocated for equality such as better pay. They have also dominated the competition, winning half of the championships. They are favored to win the 2023 FIFA Women's World Cup and are looking to break the record by winning three titles in a row which has never been done by any team across both men's and women's soccer.

The USWNT has dominated the competition due to their talent as well as the priority that the U.S. has put into their women's program. However, with fierce opponents such as England, Sweden, Germany, France and Spain. England is currently in what has been dubbed their "golden era" and will be a tough opponent for the USWNT.

Along with strong teams, there are also a lot of skilled individual players across many countries. Alex Morgan is the star USWNT player who has broken records and been with the team for two world cup wins. She has several Olympic medals and is a pioneer for women's soccer.

Alongside her are many veteran stars such as Megan Rapinoe and Julie Ertz, as well as new faces such as Sophia Smith and Alyssa Thomson. Many other teams have key players to watch in this tournament such as Alexia Putellas for Spain, Lauren Hemp for England, Sam Kerr for Australia and Wendie Renard for France.

Overall, the 2023 Women's World cup will be filled with exciting match ups between the world's best teams and some of the most competitive athletes from every country. This tournament is not just an important sporting event, but also a culturally significant occasion that helps to bring the world together to enjoy the love of the game. The Women's World Cup will be streaming on Fox and Fox Sports channels beginning July, 20.

Bacchus frisbee will compete in nationals

By JAMES FISHMAN-MORREN

THIS PAST weekend, I had the privilege of competing with Lewis & Clark's Bacchus Ultimate Frisbee team in the DIII Northwest Conference tournament in Lacey, Wash. This tournament, the culmination of the team's hard work so far, was our chance to earn a spot at nationals. After winning our pool in a relatively easy first day, and defeating the University of Puget Sound 15-2, Bacchus advanced to the finals against Whitman.

After a hard fought game, Bacchus lost on "universe point" — when the first team to score a point wins the game. We then had one more chance to secure a spot at nationals, against Pacific Lutheran University. After fighting our way back from a four-point deficit at halftime, Bacchus took the game to universe point again, but this time won the game with a daring, yet perfectly executed blade throw from Anson Parker '25 which soared over the defense and landed in the hands of Max Zwerin '25.

However, it was the efforts and heart of the entire team, throughout the game and the entire season that earned us our spot at Nationals in Ohio, on May 20. This is the first time in seven years the team has made Nationals, and for some seniors who have been part of this community for four, or even five years, such as Owen Heh '23, it was truly an emotional moment.

We were proud to have pushed through the adversity the team faced throughout the weekend.

"We had our ups and downs over the weekend but I really believe the mental fortitude and belief in each other that we exhibited is special to this team," Heh said.

Another longtime member of the Bacchus community, Topher Olson '23 reflected on what the moment meant to them.

"Making it to Nationals means so much to me because we did it as a Bacchus community," Olson said. "Players, coaches, alumni, parents and friends all helped us get there together."

The tournament in Lacey was the end of the regular season, a highlight of which was traveling to North Carolina in early March. There we competed against some of the best teams in the country, and were consequently ranked seventh nationally in men's DIII ultimate.

"The Baux," as the players call ourselves, have a hard road ahead of us in Ohio, and we will be staying in Portland for an intensive training camp after school ends. I look forward to the journey ahead, and believe that if we continue to build on that community and mental fortitude.

As Heh puts it, "there's a lot in store for Bacchus this year and the following."

COURTESY OF NICO HACKENJOS

Bacchus celebrates the win that clinched their opportunity to compete at nationals.

Portland infrastructure offers bikers access to distant corners of the city

By CLAIRE BACO

THE CITY OF Portland tries to be environmentally conscious, and one of the ways it does so is by legislatively creating space for safe biking. One such policy is the constant upkeep of bike infrastructure, including trails, bike lanes and places to lock bikes. Here are three bike trails that are accessible from campus and useful to get around town.

Palatine Hill to Lake Oswego

This trail runs along the edge of Tryon Creek State Park from the Lewis & Clark Law School to Lake Oswego. It follows S Terwilliger Blvd. to Highway 43. Bordering Tryon, it has beautiful scenery of the plants and trees in the state park. Though it borders a busy road, it is a peaceful ride and gives bikes access to the Lake Oswego neighborhood.

