

## Campus safety sent alert with racial profiling after suspicion of dorm theft

By ROSALIE ZUCKERMANN

CAMPUS SAFETY SENT out an alert to the community on Nov. 25 at 12:07 a.m. after two people on campus were suspected of attempted theft. The alert included racial profiling and faced backlash from the community.

The alert said, “2 Suspicious Persons roaming Copeland Hall. Two Black Males. Person 1 wearing black hoodie, with dreadlocks. Person 2 wearing white tee shirt. Report to Campus Safety any suspicious activities.”

The racial descriptors in this message combined with the lack of context to explain the suspicion alarmed many students and faculty.

“It was jarring to see racial descriptors used in this alert without any context,” President Robin Holmes-Sullivan said via email. “I understand fully why members of our community found them very anxiety-producing — and I am committed to ensuring we do better in the future. We are in the process now of analyzing what went wrong and developing new policies and procedures that should help us achieve that goal.”

The Black Student Union (BSU) said in a statement the message prompted emotions such as shock, confusion, anger and sadness.

“As Black students, we do not have the privilege to hide our identity, our skin tone comes in wide shades of brown, and in a crowd of a majority White student body, being BIPOC students, we stick out, after all, we are only 2.8% of the student body (58 students self-identifying as Black),” BSU said via email. “... In our classrooms, we are not the sole representative of an entire race,



SOFIA REEVES/THE MOSSY LOG

Copeland Hall, as seen through trees in the ravine, was a site of reported room entries and theft over Thanksgiving Break.

we shouldn't have to filter our speech to make our White peers feel comfortable. In our living spaces in the dorm, we do not want to be seen as criminals having our neighbors fear us as we walk-by.”

The morning after the alert was sent out, Vice President for Student Life and Dean of Students Evette Castillo Clark and Interim Director of Campus Safety Bill Curtis sent out an email that gave more information on the incident and why the alert was sent out.

“After Campus Safety officers were alerted to two individuals in Copeland knocking on doors, testing door knobs,

and entering unlocked rooms during break,” the email said. “Campus Safety observed two individuals in a Copeland room not assigned to them, later the Portland Police arrived to speak to all present parties. No arrests were made.”

Curtis initially agreed to provide an account of the incident, but canceled the interview shortly before it was scheduled to occur due to an undisclosed emergency. Then when Director of Campus Living Ben Meoz was asked about the incident, he redirected questions to Curtis. Many students had questions following the

events as information filtered in over the course of several days after the alert was sent. Castillo Clark and Curtis sent out a followup email on Nov. 30, five days after the alert, answering questions in more detail.

After receiving multiple calls from students in both Copeland Hall and Juniper Hall, Campus Safety was able to locate the people who had been reported entering rooms. There is no evidence of forced entry into any rooms, but it has been reported that multiple items were stolen from rooms.

“LC” continued on Page 3.

## Professor given four accolades

By ROSALIE ZUCKERMANN

PROFESSOR OF Lawyering and Director of the Criminal Justice Reform Clinic (CJRC) Aliza Kaplan received four distinct awards this summer and fall for her work in criminal justice.

These awards include the American Constitution Society Oregon Lawyer Chapter's 2022 Hans Linde Award, the Oregon Criminal Defense Lawyers Association (OCDLA) President's Award, the Oregon State Bar (OSB) Award of Merit and the Juneteenth Award from the Uhura Sassa Culture Group at the Oregon State Penitentiary which she received on behalf of the CRJC.

Associate Dean of Law School Faculty and Professor of Law John Parry, a colleague of Kaplan's, is thrilled to see her work be given such credit.

“Aliza Kaplan's unrelenting determination to seek justice is admirable and inspiring,” Parry said to the Lewis & Clark Law Newsroom. “We have watched her question the huge forces of status quo and advocate for those who have little voice in our criminal justice system in Oregon. We are so proud of what she and her Criminal Justice Reform Clinic students and staff have accomplished.”

Each award recognizes a different aspect of Kaplan's work. The Hans Linde Award is “intended to honor Oregonians who promote the values of individual rights and liberties, genuine equality, access to justice, and the rule of law,” according to the American Constitution Society website. The OCDLA, affiliated with National Criminal Defense Lawyers Association, is an organization of defense lawyers as well as public defenders. They specifically honored her work in legislation, litigation, and teaching.

“The defense community in Oregon is filled with so many terrific attorneys and fighters for justice,” Kaplan said to the LC Law Newsroom. She expressed that she was honored to receive this award from her peers.

“It is standard Campus Safety protocol to contact Portland Police when there may be a crime in progress that poses a threat to student safety,” this email said.

“Kaplan's” continued on page 3.



COURTESY OF LEWIS & CLARK

Kaplan received many notable awards.

## Annual tuition raise of 4.5% intended to offset inflation with limited effects on affordability



ALEX NASH/THE MOSSY LOG

By J FRANK

THIS FALL, THE Lewis & Clark Board of Trustees approved a measure which will raise the cost of tuition for the College of Arts and Sciences (CAS) by 4.5%.

Room and board will also be raised proportionately by 4% and 5% respectively.

This was an expected increase, on track with the past trend of a 4% yearly increase. Associated Student Body (ASB) President Madeleine MacWilliamson

stated that “every year, Lewis & Clark College commits to providing a consistent and predictable increase in tuition.”

According to Andrea Dooley, chief financial officer and vice president for operations, this increase is intended to partially offset inflation and rising costs of operation. Factors such as the cost of tuition at peer institutions, historical prices and feedback from the community were also taken into account.

“The College considers three main factors in developing a recommendation for CAS tuition, fees, and room and board charges: (1) the need for additional revenues to pay for students services, faculty and staff salary increases, and inflationary costs of other goods and services; (2) consistency with past increases and our communications with current and prospective students and families regarding expected increases; and (3) comparisons with LC's cross-application peer institutions and the regional market for room and board,” Dooley said via email.

The money gained “will be used to help cover priorities and needs across the college,” according to Dooley. This will

include need-based financial aid, student services, faculty and staff raises, increased program participation and facility maintenance.

“Lewis & Clark needs financing to maintain faculty to student ratios and to improve the condition and safety of residential infrastructure,” MacWilliamson said.

Before a final recommendation was presented to the Board for approval, a lengthy process of analysis, feedback and recommendation was undertaken by multiple parties. These include the Business Office, CAS deans and vice presidents, the Office of Admissions, President Robin Holmes-Sullivan, the Office of Financial Aid, Campus Living, the CAS Faculty Budget Advisory Committee and Associated Student Body cabinet officers.

The 4% increase has been kept to the minimum possible amount out of a recognition of, and desire to mitigate, the financial burden faced by students.

“(The administration) makes every effort to minimize the impact by keeping any increase to the lowest level possible,” Dooley said.

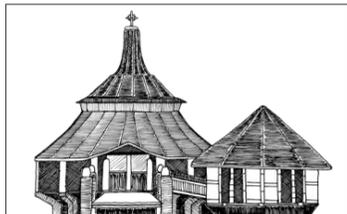
“Administrators” continued on Page 3.



THE MOSSY POD

### New episode release

Tune into the latest episode of our student-run podcast to hear DJ Brown interview the Hawaiian Club.



OPINION

### Religion at LC

Many LC students hold spiritual and religious beliefs, despite the campus' reputation as widely non-religious.

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FEATURES

### Secret roller disco

There are many weird and wonderful events that happen in Portland that people do not know about. One of them is secret roller discos.

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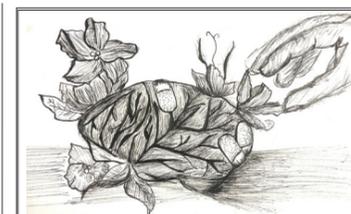


ARTS

### English Reading Series

Poet Jane Wong shares her writing during the English Fall '22 Reading Series.

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SPORTS

### Mental health and injury

Athletes share about mental struggles associated with physical injury, and difficulties with sports culture.

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# Comprehensive report critiques parole board

*Aliza Kaplan works with PSU professor to gather data, interview parolees, involve students in process*

By PAIGE ANDERSON

PROFESSORS AT the Lewis & Clark law school and Portland State University (PSU) collaborated on a project to create a comprehensive report examining the decision process of the Oregon Board of Parole and how it affects potential parolees in Oregon.

Law professor Aliza Kaplan is the director of the Criminal Justice Reform Clinic (CJRC), a program that allows students to get hands-on experience working on a variety of cases. In June 2022 Kaplan was awarded the President's award from the Oregon Criminal Defense Lawyers Association and the 2022 Juneteenth Freedom. Kaplan took charge of the parolee interviews and started involving law students in the process. Associate Professor Department of Criminology & Criminal Justice at PSU Christopher Campbell worked on the data collection aspects of the report, searching for patterns in the responses.

"We wanted to do the project because here at the Criminal Justice Reform Clinic, we represent people on

parole in certain release types of release hearings, and we have learned a ton over the last five-plus years working on these cases," Kaplan said. "And the way that the clinic works is the more we do hands-on casework, the more we see the problems in the system."

Kaplan began to compile a list of issues she noticed in the parole process such as patterns of neglect and lack of information on how the system works.

"We thought the best way to bring attention to the parole process, and to understand with evidence and data what's going on, was to do an academic study," Kaplan said. "So we partnered with Dr. Campbell, and we did the study and the report. And you know, that entire process, and we also represented people at the same time in all types of release hearings."

The process involved a mixed method technique, meaning they used both qualitative and quantitative data collection to research all aspects of the parole process, including the potential parolees and the board itself.

"The whole idea of you having multiple methods or mixed methods

is to try and triangulate and try to find all those points that are pointing to the same direction and saying, 'Yeah, this is probably a pattern and here's probably why,'" Campbell said. "So I designed this study as best as I could with the given constraints."

The survey that Campbell created was distributed in five large lot boxes that weighed between 35 pounds and 96 pounds and went to five different facilities.

"They were distributed by the Department of Corrections' presence across the state, and it was with great coordination with the DOC folks on the ground there and their willingness to help us that they were able to ship around these boxes to make it so that they were available to adults in custody," Campbell said.

In addition to the report, Kaplan plans to bring legislative recommendations to the state during the next election. In accordance with their observations, Kaplan is requesting more funding for the CJRC to allow adults in custody (AICs) to have access to lawyers for longer. The public defenders assigned to AICs spend about 15 hours on each case, while lawyers at the clinic allocate around 90 hours to spend on each of their cases.

The clinic needs more funding to entice lawyers to take these cases and give parolees the best shot at understanding the process and acting accordingly.

"They involve really telling a person's entire life story," Kaplan said. "It involves putting together a memo for the board, so you have to interview the person and put together materials for the board."

It is a complex process and one that the average adult probably does not understand. Many people do not have access to comprehensive information about the parole process, especially those who are isolated from society in prison.



COURTESY OF LEWIS & CLARK

Law professor Aliza Kaplan is the director of the Criminal Justice Reform Clinic.



COURTESY OF LEWIS & CLARK

The Criminal Justice Reform Clinic allows for students to get hands on experience.

"The adults in custody need more support in their lives, whether they get out of prison and are on the line and they need people to navigate them through the parole process. It's very complicated ... and people are all coming from very different perspectives, backgrounds, education and ages," Kaplan said.

Kaplan is also advocating for more rehabilitation opportunities to be offered for inmates.

"One of the things we're always going to be pushing for is more programs from the minute people enter prison," Kaplan said. "People aren't always ready, but they should

be allowed to have access to programs that will help them improve themselves and rehabilitate. From day one."

Kaplan said the Department of Corrections does not offer any rehabilitation programs for sex offenders and has very few domestic violence programs. Once eligible, the Parole Board wants to see AIC's participating in rehab programs but due to the lack of availability, many are not able to do so.

Kaplan also worked on a report that called to change Oregon's death penalty laws and was successful in narrowing down who will receive the death penalty.

# City Council votes to force housless people to relocate

*Businesses, houseless advocacy groups clash over how to approach unhoused persons in Portland*

By ROSALIE ZUCKERMANN

ON NOV. 3, a \$27 million plan to ban street camping and force houseless people into city-run campsites was approved by the Portland City Council. The council began moving forward with securing funding two weeks later.

This five-resolution proposition and spending package was drafted by Mayor Ted Wheeler and Commissioner Dan Ryan. It was passed unanimously with the exception of Commissioner Jo Ann Hardesty, who voted no on the camping ban.

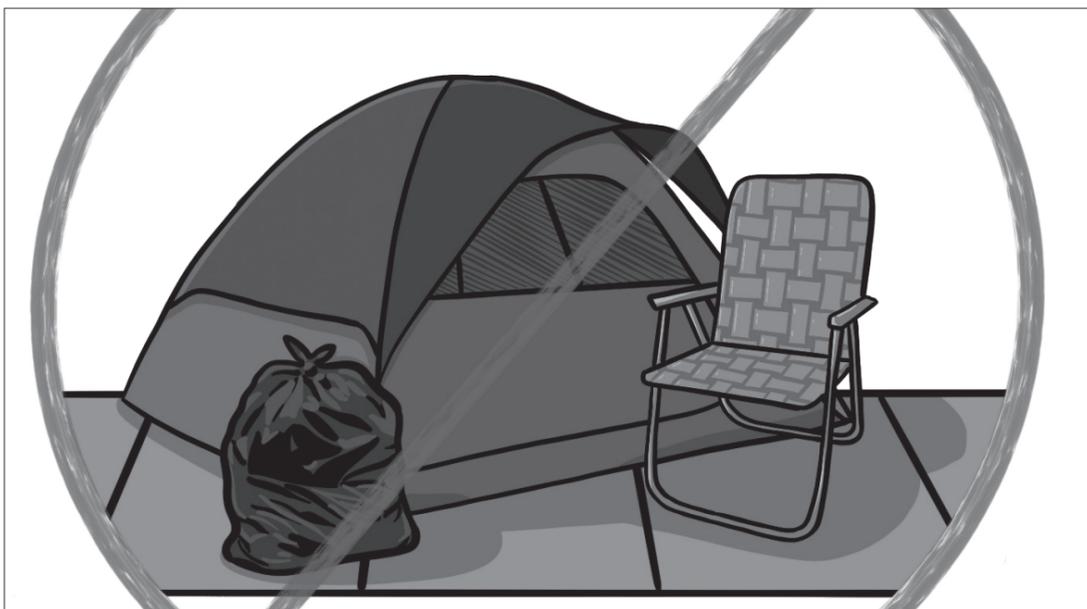
"(The city needs) to return our parks and sidewalks back to our city," Ryan said in response to Hardesty's rejection. "Our children, our families want a place to play. Our elders want to go on a safe stroll in our neighborhoods."

There are currently over 3,000 unhoused people living in roughly 700 encampments around Portland according to the New York Post, which marks a 150% increase in the houseless population since 2019. The COVID-19 pandemic, a housing shortage and high drug addiction rates have all contributed to this crisis. The Portland City Council declared a state of emergency on houselessness in 2015 and extended it five times before this proposal.

In a press conference on Oct. 21, Wheeler announced the proposition's resolutions and acknowledged the limited efficacy of past efforts to curb public camping. These included issuing emergency orders to ban camping along dangerous roadways and school routes as well as increasing alternative camping options.

"To be completely transparent, it has not worked," Wheeler said to the Arizona Daily Sun. "We have to do something and we need to do something different."

Prior to this proposal, some residents with disabilities filed a federal class-action lawsuit on the



THE MOSSY LOG/SOFIA REEVES

grounds that the city is violating the Americans with Disabilities Act by allowing encampments that prevent them from being able to use sidewalks.

The first three city encampments are expected to open within 18 months, but it has not yet been declared where they will be built. Camps are initially expected to house 150 people each, but eventually the city intends for them to be able to accommodate up to 500. These sites will provide access to food, hygiene and treatment for mental health and substance abuse, and will have 24-hour management. If houseless people refuse to move into the new encampments, they can be arrested or cited by police.

"It is critically important to realize that fining or arresting people suffering on the streets solves nothing," Hardesty said to The Oregonian. "No city plan for shelter expansion should involve sending

people to jail because they live in extreme poverty or may be suffering from a mental or behavioral health issue in a state that ranks at the bottom of the country in providing those needed services."

During late October, the city council held a seven-hour public meeting to discuss the proposed plan, but business interests who favored the proposed plan dominated the first hour. A coalition of houseless advocacy groups such as Street Roots, AfroVillage PDX, Blanchet House, Gather: Make: Shelter, Ground Score Association, Hygiene4All, JOIN and others held their own meeting in the following days to create an uninhibited forum for unhoused people to speak to Wheeler and Ryan.

"Three camps of 500 people!" participant Becky Lange said at the meeting. "An internment camp is a group where you put people who have

not committed a crime, but they're a member of a group that's found distasteful or unwanted. Sounds like what you're doing here."

Many who oppose the plan believe that it can be dangerous to crowd so many people together into one area. Vince Masiello is a resident at the Right 2 Dream homeless village, which accommodates about 40 people a night.

"I believe making camps about that size is a lot safer," Masiello said to Oregon Public Broadcast. "It's a lot less work to deal with as far as getting so many people to get along in a place with only so many resources."

However, supporters of the plan are adamant that these aggressive efforts are necessary. In addition to banning street camping and consolidating people in large camps, the city also plans to create 20,000 new affordable housing units in the next decade, offer

more work opportunities for low income residents and create a new diversion program that would remove low level offenses from houseless peoples' criminal records on the condition that they agree to mental health or drug abuse treatment.

The budget proposal includes an amendment for the city to withhold \$7 million from a regional agency that addresses homelessness unless county leaders agree to allocate \$15 million towards eviction prevention, rental assistance and legal defense funds.

According to OPB, "While \$7 million is a fraction of the agency's \$255.5 million budget, the move is a way of strong-arming county leaders into helping fund Wheeler and Ryan's plan to force people into city-sanctioned campsites."

This budgetary strategy reflects how the plan is not isolated to city government; it requires cooperation from county, regional and state partners as well as outside law enforcement agencies.

The financial composition of the plan includes \$17 million to build and operate camps for one year and \$5.5 million to increase staffing in multiple city departments and programs. Wheeler discussed the spending package with Governor-elect Tina Kotek and Multnomah County Chair-elect Jessica Vega Pederson and reported both of their support.

Portland is not the only city to respond to a housing crisis with similar measures. Austin, Texas and Denver, for example, have also passed ordinances that ban public camping and establish city-run campsites. Bend, Ore. will follow suit to restrict public camping beginning in March.

Although Wheeler and Ryan's plan has been largely supported by city and state governments, it is still highly controversial.

## Organization teams up with coach to start clothing drive



COURTESY OF MATT KOSDERKA

Before distribution, donated clothes accumulate in bags in clothing drive storage.

By PAIGE ANDERSON

**O**PERATION NIGHTWATCH is an organization that has been providing clothing, food, shelter and friendship to Portland's unhoused community since 1981. Many houseless individuals are isolated from society and judged too harshly for their situations.

The organization provides what they call radical hospitality, which is a disruption to the negative cycles of poverty and exclusion, entailing an outward expression to stand with one's community, particularly with those who are at society's margins.

As many as 100 people will consistently stop by to take advantage of the hot coffee and shelter that Operation Nightwatch offers. It is also one of the only hospitality centers that stay open through the night.

Operation Nightwatch offers not only the basic necessities that some Portlanders do not have access to, but also an environment where they can build friendships with staff and volunteers. Building relationships is an important part of the organization. The staff and volunteers aim to get to know everyone individually and form a connection where there is trust and where guests feel safe and cared for.