This trail is great for anyone looking for a workout. It is fully paved and about four miles long, or eight miles for a there-and-back trip. Down to Lake Oswego is all downhill, but coming back is a brutal uphill stretch for most of the way.

Sellwood to Hosford-Abernethy

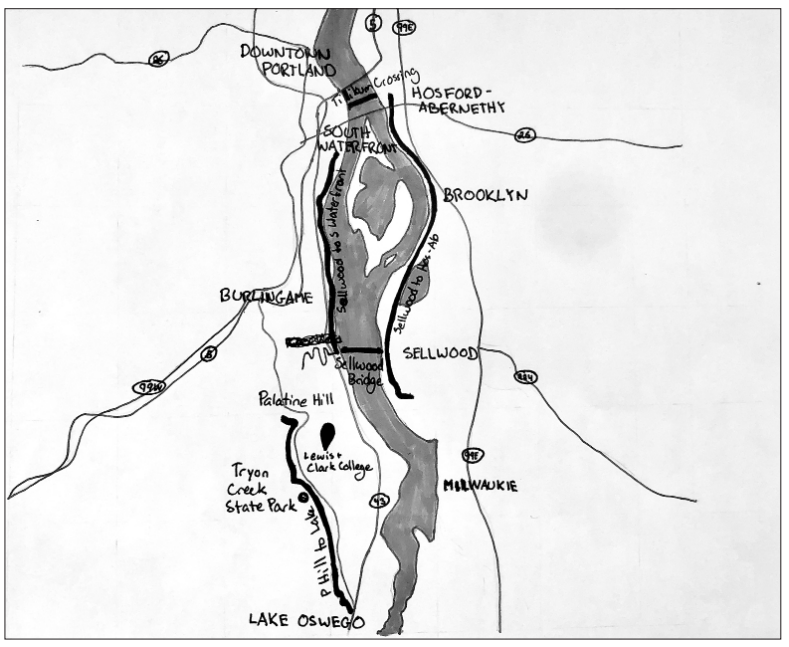
Following the Willamette River on the Eastern side from Sellwood Riverfront Park to Hosford Abernethy, this trail offers scenic views of the Willamette and access to downtown Portland and the surrounding neighborhoods. It passes through quiet parks and nature reserves, so you are most likely to see people out biking for exercise, people running and a surprising number of kids on scooters.

This trail is very flat, fully paved and approximately six miles. It disappears in Hosford-Abernethy at SE Fourth Ave., but bikes can use the roads to access more places, or the Tilikum Crossing to access downtown. The Tilikum Crossing is a white bridge open only to buses, bikes and pedestrians, designed to encourage Portland commuters to choose greener modes of transportation. Additionally, LC students can use this route to connect to the weekend Pio route at SE Powell & Milwaukee, or on the other side of the Crossing at SW 1st and Harrison. The Pio Express has bike racks with enough space for two bikes, as do many of the buses serviced by Trimet.

The quickest way to access this trail is through the River View Cemetery, north of campus. River View sees frequent bikers and has a bike route marked on its roads with white painted arrows. It is all downhill on the way out, but beware of quite the climb to get back. From the base of the hill, bikers cross the Sellwood Bridge and head left towards the park to find the trail.

Sellwood Bridge to South Waterfront

Following the Willamette River from the Western side of the Sellwood Bridge to the South Waterfront, this trail is a straight shot downtown and on a nice day offers beautiful views of downtown Portland as you get closer. It passes through parks and residential areas, so is a popular walking trail, making for a slower ride. Be prepared to see many happy dogs out for a stroll or splashing around in the shallows of the Willamette.



CLAIRE BACO/THE MOSSY LOG

This trail is very flat six or so fully paved miles to the South Waterfront. From there, the trail disappears but can be accessed again in the Tom McCall Waterfront Park, where the Saturday Market is held. Downtown Portland is very bike friendly, with bike lanes on every street and places to lock up bikes in abundance. This trail can also be used to connect to the weekend Pio route at the South Waterfront (S Moody and Lowell) or SW 1st and Harrison, or weekdays at Portland State University's Shattuck Hall.

The quickest access to this trail is through the River View Cemetery. Instead of crossing the Sellwood Bridge, bikes can follow the trail immediately to the left.

Football recruiter discusses how program recruits potential athletes in high schools

By CORRINA CHAN

BEFORE AN athlete comes to Lewis & Clark, students usually go through the recruitment process while in high school.