They can also access free individual counseling sessions through their own

Mental Health Initiative. The initiative recently went through a transformation made possible by a large grant from the Meyer Memorial Trust, allowing Operation Nightwatch to offer housing and mental health support to people who identify as female or non-gender conforming.

Matt Kosderka, head baseball coach, partnered with Operation Nightwatch to extend the organization's reach.

"A couple years ago, I asked the guys to come up with some ideas they wanted to do and a couple of our guys came up with a group called Operation Nightwatch," Kosderka said.

Kosderka, along with six or seven volunteers from the baseball team, began to spend time downtown at a food and recreation hall where houseless people could keep warm. It was a life-changing experience for both the coach and his players. They decided to become more involved in acts of service.

"We decided to put together a clothing drive that helps as many people as possible," Kosderka said. "You know, the folks are out on the street in the wintertime ... you can only imagine what that's like."

The donations have mostly come from inside Lewis & Clark's Department of Physical Education and Athletics, but Kosderka hopes to involve the rest of the community and receive more

donations for Portland's underserved population.

"I don't know if I've really done a good enough job of really getting it out there as much as I'd like to — it has been mainly from within our team bringing stuff in," Kosderka said. "We've been able to give anywhere from like six-to-eight duffel bags full of stuff, which is a nice amount. I'd love to make it even bigger and be able to help as many people as possible."

He encourages the LC community to consider spending time volunteering in Portland.

"It doesn't take a lot of time," Kosderka said. "I know everybody's really busy in this crazy time of year, especially with finals coming up, but a couple hours of your week are definitely something you could volunteer for."

To make a donation, community members can reach out directly to Kosderka or bring clothing to the baseball office located in the Pamplin Sports Center. The most useful things to donate are lightly-used clothing or shoes, blankets, backpacks, warm jackets and waterproof layers.

Jacob Serafini '20 was on the baseball team when Kosderka first partnered with Operation Nightwatch.

"I think having people understand that these experiences expand your horizons and viewpoints more," Serafini said. "I think it will help you more than anything you can study or anything you can do in a classroom."

The hospitality center is an intimate space, equipped with chairs, tables and a television. Operation Nightwatch works hard to create a comfortable environment where guests can relax and recuperate.

"It's just an opportunity to get off the cold, wet streets and into a very intimate, warm environment," Serafini said.

Kosderka has also worked with other organizations so that his players and the greater community can become involved in helping others.

"There's a group of folks in Portland called Friends of Baseball, who help kids who maybe wouldn't have the opportunity to play baseball," Kosderka said.

The team set out bins of baseball equipment including balls, hats and gloves for children and their families to take.

"Just seeing the kids smile and get pictures with the big Portland Pickle mascot was awesome, everyone loved it," Serafini said.

## Administrators expect new revenue will help lingering budget concerns

Continued from Page 1.

Philip Steffen '25, a student representative on the Budget Advisory Committee, agreed that this tuition raise is justified.

"(The) overall increase of 4.28% is lower than the annual increase in the Consumer Price Index, which means that tuition, room, and board are ... getting cheaper relative to the economy as a whole," Steffen said. "This is because admissions takes seriously their commitment to families to keep price increases stable."

However, due to this commitment to affordability as well as the high levels of inflation in our economy, Dooley expects that the amount of money raised by the tuition increase will still not be enough to offset the college's budgetary issues.

"Lewis & Clark has a small financial endowment, and therefore relies on tuition, room, and board for 84% of its budget, which is very high for an institution of this type (Reed is ~60% tuition dependent, elite and public institutions have much lower numbers than even this)," MacWilliamson said. "Moreover, L&C is coming off roughly 5 years of budget difficulties that have left many departments short of funding."

Despite these struggles, both Dooley and MacWilliamson agree that LC is in a fairly good financial position considering the economic damage from the recent pandemic, and is on track to continue improving. Revenue from tuition is not the college's only source of funding — the Board of Trustees is another vital source which provides for many of the college's financial needs.

"(I am) optimistic that the Board of Trustees will be able to intervene with their own funding to provide for the college when gaps do occur," MacWilliamson said. "Part of the Board of Trustees' duty is to ensure the prosperity of the college so at times, the Trustees will be asked to fund projects from their own donations when there is no budget to do so."

In addition, the school prioritizes the student experience and staff compensation, so these are unlikely to be affected by the revenue shortage. Rather, insufficient funding means that long-term capital projects or improvement goals may be postponed. It should not, however, impact day-to-day operational costs, according to MacWilliamson.

"So far, Lewis & Clark has emerged from the pandemic better than other

comparable universities, and Eric Staab has seen a healthy draw for admissions," MacWilliamson said. "If anything, I think time and patience is necessary for our school's financial recovery."

For students who are concerned about how this increase will affect them financially, Dooley reassures them that those with partial scholarships (34% of students) can expect an increase in financial aid proportional to the new cost of tuition, and that those who qualify for a Pell Grant (20%) will continue to have the full cost of tuition covered.

Students with no demonstrated need, who amount to 46% of the student body, will have to pay the full 4% increase. Dooley encourages students who are experiencing changing financial circumstances to reach out to the Financial Aid Office.

"While I understand students who are not in financial need likely feel frustrated by the tuition increases, our financial aid department has a case-by-case policy," MacWilliamson said. "So, I am confident that those without financial need have the ability to negotiate their financial aid package in order to receive further support from the college."

## LC aims to improve protocol, combat bias

Continued from Page 1.

"Portland Police were called, arrived on campus, and interviewed witnesses, but were not able to conclusively identify any responsible parties."

Although protocol was followed for police contact, the alert deviated from LC's official protocol.

"While we have a protocol for drafting, approving, and sending LC Alerts, it was not strictly followed in this instance," Castillo Clark and Curtis said in an email. "The result is that this particular alert had incomplete information and contained racially charged descriptors. We want to acknowledge the effects of impact versus intent, in particular the negative impact an alert of this nature can have on our BIPOC community, particularly Black and Brown men."

This alert is only one of many constant instances of bias that affect BIPOC students.

"At this institution, there is a shared sentiment among Black students of a sense of hyper-awareness of our identities in comparison to our White peers," BSU said. "We monitor what we say as to not to attribute to any negatively associated stereotypes associated with being Black (i.e. ghetto, 'Angry Black Woman,' 'Dangerous Black Man'). As a result, we cannot focus on our education stress-free."

Administrators stated an intention to create a new policy for LC alerts that uses a template approval process in order to "limit the use of racial or gender identifiers to situations where it is necessary to provide objective and verifiable descriptions in

situations involving a significant threat." Information is unavailable regarding what the current policy is, although an LC Bulletin email specified that the process involves review by the interim director of campus safety, the vice president for student life, or the Office of Communications.

The emails do not provide a clear reason as to why these steps were deviated from or who chose to do so, but the speed at which emergency alerts are supposed to be sent out was alluded to as a factor.

"We will improve the training of those who are involved in issuing emergency alerts and timely warnings, improve the training of staff involved in the Student Affairs On-Call system, and improve training regarding issues of implicit and systemic bias," Castillo Clark and Curtis said in their email.

Although campus administration recognized the issues in the way this was handled and has intentions to improve, the incident has jarred our community and made students question the reliability of supposedly impartial alert systems.

"To the person(s) that wrote and sent that message, we hope you reflect and ask yourself, 'Do I have racial biases and prejudices? If these people were White, would I have responded the same?'" BSU said via email. "Not only was your message hurtful but it was harmful to 50+ people in the community; it especially impacted the Black Men on this campus considering there are many who fit this ignorant 'warning.' Please continue to educate yourself and in 2022, there are no excuses -- do better."

Additional reporting by Venus Edlin.

## Kaplan's criminal justice work recognized by OSB

Continued from Page 1.

The Uhura Sassa Culture Group, a Black cultural group in the Oregon State Penitentiary that offers vocational and educational opportunities, presented their first ever Juneteenth Award to the CJRC as part of their Juneteenth celebration this summer. As director, Kaplan accepted this award on behalf of the clinic.

The CJRC allows students to get hands-on experience with casework in a variety of issues including clemency, parole, court access for incarcerated youth, and forensic science. Under Kaplan's guidance, students have researched and drafted petitions that have been successfully granted by the governor.

"Anything that we can do in our representation or in shining a light on a system or working on policy changes to make it better," Kaplan said. "That's what we do here in the clinic and I feel really lucky to work with all the players on this."

Lastly, the OSB Award of Merit is considered the highest honor that the Oregon Bar gives. This award is not always given annually, but is instead reserved for recognizing select "lawyers and judges who have made outstanding contributions to the community and the profession," as stated on the OSB website. In order to be granted this prestigious award, one must be nominated with multiple letters of

support from members of the legal community.

The former OSB President, David Wade, was proud to award Kaplan with this honor. Most recently, Kamron Graham became the newest OSB president.

"Ms. Kaplan has offered hope to vulnerable individuals, while also advancing the law itself in meaningful ways. It is my honor to recognize her with our bar's highest award," Wade said in an LC Law Newsroom article.

However, these recent instances are not the first time Kaplan's work has been acknowledged. In 2015 she received LC Law School's Leo Levenson Award for Excellence in Teaching.

Kaplan has done critical research on the cost of the death penalty, the origins of the nonunanimous jury law in Oregon and, most recently, the Oregon parole system. New legislation has been passed as a result of her efforts, such as Oregon SB819, a bill that establishes a procedure so that people convicted of felony offenses can petition the sentencing court.

In addition to working as a professor and director of the CJRC, she serves as counsel to the Forensic Justice Project, an organization dedicated to preventing and correcting wrongful convictions.

"Anytime you're dealing with crime and people's lives, it's always heavy," Kaplan said. "But that's what we do. So we're just excited to learn more ... so we can try to make some good changes."



COURTESY OF LEWIS & CLARK

Award-winning educator Kaplan gives lecture to class of Lewis & Clark law students.

# Political defeatism is a self-fulfilling prophecy

*Democratic Party, progressive movement must enact populist platform, uphold rhetorical promises*

By COPELAND BURCHENAL

**I**N THE WAKE of the nail-biting 2022 midterm elections, where a conservative majority in the United States Senate was narrowly avoided, tensions are running high.

It seems that every day different threats to human rights, civil liberties and democracy are cropping up, threatening to degrade the safety and happiness of people both inside and outside of the United States. The thought is exhausting, and there are moments where it feels like crawling under a log in the woods might be a better option. However, no matter how many hateful politicians, people and pieces of legislation get thrown at us, the only thing which could ever break the progressive movement would be the loss of hope.

After the increased rise in right-wing populism under the Trump administration, it feels as if the situation is growing very dark. American politics have always been prone to paranoia. In an era where we should be progressing, we are instead having to fight off a spike in right-wing authoritarianism.

What does not help is that the Democratic Party has been gridlocked by corruption, uncertainty and haplessness for the past few years and is hamstringing progressive actors in the process. It seems that when the Republican National Committee (RNC) started accusing everyone left of center of being a pedophilic, satan-worshipping communist, the Democratic National Committee's (DNC) best response was to curl into a ball, pee themselves and hope that they would not get kicked too much.

A "return to normal politics" is not just foolish, it is impossible. Once the ethno-nationalistic right-wing populism switch gets flipped, it does not get flipped back easily.

So what should be done about this? First we need to take a big, deep breath. Our best work comes when we are focused, realistic and diligent. I do not blame anyone who is feeling discouraged. There have been many soul-crushing moments in the past years. It can be hard to feel emboldened during times like this. I am not saying, "Oh, you just need to suck it up." In fact, I think we need to do quite the opposite. Being honest with ourselves and others about how we are feeling is paramount to building up strength, even when we are scared, sad or unsure.

We may have lost some battles, but we have not lost the war. Not to mention, Gen Z is easily one of the most politically fierce generations in recent American history, meaning that if we put our minds to something there is a good chance we can succeed.

A significant danger posed to the progressive movement is cynicism. Looking at the current political climate, the question "can any of this even be changed?" is a very legitimate concern. Sometimes people do not feel that the answer is yes, which is understandable. However, when a person begins trying to convince others that the situation is doomed and that it is useless to fight, and they reject the notion that progress is possible, their cynicism becomes a self-fulfilling threat.

There is too much at risk for us to throw in the towel. It can be hard to have hope sometimes, but it is a key

component in this fight. Hope is not something that is given to us by some outside source. It is cultivated within us and helps us endure hard situations. Even though cynicism is satisfying for a moment, it degrades collective hope and energy, which are the only things that keep the machine going.

On a broader level, if the DNC or even a separate progressive party is going to succeed in the future there need to be some significant changes. Rather than rising to the challenge when the RNC went absolutely feral, the DNC embraced a limp, sickly style of moderate politics which did nothing except disenfranchise possible voters. The whole "at least we are not republicans" message that they have been trying to hammer home since 2016 is not going to get us anywhere. The DNC needs to embody left-wing populist ideals such as universal healthcare, strong labor unions and broadened support for the lower class. Rhetoric must be upheld by action. People need to be shown that there is hope for change, regardless of whether or not the Republican Party is consuming itself like some kind of nightmarish insect.

We need to remain hopeful and realistic about what we can do. We are not about to change the world tomorrow, but that does not mean we cannot work towards something more beautiful and more caring than the brutal system we have right now. There are still many incredible things worth fighting for, and so long as we remember and cherish them, then I personally have a lot of faith in the good we can achieve.



STELLA MERCER/THE MOSSY LOG

# LC students engage with faith despite atheist reputation

*"Secular" campus finds spirituality, follows religious tradition, while campus ignores their existence*

By JACQUES PARKER

**L**EWIS & CLARK has a reputation for being a non-religious college. In 2008, the Princeton Review listed LC as the least religious school in the nation. How true is this statement? And what is the effect of thinking about the college in this way?

I have been conducting interviews on religion and spirituality with LC students since September 2022 as a personal project. One question I ask students is what their opinion is of the phrase "spiritual but not religious" since many respondents identify with this category.

"I think it makes a lot of sense," Keshav Eldurkar '23 said. "I feel like spirituality is more bodied and religion is more ideal."

Other students believe the

difference between religion and spirituality depends on who is involved with it. For Ivy '23, religion is hierarchical, with an authority mediating one's connection to the divine.

Detailing how students view religion and spirituality may explain why the Princeton Review designates LC as one of the least religious schools in the nation — their conclusions are based on student surveys. Other elements of the interviews I conducted, however, will show that there is more religion at LC than one might expect.

Interviewees were sometimes surprised that I asked about their opinions on ghosts, Bigfoot and aliens. I believe that the way non-religious people view these beings demonstrates something about the nature of the category of religion. Although non-religious people may call themselves not religious, aspects of their beliefs and practices can be categorized as such.

Take ghosts as an example. Many students believe in or are open to the existence of ghosts, even those who self-identify as non-religious.

For example, Alexis Chomyn '24 said that

although they are not religious, sometimes dead people appear in their dreams in ways they would not have expected.

Although some may not think of the belief in ghosts as a form of religion, I argue otherwise. Ghosts — as well as aliens and cryptozoological creatures like Bigfoot — have a well-formed cosmology surrounding them in America. Religious historian Catherine Albanese calls this concept "metaphysical religion" in her book "A Republic of Mind and Spirit."

Many LC students exhibit characteristics consistent with metaphysical religion. An interest in the mind and its powers in particular is present at LC. Ruby Keyes '24 had experiences that they initially thought were ghostly, but now attribute to the powers of the human mind to trick itself. Julia Neumeier '23 believes that astrology and tarot readings make people subconsciously aware of certain elements of their personality, and people seek out these traits or

aspirations as a result, though they have no actual metaphysical effect on the world. These psychological explanations — though sometimes denying a metaphysical effect — show how elements of metaphysical religion are still present.

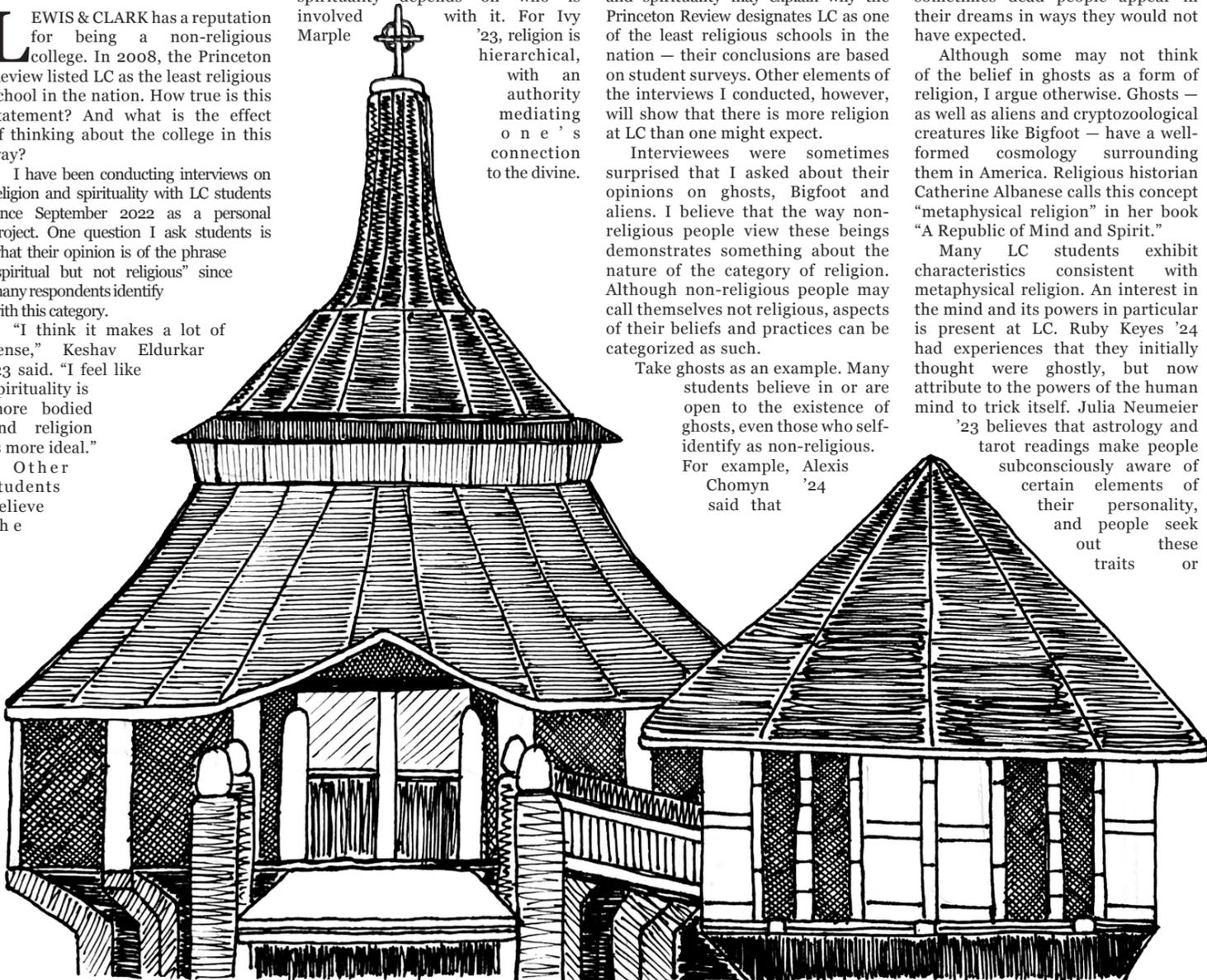
Conceptions of LC as a non-religious school negatively affect religious expression. Abri Boyd '23 noted that resources like the Office of Spiritual Life were not advertised well because the campus is marketed or branded as non-religious, but there are people working to change this image.