Michael Machado expressed his thoughts from a coaches perspective, "I start first by making contact with the student-athlete via phone or social media," Machado said. "I, then, will make a trip to see the student-athlete in person either at his high school or at a summer football camp with colleges in attendance."

Twitter, Machado said, is an athlete's LinkedIn, where students can put their athletic information and connect with recruiters from all over the country. Oftentimes, athletes will also have a Hudl link, a web platform that allows coaches to review game footage, allowing potential recruiters to watch highlights of their games to get a feel for how they play on the field.

"Through those processes," Machado said, "I am getting to know the SA (student athlete) and figuring out if he would be a great fit for Lewis and Clark."

Machado spends a few months starting in the beginning of May touring around the Bay Area, from Monterey to the North Bay. During this time, he will visit around eight high school campuses a day, totaling over 100 every two weeks.

Generally, he looks for 30 to 40 football athletes who show strong academic (around a 3.5 GPA or above) and athletic promise, as the school takes pride in being selective with its students. Other sports such as volleyball only recruit a few students, as teams vary in size.

"I express to the SA what we offer and how we provide hopefully what he is looking for in athletics and academics," Machado said. "Once I determine that, I encourage him to go through the process of applying to our school and getting on campus for a visit."

Near the beginning of June, LC offers summer day camps on campus for younger students around the Pacific Northwest so they can get a look at local students as well. The camps are designed to teach fundamental skills and get a feel for different sports.

"Once he has applied and visited, it is now a game of checking in weekly and keeping the connection strong until admissions decisions and financial aid packages are released," Machado said. "Once he receives his admittance and financial aid package, this is where hopefully he has made the decision to come to LC to further his academic and athletic career."

Lewis and Clark is a member of the Annapolis Group, competing in the National Collegiate Athletics Association's (NCAA) Division III Northwest Conference. Division III is different from Division I and II, where students are offered full rides to larger institutions where they are expected to place a stronger emphasis on sports.

According to the athletic department website, LC mainly competes against the other eight institutions in the Division III Northwest conference. This includes institutions such as George Fox University, University of Puget Sound and Whittier College.

The process is different for each institution, sport and area of the country. This is just a small glance at how things work for football at LC for one coach, but it is a good example of how future Champions are recruited to LC.

COURTESY OF LEWIS & CLARK

Michael Machado works as a football recruiter for LC in the California Bay Area.

SCORES

Baseball

LC v George Fox: W 5-4, W 8-5, W 5-2
LC v Willamette: W 10-4
LC v Pacific: L 3-9
LC v Whitman: W 6-5
LC v Pacific (NWC Championship Final): W 10-7,1st place

Men's Golf
LC at NWC Championship Final: 9th

Rowing

Men's & Women's
NWC Championship Final: 1st

Tennis

Men's
LC v Linfield: W 7-2
LC v Pacific: L 0-9
LC at George Fox (NWC Conference Tournament): L 0-5

Women's
LC v Linfield: L 1-8
LC v Pacific: W 5-4
LC v Whitman (NWC Conference Tournament): L 0-5

Track & Field

Men's & Women's
Competed at:
Larry Byerly L&C Invite
NWC Championship Meet:
Women: T-5th
Men: 6th

Athletes of the Week

Apr. 13 - Apr. 19
Jonathan Fritz '26
Brett Pierson '24

Apr. 20 - Apr. 26
Mari Alvarez '24
Kris Wuelfing '23

The Mossy Log

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Staff Writers
Hoby Reece
Tor Parsons
Mateo Kaiser
Jack Fiocco
Burton Scheer
Jaques Parker
Ashlyn Little
James Fishman-Morren

Photographers & Illustrators
Hoby Reece
Halcyon Orvendal
Gabriel Mantione-Holmes
Tor Parsons
Nico Hackenjos

The Backdoor

HEY SENIORS, DON'T LET THE BACKDOOR HIT YOU ON THE WAY OUT!

Editor disappointed 420 festivities not for her

Local freshman born in late April does not understand why campus festivites do not revolve around them

By MAYA MAZOR-HOOFIEN

ON APRIL 20, the city of Portland exploded in holiday celebration. Lewis & Clark students gathered in observance, in a commemoration that was a welcome break from finals plagiarism and publicly crying in the silent section on the third floor of Aubrey R. Watzek library.