Unintentional limits to the expression of religion on campus may disproportionately affect those with non-Christian identities. According to Ollie Feldman '24, who is part of Hillel's student leadership, LC is not particularly good at being attentive to Jewish needs on campus.

One example they mentioned was a student in the Fall 2021 semester who wished to light a Yahrzeit candle to memorialize someone who died, but was unable to because of Campus Living's no-candle policy. This occurred despite the student's appeal for a religious exemption. Additionally, Feldman said that last year during Kol Nidre, the first service of Yom Kippur and the holiest day of the year for Jewish people, Campus Living scheduled a fire drill that disrupted the service.

Although not directly a result of the conception of LC as a non-religious college, many students scoff at religious issues because they believe that it is. Many of those same issues are ones that affect non-Christians, primarily Jews and Muslims. Many LC students have the privilege of ignoring them, which only serves to exacerbate them even more.

LC is full of religion, whether its students call it that or not. Portraying LC as a non-religious campus makes discussing religion and spirituality much more difficult than it should be.



EMMA FORD/THE MOSSY LOG

# Letter from the editors: Templeton remodel

*Campus center renovation prioritized some offices over others, student organization spaces not updated*

**L**AST ACADEMIC year The Mossy Log spent our time in an office in the Odell Basement, an unpleasant location we knew was necessary and temporary in order to accommodate construction. We were thrilled to hear that our space allocation in Templeton was complete mid-semester, but we were dismayed at the result.

Our previous office was returned to us and we knew it would not be remodeled. However, it was disappointing to return to the dingy carpet, still-peeling paint and all the same dust still settled into the nooks of the room. We are not alone in this fact as numerous other student organization offices remain untouched, including the Black Student Union and the Native Student Union.

This is not the vision we were told. In fact, the Templeton remodel was

supposed to prioritize student spaces on campus. The eventual name change from Templeton Campus Center to Stephanie Fowler Student Center even emphasizes this shift. For student organizations, the core of student life, to be disregarded in this way shows this promise to be false.

That being said, not all organizational offices were untouched. For example, the Queer Student Union is now housed in a newly updated office complete with fresh wood, orange accents and large windows. However, we hold no animosity against groups with updated spaces because this is what all student organizations deserve.

We refuse to allow the inequity of the student center remodel to divide student groups, but rather highlight the hypocritical nature of how the situation panned out. For space allocations to be dealt so unevenly

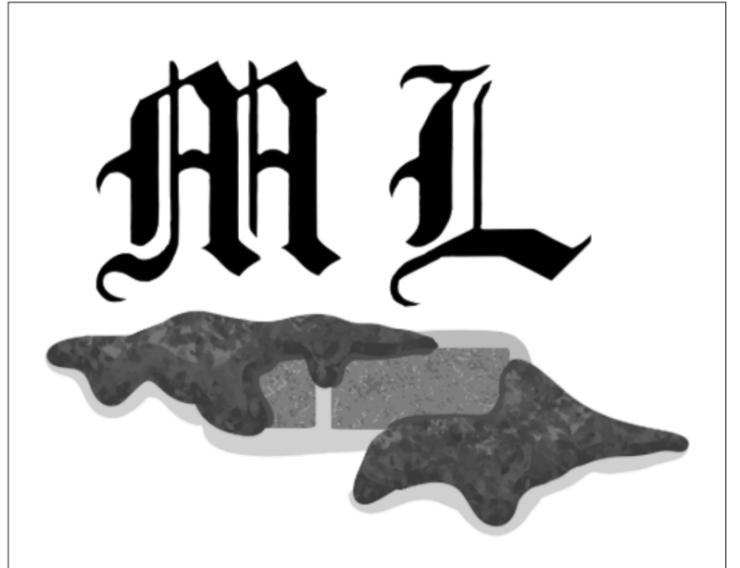
without a wider conversation is not only unfair, but seeks to sow conflict.

How can a college that claims to focus on equity, inclusion and diversity justify remodeling one student space and not another?

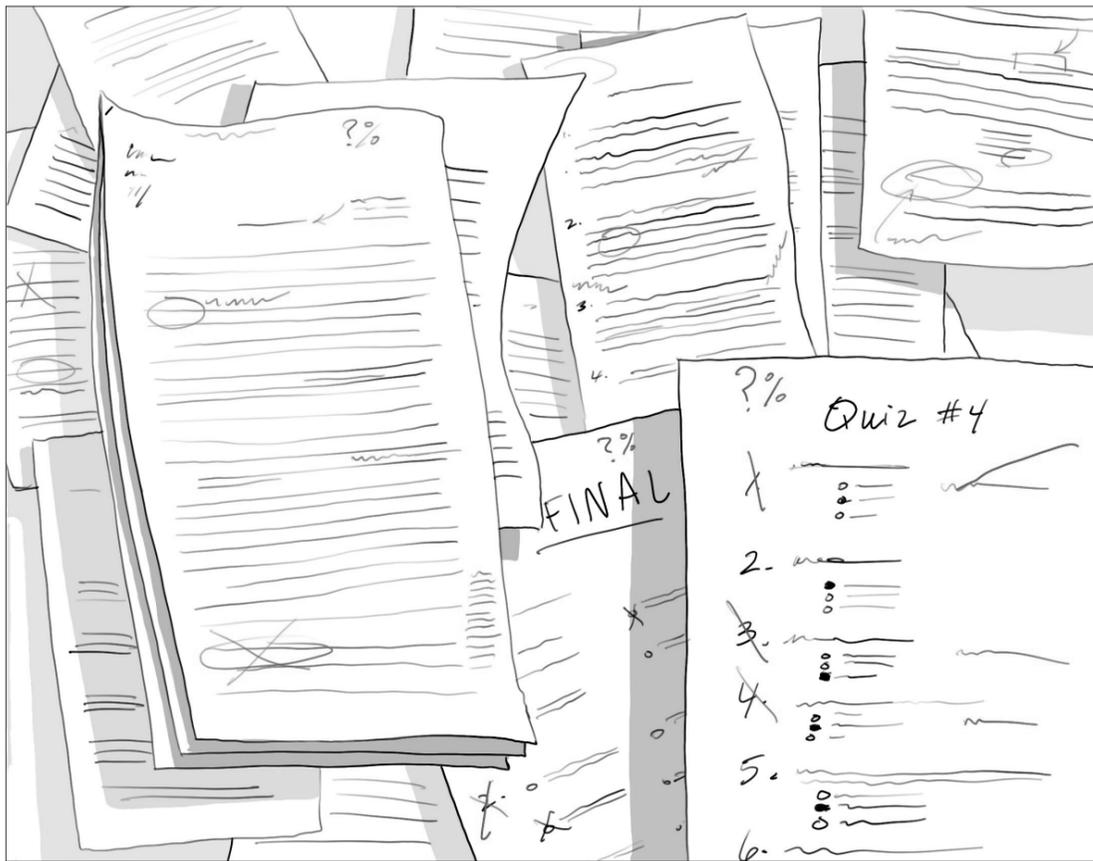
We are grateful to have these spaces to form community on campus. We are especially grateful to have more options as the student center gradually opens. Our one demand is to hear a response as to why so many offices are unchanged and how allocations decisions were made.

Sincerely,  
Venus Edlin, Noah Reese-Clauson,  
Ava Frison, Amelia Doyle, Ashlyn Little and Emma Ford

Endorsed by Gagged, Native Student Union, Kendo Club, KPH Radio, Muslim Student Association and Tiny House Club



## Making grades accessible to students improves performance



CORRYN PETTINGILL/THE MOSSY LOG

By CORRYN PETTINGILL

**A**MID THE scramble at the end of the semester, students clamor to get assignments done, papers written and tests studied in order to end the year right. While students spend so much time turning in their work, professors sometimes submit them back with edits, but no final grades. Is this beneficial or detrimental to the ways that students work?

After arriving at Lewis & Clark, I was startled by the lack of communication about grades. When I took a year at Portland Community College, seeing my grades as the term went on felt like a breath of fresh air. I realized at that point that without a percentage or letter grade being presented to me, I was going to treat courses like pass or fail classes. The quality of my writing decreased throughout the year at LC since my subconscious felt like it did not matter, and I had no external drive to do better on tests.

It was only when I discussed this issue with peers that I realized not seeing grades has its benefits for other students. I understand the immense pressure a letter grade can have on a person's stress levels, but what about the immense stress of a grade you cannot even see?

I consulted a number of students at other universities to see if other schools were practicing this method, and whether students liked it or not.

A student at University of Portland, Lidia Tellez '25, said that as a biology student, it is super helpful to see her grades.

"If I don't agree with it, I can go to (my professors') office hours and discuss the grade I got," Tellez said. "It helps me understand how well I am doing in the class or how I can improve."

This raises an interesting question: Does a grade assess how well we are doing in the class as helpfully as written feedback from the professors? Feedback and grades are two separate things. Feedback helps you realize what you got wrong and how you can improve, whereas grades simply speak to proficiency. While additional feedback from teachers should not be replaced, a percentage grade also lets you know the damage it has on your GPA.

If an essay does not come with a grade, I will think that rewriting it is optional. On the other hand, if I see that I failed it, I will be more inclined to re-work and re-submit the piece. Seeing our grades also helps us to talk with our professors. Sometimes they get things wrong, and if we cannot see what numbers they are plugging in, we

can not negotiate extra credit or ask for explanations.

While number grades are not a substitute for written feedback, they also give students a kick in the butt to push ourselves to improve. It is motivating to see, although most of the time, I prefer to ignore my GPA until internships ask for my grades. However, student-athletes do not have that luxury.

"I like seeing my grades. I would go insane if I could not see them," a student-athlete at Brown University, Elise Kreutzer '23, said. "Many student-athletes have to maintain good grades in order to continue playing for their sport, so staying on top of their performance, in and out of their sport, can be very important."

There is a benefit to withholding grades from students to improve their mental wellbeing, but for other students who rely on that extra push to do well in their classes, it is not so great. A person might ask their professor for their grade, but after a while, I am sure professors' inboxes are filled with students asking for grades after every test or essay.

You should have the ability to look at your grades so that you can monitor your performance for whatever reason. Whether you go out of your way to see the grades or not should be your own prerogative.

## Response to prior article on mandatory voting

By FRANKIE SPURBECK

**T**HIS ARTICLE is an open response to "Mandatory voting creates engaged community" by Isabel Rekow from the last issue. The author alleges that mandatory voting will increase underrepresented participation and expand access to the ballot box. I do not challenge these assertions, but I think that mandatory voting presents issues which that author did not acknowledge in the piece.

First, mandatory voting will not address the issue of a lack of political knowledge. Sure, it will likely motivate some people to research candidates and issues, but it will not motivate everyone. To be fully honest, I do not want someone voting if they do not know what they are voting on. Party labels are helpful in general elections, but in primaries, voters are asked to choose a candidate from within a party. Further, there are no party labels on propositions or referendums.

Sending an individual to the polls without any knowledge of what they are voting on just does not seem very productive. Do not get me wrong; I will defend the right of every individual to vote however they want, no matter how much or how little they know about the election. However, I would not require people who have never thought about politics to go to the ballot box and cast a vote without first addressing their lack of political knowledge.

Second, mandatory voting assumes that high turnout is the holy grail of democratic participation. It is not. High turnout does not necessarily track with a healthy democracy. Take, for instance, the 2020 presidential election in the U.S., which saw a nationwide voter turnout of about 66% of the voting-eligible population. This is significantly higher than any election since 1932, yet

2020 was not a good year for democracy. According to the Washington Post, Turkey routinely sees voter turnout in the 80% range, but is not generally regarded as a healthy democracy.

Conceptually, if people are very satisfied with their government, they do not feel the need to vote. Low voter turnout can be indicative of a government that works well and that people feel no need to change.

Third, a point of agreement: Voting should be more accessible. However, we do not need mandatory voting to make that happen. We could change the election day to Saturday. We could make "election Tuesday" a national holiday. We could, if we wanted, enfranchise felons, or stop requiring voter ID laws. None of these measures require mandatory voting, and it seems to me that increasing access to the ballot in a piecemeal fashion is more doable than trying to pass a mandatory voting law. I am not convinced that a mandatory voting law could be passed in the United States — we lack the political will.

Lastly, I take issue with the idea that forcing individuals to vote is an acceptable restriction on political liberty. It is completely true that no one has unlimited liberty. Our liberties are pretty seriously curtailed. However, historically, we try to curtail political liberties less than other freedoms.

I also take deliberate nonparticipation as a legitimate act of political speech. I would not want to restrict someone's ability to refuse to participate in the political process without compelling evidence suggesting that the goal of democracy will be significantly furthered by that restriction. At this point in the process, I am not convinced that obligating people to vote will actually improve our democracy, and as such, I am not ready to restrict the liberty to do nothing.



SOFIA REEVES/THE MOSSY LOG

# Professors develop Cascadia 9.0 video game

*New earthquake simulator game emerges out of study on disaster preparedness among young people*

By CLAIRE BAKKE

CASCADIA 9.0, an earthquake preparedness game developed by faculty and students at Lewis & Clark, was recently released to the public.

The game was developed by Associate Professor of Geological Sciences Liz Safran, Associate Professor of Psychology Erik Nilsen, Associate Professor of Computer Science Peter Drake and Associate Professor of Rhetoric and Media Studies, Bryan Sebok, alongside a large team of students.

The research team was interested in finding out what motivates people to prepare for disaster. She initially gathered the team in 2016, and their research evolved into the development of the first iteration of an earthquake preparedness pilot game and study in 2018.

“The idea is that maybe capitalizing on something that young adults like to do anyhow — play games — might be one way to raise consciousness about it and get people who have an awful lot of resources,” Nilsen said. “It would be good for everyone if young adults were involved in preparing and thinking about what to do after the (earthquake).”

After teaching a class on natural disasters Safran became interested in the Cascadia Subduction Zone and the particular earthquake risk it poses to a region vastly unprepared for such a natural disaster. The Cascadia Subduction Zone stretches from southern British Columbia to Mendocino, Calif., and has the potential to produce a magnitude 9.0 earthquake, named “The Big One.” The last earthquake of this magnitude was in 1700 and geological evidence shows earthquakes of this kind recur every 400 to 600 years.

“The more I started to wrap my head around (our seismic hazard), the more important it seemed to me to devote my attention to this,” Safran said. “It’s not a straight-up geology problem, so that’s when I started enlisting friends and colleagues in psychology, media studies and computer science.”

After receiving a four-year grant of \$559,617 from the National Science Foundation in 2019 to further their research, the team began working on what would become the Cascadia 9.0 game. The earthquake preparedness study aims to understand the behavior and reasoning of young people in order to prepare them for an earthquake and the effectiveness of interactive environments in promoting problem-solving and behavior adoption versus observational learning approaches.



COURTESY OF LEWIS & CLARK

Game protagonist Zelda must learn to survive gas leaks, aftershocks, lack of shelter and clean water while searching for their dog, Tsu, that escaped during the initial tremor.

In the game, the player, who starts as the character Zelda, searches for their dog Tsu who has escaped during the initial earthquake. In the search for Tsu, the player encounters situations they have to survive such as Gas leaks, aftershocks, poor sanitation and lack of drinking water.

Safran’s curiosity in this issue grew from an interest in emergency messaging and the way advertisements and brochures framed the issue of earthquake preparedness. Safran and Nilsen noticed that many advertisements targeted either older audiences or children themselves. Those two audiences leave out the group that might be most valuable in dealing earthquakes — young adults.

The three problems that face the player in the Cascadia 9.0 game are shelter, water and sanitation — along with avoiding injury — which are essential aspects of disaster preparedness.

“The game nicely challenges you and makes you aware that there’s some danger, and lets you see various ways of solving the problems that the player has to solve in that first game about shelter, water, sanitation and avoiding injury,” Drake said. “Each of those problems can be solved in three different ways, and

you will do each one (in) different ways (at) different levels.”

While practicing skills and problem-solving through video games might not be as effective as physically practicing the same skills, their study was effective in stimulating confidence in earthquake preparedness and information seeking.

They also worked with local emergency managers to find the most important aspects of disaster preparedness to focus on and to ensure that all solutions presented in the game were accurate to what safety experts would recommend. Emergency managers emphasized that there is not a particular item to have in a preparedness kit and that it is essential for people to cooperate with their neighbors.

“The people who are going to come to your aid are the people who are around you, and not the emergency managers or the fire department because they’re going to be managing the worst events,” Safran said.

The study also found that the Cascadia 9.0 game was successful in making people feel more competent and prepared in the short-term, and increasing interest in seeking out further resources and opportunities to prepare. Additionally, while people’s

motivation to deal with disasters decreases over time, their sense of competence in disaster preparedness and managing disaster does not.

Overall, study participants who played the video game felt better prepared and more confident in dealing with a potential earthquake than those who did not. Many of the skills are applicable to a wide variety of disasters as well, as they emphasize good sanitation practices, water purification methods and other safe practices.

The team plans to continue this research through the development of a few additional minigames to answer additional specific research questions over the next year and a half. They also hope to eventually create a real game that both addresses the research question and is fun to play.

The game, playable online at [cascadia9game.org](http://cascadia9game.org), is made with the game engine Unity and was written, planned, designed and coded by the four faculty members and a total of 55 students over the past three years. Some students involved in the study through the John S. Rogers Science Program during summers. Drake’s software development class has also been also involved in game design in the Cascadia 9.0 project group.

“The design was often a collaborative thing with all four of us faculty members and students,” Drake said. “Both the students who were computer science-types who would be involved in writing the game and the psychology students who were more involved in the experiments and analyzing the data that comes out of the experiments and having people play the games (were involved).”

There is a pressing need for student involvement and support in this project. Students with programming experience in Unity looking to further their skills in game development, running focus groups, collecting data and modeling in Blender are all integral to continuing the study’s research. Students interested in getting involved can reach out to Safran by email at [safra@lclark.edu](mailto:safra@lclark.edu).

Those who would like further resources for earthquake and disaster preparedness can visit the website of the Portland Bureau of Emergency Management at [portland.gov/pbem](http://portland.gov/pbem). The website has resources to find the nearest emergency information centers after earthquakes, find community meetings to join and participate in Neighborhood Emergency Team training.

# Secret Roller Disco hosts weekly pop-up skating parties

*Portlanders of all ages show up to regular community event organized by local Francesca Berrini*

By SUMMER BINDER

LAST THURSDAY NIGHT, an elementary school playground in Northeast Portland’s Boise neighborhood turned into a roller skating palooza. In the corner of the basketball court local DJ Gregory T. Skaters, dressed in an ’80s tracksuit and glitter played a live set. Everyone spun in circles around the schoolyard in bliss.

Here, anyone can take part in one of the city’s most majestic secrets — the Portland Secret Roller Disco.

The humble beginnings of the roller disco started during the COVID-19 pandemic. Francesca Berrini and fellow Portlanders collaborated for roller skating amid the George Floyd protests in June 2020. Most of Berrini’s friends at this time were mothers stuck at home who wanted to leave the house.

“We started at the top of a parking garage downtown, near the Justice Center,” Berrini said. “We would skate down the parking garage and take an elevator back up. Eventually, there started to be a few too many people, and the security guards said, ‘You can’t be throwing a party every week.’”

Despite getting widespread attention from the Portland community, Berrini



SUMMER BINDER/THE MOSSY LOG

From parking lots to playgrounds, the Secret Roller Disco hosts community roller skating parties for Portlanders of all ages.

initially intended for the disco to be kept secret. For this reason, Berrini christened her new group the “Secret Roller Disco.”