What, you may be asking, were these students celebrating? Well, dear reader, with my honed journalistic senses and Jewish aptitude for gossip, I wondered the same. I grabbed my spiral-bound reporter notebook, donned my Mossy Log baseball cap (available for purchase last semester! Sorry, you snooze, you lose), and ventured out to get to the bottom of this story.

Feeling optimistic and admittedly a little self-important, I initially assumed students had gathered to celebrate a very special birthday: mine! Nineteen is a big milestone for any young journalist; the typical age when a plucky writer can expect her first big libel lawsuit, and I was hoping for some congratulations and well-wishes from the community I humbly serve.

I began multiple interviews with a subtle "Guess whose birthday it is today?" and got a truly upsetting range of answers: Queer Eye's Tan France, George Takei from Star Trek, Shemar Moore from Criminal Minds (and my hometown!) and a litany of hesitant "umm, Adolf Hitler?"s. How can I have been outshined by all these passingly significant, B-rate celebrities, at my OWN college?

Still, I held out hope. Maybe it was an elaborate scheme! I walked into multiple dark rooms in J.R. Howard, expecting a group of my friends, fans and mentors to say "Surprise!" and shower me with gifts, affection and monetary tokens of their admiration, but was disappointed to find only discarded Nalgenes and inconspicuous plastic black bags with childproof zips.

Resigned to insignificance, I gathered my dignity and soldiered on, professionalism the priority. As I always do in times of crisis, I turned to the Feminist Student Union (FSU) to ask what the day held for them. FSU representative Mary J. Ayn '25 shared that April 20 marked an important anniversary for them: a year exactly since Monica Lewinsky '95 returned to LC to speak on her activism and story. Finally, a lead! The sun had already begun to set, but I was determined to get to crack the case before the day was out.

I headed to the MSA, assuming, naturally, that it stood for Monica Student Appreciators, formed to honor the iconic alum. I arrived to find tables and tables of food set out and a group gathering to celebrate.

"That's sweet," I thought. "They're honoring her, even in her absence."

It seemed, however, Monica was nowhere to be found! As I took in the room, I saw no mention of her at all. Instead, people kept talking about "breaking fast" and "Eid celebrations." I realized I had found myself in the Muslim Student Association. President Yzma Daizan explained that the evening marked the end of Ramadan, which is when Muslims around the world make me feel extremely weak for struggling to get through a single day of fasting on Yom Kippur.

Though the FSU and MSA have impressive participation rates, they do not have enough members to account for the festivities I had seen. Large groups of students were gathered all around campus, far from the student organization offices hidden behind a secret bookcase door accessed by pulling on Howard Zinn's "A People's History of the United States."

I began to connect the dots. The smell in the common room. The "happy holidays!" Instagram stories. The giggles. The hacky sack. The towels under the doors. Nothing obviously out of the ordinary for LC, but at scale, the pattern finally became clear. I was so focused on the story that I ignored the obvious: 420! Like for drugs! Those pot-smoking hippies get a whole day for carefree cannabis consumption and I had forgotten about it completely.

LEO BERNSTEIN NEWMAN/THE MOSSY LOG

Mazor-Hoofien's celebratory fantasy ft. birthday twins, important historical dates

How could I have missed the obvious? Weed and Portlandia are the two things people ask about when I tell them where I go to college. Still, I was struck by a strong sense of belonging. The whole community, in a way, really had come together to celebrate my birthday, each in their own way. From the Criminal Minds fans and closet neo-Nazis to the girl-power Psych majors and snacky Muslims/stoners/Muslim stoners, the community spent the day in observance of what they find important.

And me? I spent the day doing what I love most — soliciting attention by telling people I work for The Mossy Log.

All in all, not a bad birthday at all.

But next year, I expect a banquet. Seriously, I have been cranking out 5-star Backdoor articles all year, and I know you people never read the other sections. You flip right to the sillies because you are perverts and we keep writing about men on leashes and you eat that shit up. We love all our readers, but thin ice. HAGS, from all of us at The Mossy Log. But especially Features.

Log EIC holds Hunger Games for successor

By LEILA DIAZ

BEING THE editor-in-chief of a prestigious newspaper such as The Mossy Log comes with many benefits: Access to school records and archives, responding to every single email ever sent out since the invention of emails, an office which is too hot and too cold at the same time, $13 to 15 worth of take out every other Wednesday and staying awake until 6 a.m. fixing every tiny mistake made by supposedly qualified staff. However, these sweet perks do not include eternal collegiate life.