“As more people started getting vaccinated, more people started coming out,” Berrini said. “People we did not

know would know where we would be. They would hear the music and be excited to see what was happening. It started to

grow a little bit, and finally, we decided to have social media to tell people the guidelines.”

Fellow skater Itzel Reyes started regularly attending the disco this year when her friend Katie invited her last April. Reyes and her friends enjoy playing roller hockey at the disco. Originally from Mexico City, Reyes finds solace in the U.S. with the help of the Portland roller skating community.

“It is difficult to find your family again in a new country. Skating and Secret Roller Disco have been a big part for me in that aspect,” Reyes said. “I have found really great people and have connected with them on a deep level.”

No roller disco night is the same. Locations vary, including a closed-down artistic space in Jaja PDX to a closed-down Marshall’s in Lloyd Center. The Secret Roller Disco is the perfect way for Lewis & Clark students to engage with the Portland community. Everything is free except for merchandise.

Rain or shine, the Secret Roller Disco is held every Thursday, and occasionally Saturdays, from 7 to 9 p.m. Updates on location, theme and rental skate availability are posted on their Instagram @secretrollerdisco every week.

## Amtrak trains provide way for students to travel home

By DANIEL NESHYBA-ROWE & MAX ALLEN

THE HOLIDAY season is upon us, and besides decorative lights, food and family, this means travel. Many Lewis and Clark students from across the country (and beyond in some cases) traveled home this past Thanksgiving break, and will make the trek again in two weeks for winter break. For most, this may mean a flight, while Oregonians will largely be driving home. As for Washingtonians like us, we have a few choices.

The first, of course, is driving. Driving to Seattle takes about three hours without traffic and requires that you have a car, or that someone from Washington picks you up — in most cases, this means a six-hour driving day for them. Driving to Seattle costs about \$30 in gas, depending on the fuel efficiency of your car and where you buy gas. The obvious advantage to driving is the flexibility it lends — it is no problem to leave whenever you want, make whatever stops you please and bring as much baggage as your heart desires.

But what about those of us who do not have cars? Well, planes save Washingtonians neither time nor money, and are the most environmentally impactful mode of transit — almost never the best option.

Amtrak passenger trains, meanwhile, provide a comfortable, affordable and less stressful mode of egress from Portland. In fact, we are presently composing this article as we sit in the padded and patterned coach seats of a northbound train. As is common for the holidays, the train is completely sold out, and while the train car is quite full, it does not feel overcrowded.

The legroom is respectable and the aisle is wide enough to get up and stretch every now and then. Wall outlets also provide a luxury, allowing you to play games on any device without fear of them running out of battery. There is nothing that quite encapsulates the train experience like playing chess on your laptop with a friend (or brand-new friend) sitting next to you.

This trip, we are riding on the Amtrak Cascades. If you happen

to get a seat on the Coast Starlight, though, you will have access to a two-story observation carriage with tall windows, spacious seats and great views. Regardless of which train you are on, they all have a snack carriage where you can sit and eat at a table mid-trip.

Furthermore, trains can be the cheapest option if you play your cards right. If you buy tickets early, they can be as cheap as \$22 one way (as they were for us). In most cases, this beats cars, and you can bet that it beats planes as well. However, if you delay, ticket prices can spike up to \$50. It is best to buy tickets a couple of weeks in advance if you want to travel on a budget. Regardless, tickets are always refundable in the case of an unforeseen event on Amtrak's part. And for an \$8 fee, you can protect your ride to be able to exchange your ticket and get your money back if you decide to change your plans. Personally, we tend to travel without the added insurance, as the situations where it is needed are uncommon, but the option is there if that makes you more comfortable.

Taking the train is a fairly straightforward process and should not be intimidating: Just buy a ticket at Amtrak.com. Perhaps the most difficult part is getting to the train station. If you have a friend with a car who is willing

to drive you, that is great; if not, you still have several options. You could take a Lyft — like we decided to do this time — or save some money and get a little exercise: From campus, take the Pioneer Express, and then walk to the station. The walk from the Pio stop at Portland State University is a pleasant mile and a half stroll along 6th Ave.

We went straight through downtown with no turns, enjoyed looking at the city lit up for the holidays in the dark of the evening and finally arrived at the station with an hour to spare (we recommend you give yourself at least a 30-minute buffer to make sure you do not miss your train). If you prefer not to walk from PSU, you can take the Portland Streetcar or MAX line from 10th and Clay to 9th and Lovejoy. We arrived at the station, and a few chess games later, the train arrived, at which point we joined the long queue of people waiting for the conductors to scan their tickets and were guided onto the train. Along the way, we saw some familiar faces of LC students. Sometimes taking the train to Washington can be a real party.

No matter how you elect to get home, we wish you safe travels and a happy holiday season. Maybe, just maybe, we will see you on the Amtrak.



SOPIA REEVES/THE MOSSY LOG

## The Mossy Log editors share holiday recipes



EMMA FORD/THE MOSSY LOG

### Frosted Christmas Cookies

8 oz unsalted butter  
8 oz unsalted margarine  
1 1/2 cups of sugar  
3 eggs  
(optional) 1 teaspoon almond extract  
1 1/2 teaspoon vanilla extract  
3 1/2 cups flour  
1 cup almond meal  
1 teaspoon baking soda  
1/2 teaspoon salt

- 1) Beat together until light and fluffy butter margarine sugar
- 2) Once blended, mix in eggs one at a time
- 3) Add in vanilla extract and if desired, almond extract
- 4) Blend in a separate bowl, then sift in flour, almond meal, baking soda and salt.
- 5) Chill, wrapped in plastic or parchment paper, for at least 2 hours
- 6) Roll out on a floured board to 1/8 - 1/4 inch thick.
- 7) Cut out and then bake at 350 degrees for 8-10 minutes.

### Icing

4 tablespoons meringue powder mixed with four tablespoons warm water  
1 teaspoon vanilla  
16 ounces powdered sugar

- 1) Mix meringue powder and water, vanilla and powdered sugar with a hand or stand mixer until combined.
- 2) Mix in as much milk of your choice to achieve your desired consistency.

### Chocolate Cranberry Gift Cookies

2 1/2 cups flour  
1 cup sugar  
1 teaspoon baking powder  
1 teaspoon salt  
3/4 cup dried cranberries  
3/4 cup mini chocolate chips  
1 teaspoon vanilla  
2 eggs  
3/4 cup vegetable oil  
Extra sugar (about 1/2 cup)

- 1) Preheat oven to 375 degrees.
- 2) Mix all dry ingredients in a bowl, including cranberries and chocolate chips. These can be stored in a jar with the remaining required ingredients written on for a gift, or can be made by you!
- 3) Add vanilla, eggs and oil to the dry mix and mix until fully combined. Dough will be crumbly.
- 4) Add extra sugar to a small, shallow bowl. Shape dough into 1 1/2 inch balls and roll in sugar until completely covered.
- 5) Bake on an ungreased baking sheet for 10 minutes, until the bottoms have browned. Allow to cool on the baking sheet before serving.

### Glazed Orange Cake

8 tablespoons of unsalted butter  
Zest of 2 oranges  
Juice of 2 oranges  
2 cups of self-rising flour  
1 teaspoon of baking powder  
1 cup granulated sugar  
1 cup powdered sugar

- 1) Preheat your oven to 325
- 2) Butter a 8-inch cake pan, then line the bottom with parchment paper
- 3) Melt 8 tablespoons unsalted butter and set aside to cool
- 4) Zest and juice, 2 oranges
- 5) Sift together self-rising flour and baking powder
- 6) Mix together eggs, melted, cooled butter, granulated sugar, powdered sugar, and the juice and zest of one orange
- 7) Mix until just combined the dry and wet ingredients
- 8) Pour into your cake pan and bake for 12-16 minutes until a tester comes out clean

### For the glaze

- 1) Mix 1 cup powdered sugar with the zest and juice of 1 orange until blended
- 2) Poke holes in your cooled cake, then pour the glaze over slowly so it absorbs

### Reese Family Biscotti

3 eggs  
1 cup vegetable oil  
1 cup sugar  
3 1/2 cups flour  
1 teas. Baking powder  
1 teas. Salt  
1 bag of chocolate chips  
8 oz. of toffee bits

- 1) Beat eggs, oil, sugar and vanilla until light in color.
- 2) Mix in flour, baking powder, salt, chocolate chips and toffee bits.
- 3) Refrigerate for 2 hours.
- 4) Heat oven to 350°.
- 5) Divide dough into 4 8x3 inch logs on ungreased sheet.
- 6) Bake until brown (25 minutes)
- 7) Reduce oven temperature to 300°.
- 8) Cut logs — perpendicularly into inch long slices.
- 9) Bake for 20 more minutes.

### Holiday berry compote recipe

3 cups of fresh or frozen berries (blackberries or blueberries recommended)  
1/4 cup granulated sugar  
1/2 tablespoon cornstarch  
2 teaspoons lemon juice  
lemon zest

- 1) In a small pot heat berries over medium flame until they become soft and begin to fall apart.
- 2) Add sugar and stir until incorporated.
- 3) Turn off heat and add cornstarch, lemon juice and zest. Mix until combined.

## La candidata demócrata Tina Kotek triunfó la gubernatura de Oregón

By NICOLAS VELASQUEZ-SUAZO

EN EL MARTES 8 de noviembre, Tina Kotek fue elegida de la próxima gobernadora de Oregón.

Kotek, una demócrata, venció a la republicana Christine Drazan y la ex-demócrata e independiente Betsy Johnson. Johnson capturó casi nueve por ciento del voto de la centroizquierda, mejorando la posición de Drazan. La elección de Kotek representa la continuación del dominio del partido demócrata en Oregón. El deseo de un gobierno más progresivo y Kotek será la primera gobernadora lesbiana, con Maura Healey de Massachusetts.