"When I realized I was graduating from Lewis & Clark, I also realized I had to relinquish my role to someone else," President Editor-in-Chief of The Mossy Log Mars said.

Despite plans to reclaim their title, LC fumbled these plans even though the college loves student journalism.

"I had immediately planned on re-enrolling to the school of course in order to continue my reign," they said. "I mean how could I give up my baby is what I said, however LC wouldn't let me and said I had to continue on to grad school."

This decision has also been contentious among the editorial board members.

"We have all been totally in favor of their Royal Highness staying on," said our Backdoor Editor, who has been in witness protection since an article a few issues back got a single angry comment. "None of us want to do the amount of work they do – at least, I have no desire to do it."

Grand Master Mars commissioned me, an anonymous member of The Mossy Log editorial board, to create a documentary (in the style of "The Office" or "Spinal Tap") to capture their greatness during their last remaining weeks of their reign, dominion, supremacy, rule.

When sitting in J.R. Howard room 135 at 5 p.m., when and where we have our contributor meetings — please come — I had recorded two editors from the features and arts sections jokingly riffing on how they would beat Lord Mars in a fight, referencing our last viral Mossy Log TikTok about what section would win in a fight.

I later showed this footage to our Supreme Commander Mars, whose face grew dark with a stormy rage. Before storming away in their platform Crocs they gave me Tuesday off, and departed muttering about calls they had to make. Something about members of Gagged, doing makeup for tribute interviews.

When I entered The Mossy Log room to film our legendary layout for posterity, as I could not miss a second of the hours-long ordeal, The Overlord Mars said they had an announcement to make.

"It has come to my attention that some of you plan on staging a coup to overthrow me," General of the Mossy Log Mars said. "So I have decided to host a Hunger Games. I have sent a WhenIsGood in the Slack . Please answer by 10 p.m. tonight so I can get it set up. I have also taken out a full page ad in Features, so we are going to have to put three articles online only."

Looks of horror and disbelief were abundant throughout the room.

"Listen when I was talking about it with Features Editor Maria Martinez-Hernandez we were just kidding, I didn't think King Mars would take it seriously!!!" Arts Editor F Jrank said. As a freshman, he still had to learn that actions had consequences.

"I mean listen, do I think it would be funny? Yes. Do I think I could kill everyone with my good looks, charm and amazing visual editing skills? Also yes," Larry David said. As a senior, he had decided that consequences were no longer real for him.

After reviewing the WhenIsGood, it was decided that the event will be held for exactly 23 minutes on Friday during reading days because that is the only time anyone had available before finals.

"I think the scheduling issues had a lot to do with me," Posie Sugarwomann said. "I also do speech, theater, improv, work and in my free time I volunteer to feed kittens. I really feel bad!"

I, finally, breaking my documentarian integrity of not showing bias asked Supreme Ruler of the Universe Mars "why" to which I got the response:

"If my staff cannot handle the uber instincts of my uber mental illness, they do not deserve the awesome power of The Mossy Log," they said.

HALYCYON ORVENDAL/THE MOSSY LOG

Actual news headlines summarized for students' reduced attention spans

By EMMA FORD

IN A MASSIVE move forward for The Backdoor, we are unveiling our morning news round up just in time for the year to be over so we do not have to put in this work again until next year. Find your morning news summarized with just enough detail that you did not just read the headline below!

Donald Trump flees re-arrest in solid gold Ford Bronco driven by Ted Cruz

Former U.S. President Donald Trump has led state police and highway patrol in New Jersey in an extremely low-speed pursuit after failing to surrender for arrest in New York last Friday. The former president said he did not surrender since t "police stations should not be open on Friday" according to a note left to his children in crayon, signed with a smiley face. He reportedly thought that fleeing across county lines was the same as fleeing the country to avoid extradition, as he did not wish to go to Mexico.

Senator Ted Cruz, who has broken with his past methods of contacting police through cryptic ciphers and instead butt-dialed 911, has revealed that Trump is in the car with a head of broccoli, threatening to consume it in an attempt to end his own life. Trump has reportedly demanded to be taken to one of his hotels, or failing that, to McDonalds. He has made clear the broccoli is only meant to harm him, and no one else.

All regular television broadcasts have been interrupted to broadcast the chase, except for Fox News, which appears to be broadcasting baby ASMR videos on repeat.

Tucker Carlson ousted at Fox News over $787.5 million payout, Don Lemon fired at CNN for sexism

Two networks have released star news anchors from their contracts in rapid succession this week.

Tucker Carlson was let go from Fox News unexpectedly on Monday morning following the network settling the defamation lawsuit from Dominion Voting Systems for over three-quarters of a billion dollars to avoid trial, sparked by Carlson's statements about the 2020 Presidential election being rigged. The severance of ties, which has been widely covered by CNN, appears to have come as a surprise to Carlson.

Don Lemon was released from his contract with CNN after inflammatory comments about women "aging past their prime" in February caused a prolonged ratings dip for his show and guests began to refuse to appear on his show. The severance, which has been widely covered by Fox News, has resulted in the anchor retaining a high-powered entertainment lawyer, and a lawsuit is expected.

Florida Governor Ron DeSantis to release re-write of favorite classics for current political climate

Ron DeSantis, the Republican governor of Florida, has decided to reintroduce banned works to classrooms by personally rewriting banned works with what he deems "more culturally appropriate and relevant messages." While works by Toni Morrison ("The Bluest Eye") and Maragret Atwood ("The Handmaid's Tale") are reportedly in progress, the first work being rewritten is Jonathan Swift's essay "A Modest Proposal," the famous satirical work suggesting Irish families sell their children as food during the Great Famine in Ireland.

DeSantis's treatment will include instructions to families seeking to offset the costs of rising grocery prices by supporting legislation actively harmful to their children until said children pass away. Inside sources say the governor fails to match the satirical rhetorical style of the original, and appear potentially genuine. Also furthering DeSantis's war on Disney, several yet unnamed Disney characters are set to appear in the reworked essay, an ill-advised baiting of Disney's lawyers.

This morning briefing has been sponsored by an oil company that last made headlines for bottle-feeding baby seals crude oil, a certain Silicon Valley social media giant who made a recent name change and Casper Mattresses.

Additional headlines

World: Chinese diplomat fails diplomacy spectacularly with inflammatory comments, surprising no one with political understanding except that someone said quiet part out loud, again

World: Sudan Crisis specifics overlooked in rush to paint another African country as naturally crisis-prone. Foreigners evacuated, locals left to fend for themselves

World: War in Ukraine still happening, world leaders attempt to make troops go viral on TikTok again

U.S.: President Biden, Dick Van Dyke stun in Mary Poppins-esque tap-dance routine in response to questions over age

U.S.: Horrible gun crime leaves cartoonishly innocent victims dead, NRA Sends gun bouquet to weeping families at funeral

U.S.: Supreme Court blocks abortion pill Ban, proving contrarianism beats consistency every time

Business: Wall Street plans to unveil wave pool to fluctuate with NASDAQ to improve community relations, prevent trader suicides by raising morale

Technology: AI panic recognized as legitimate legal defense for vandalizing computers

Entertainment: Police officers hire local personal injury attorney to sue Afroman More for stubbed toes, upset stomach from pilfered lemon pound cake

Follow our email blast on Twitter @BlastUrBackdoor for your very real headlines!

Deep Dive: Read this opinion piece from this almost-recognizable academic on how America is (shockingly) not the most developed amazing country in the world. By exploring the socio-economic and religio-political lives of Middle America and Appalachia, expressing surprise that non-coastal American citizens are incredibly different from coastal ones and reading tea leaves, this academic seeks to disprove myths of American greatness no one who reads the news site they are writing on believe anymore anyways. Walking the line between paternalism and outright racism, the op-ed names five African countries with positive developments that the U.S. is comparatively behind on. Pick up their new book, an incredibly stretched-out and meandering version of this article, for $36.99 plus tax and shipping to sound cultured for two minutes at your next dinner party.

Happy Birthday: Random member of the U.S. Congress, two White House staffers, a handful of hill staffers, three lobbyists who paid for this shoutout, a deputy press secretary to the minority whip, a waitress at a favorite DC eatery who got this shoutout in exchange for not publicizing how rude I was to her over an order of Spaghetti Carbonara, and Maria Vorontsova, eldest child of Russian President Vladimir Putin.