Kotek implementará legislación progresiva para combatir los problemas más urgentes como los incendios forestales donde busca expandir el cuerpo de bomberos, en números e influencia, por todo Oregón. En el sector de energía, Kotek quiere convertir Oregón en un estado que usa electricidad 100 por ciento limpia. En el largo plazo, invertirá en energía renovable como viento y solar, prohibirá el uso de carbón hasta cero en 2030. Kotek promoverá el uso de transporte público y vehículos sin emisiones y protegerá la legislación que actualmente prohíbe la extracción de petróleo de la costa.

Para combatir la alta tasa de personas sin hogar en Oregón, Kotek aumentará el gasto público en servicios y eliminará las restricciones. En los primeros diez días, Kotek abordará la escasez de viviendas

bajando las restricciones de construcción en áreas urbanas, rurales, y suburbanas. Además, Kotek aumentará la fuerza laboral de construcción y fomentará la innovación en la construcción de viviendas. Para identificar las personas que necesitan ayuda inmediata, Kotek creará un equipo de emergencia para las necesidades de veteranos, ancianos y menores de edad entre los primeros 30 días.

Además, para promover la diversidad en sus políticas, Kotek expandirá las oportunidades de propiedad de vivienda para la comunidad Negra, Indígena, y de Color. El objetivo de todas estas políticas es asegurar que todas las personas de Oregón tengan una vivienda o refugio

con un proceso equitativo lo más pronto posible.

Kotek también seguirá la plataforma demócrata en temas sociales. Kotek quiere proteger el acceso al aborto para todas las personas que estén en el estado. Gastará más dinero en la educación primaria y secundaria para mejorar la tasa de graduación. Ella promoverá más diversidad en la fuerza laboral y el gobierno, e invertirá en las habilidades de la parte de la fuerza laboral más marginada.

Las políticas de Tina Kotek son de las más progresivas en Los Estados Unidos y el caso de Oregón demostrará la capacidad de esas políticas para mejorar la vida del pueblo.



SOPIA REEVES/THE MOSSY LOG

## Mossy Music

editorial  
recommendations



### "You and Me on the Rock"

By Brandi Carlile

Every time this song comes up on shuffle, I play it again several times. In this version, Brandi Carlile sings with her wife, Catherine Carlile, and I love the way their voices blend. When I hear this song, I sing it in my mind to my kids, and it gets me feeling big feels every time.

- Molly Robinson,

The Mossy Log Faculty Advisor



### "Evelyn"

By Gregory Alan Isakov

The melancholy acoustic guitar gives the perfect background for Isakov to sing a story of a woman working a dead end job at a gas station, watching life from the outside but never quite knowing how to relate or join in.

- Paige Anderson, News Editor

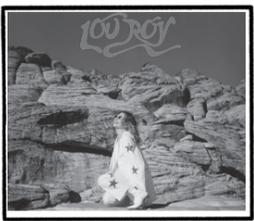


### "Dance in the Water"

By Danny Brown

Brown makes experimental hip hop that may as well induce manic psychosis. "Dance in the Water" is a perfect example of his terrifying and exhilarating blend of samples, disturbing lyrics and themes of living on the edge of self-destruction. I cannot recommend the experience of listening to his music enough.

- Mo App-Singer,  
Arts Editor



### "Uppercut"

by Lou Roy

This was my song of the summer but it's so good that it could be your song of the winter. It reminds us that it's the little moments, like waking up with your dog, that are sometimes the most special, and that we are all going to end up as stardust anyway.

- Adelaide Kaiser,  
Social Media Manager

# Accompanist Paul Evansmith talks music, dance, value of improvisation

By VENUS EDLIN

PAUL EVANSMITH has been accompanying dance classes at Lewis & Clark for over 10 years.

Evansmith, who studied at California State University Long Beach (CSULB) and Arizona State University (ASU), has been playing music since he was four. When it comes to what music means to him and why it is such a big part of his life, he asked, "How much time do we have?"

"Music early on in my life was a friend that wouldn't treat me like crap," Evansmith said. "So that is to say that I was an utter and complete loner growing up in school, so much so that children would take the time to walk across the football field just to pick on me and throw stuff at me. I was that kid, that anybody older and younger would make fun of, and pick on. So when I came home, I would just be able to play."

Dancing has been in his life since he began taking dance classes his freshman year of high school, before eventually exploring the professional dance world. However, it was not until he took a dance class at ASU that he realized being a dance accompanist was a possibility for him. When the accompanist for one of his classes did not show up, Evansmith offered to play since he had extensive music experience.

Evansmith explained that playing improvisationally in this manner came naturally to him. It was not until near the end of class that this chance encounter grew into an opportunity.

"The boss comes in, the person who is in charge of all the accompanists comes running in because he was notified late," Evansmith said. "He's watching me play for the dance class. He's like, 'Do you want a job?' Immediately, he's like, 'I'll give you a job right now starting tomorrow.'"



COURTESY OF PAUL EVANSMITH

Dance Accompanist Paul Evansmith makes music with a piano and synthesizer.

He has not stopped being an accompanist since. Though it may sound unusual to fall into opportunities like this, Evansmith said it is a common thread for his career. For him, this pattern embodies how fundamental improvisation has been in his life as a whole. When he was diagnosed with ADHD two years ago at 50-years-old, this quality of his life became more evidently linked with his brain function.

"It is completely and utterly intuitive to me, and natural to, to be given random and unforeseen circumstances, because that's how I live my entire life," Evansmith said. "And so being able to be confronted with that, I have no idea what's going to happen in dance class from moment to moment, and that's

totally fine. That's how I live my life, so music is immediately accessible for that."

Another opportunity that occurred by happenstance in Evansmith's career was performing for President Bill Clinton. The CSULB saxophone ensemble that he was a part of was invited to give a private performance to Clinton. This same ensemble eventually performed at the 10th World Saxophone Congress in Pesaro, Italy in 1992.

Evansmith also recalled his experiences working with a playback theater ensemble that worked with incarcerated youth. Years later, a standout moment as a result of that experience was when he was unpacking his gear for a gig in Arizona. Two people tried to intimidate him, but a third intercepted.

"I was just like, 'Do I know you?' He was like, 'Oh yeah man, you used to come and teach us drums at the prison,'" Evansmith said. "He started to talk about how that changed him. I remember the conversations with him from prison because he was begging us – like we had anything to do with it – because he was going to get released soon, to not be sent back to his parents and back to his (community) because there's no way out."

Though the man from the program was sent back to his home where he was unable to escape the gang he was part of, Evansmith said this was an example of how he utilized his influence as part of the gang for the better. Recalling this interaction, Evansmith began to choke up.

These examples illustrate just how large of a role improv has in Evansmith's life, and how he hopes to continue living in this way.

"I can easily say one of the most important things in life is the improvisation of that process," Evansmith said. "Actually with Eric, I'm hoping to start essentially, eventually, a nonprofit organization devoted specifically to the sort of education about the improvisational thought process. It's not like I need to educate people how to improvise, because people already do. It's just so many people don't realize they do that, so it's more like awareness of improvisational thought process."

Despite the many accomplishments of his career, as a single father still going through a divorce Evansmith said the thing he is most proud of does not relate to his career.

"The thing that I'm the most proud of, or the most happy to be a part of, the biggest thing in my life – that is my daughter," Evansmith said. "That's it. I mean, nothing else even can kind of seem to break through that."

# Jane Wong explores themes of love, family, fear, food as part of Fall '22 Reading Series

By J FRANK

AS PART OF the Fall '22 Reading Series organized by the English department, poet Jane Wong spoke at Frank Manor House on Nov. 8. She read poems from her newest book, "How to Not Be Afraid of Everything," interspersed with unscripted talk about their meaning and her process.

"How to Not Be Afraid of Everything" speaks on Wong's ancestors, Chinese-American heritage and upbringing in a restaurant on the Jersey Shore. It is overarchingly a response to finding out about her ancestors' deaths during the Great Leap Forward – a movement by the Chinese Communist Party that led to mass starvation in an attempt to promote economic growth.

Despite her heritage, she didn't learn about the Great Leap until college, when a professor offhandedly mentioned the initiative and its death toll during a lecture. She thought back to her grandpa talking about his family members "disappearing," and suddenly realized that this truth had been covered up and kept from her. Thus she began the long journey of grappling with the erasure of her family history, which she finally, more than 10 years after that lecture, feels ready to share in this book.

Her poems are raw, visceral and deeply personal. The book opens with anger and fear, which she describes as a kind of catharsis, an expression of feelings she has been taught to repress. She goes on to develop themes of healing and reconnecting with her ancestors, as she seeks to

honor them through her life and art.

Food is a prominent theme in Wong's writing: Growing up in a restaurant, she was surrounded by food – a life of indulgence in stark contrast with her ancestors who lacked the basic sustenance for survival. Her deep connection with and appreciation of food as a nourishment of life, culture and spirituality runs through her writing.

The last poem in the book, "After Preparing the Altar, the Ghosts Feast Feverishly," Jane describes as "co-written with my ghosts." She described to the audience having an out-of-the-blue vision of her ancestors imploring her to write down their message. Believing that this was her ancestors' way of speaking through her, she published the poem exactly as it appeared to her, having edited nothing but the form. Receiving a response from her ancestors, she said, felt like a culmination of her work over the years to understand and connect with her past. It was after this experience that the idea for "How to Not Be Afraid of Everything" was born.

She acknowledged that the book will be marketed as an "immigrant baby" narrative, a category that has become popular in the publishing industry. However, she wanted the book to present a complete narrative of all aspects of her identity and journey, not just those that fit into a marketable and digestible story.

Her first literary agent told her to cut all the poems about her romantic relationships and leave only the ones about her Chinese heritage. She made the decision to fire him and keep the poems rather than sacrifice her authenticity. She said she does not want to



COURTESY OF JANE WONG

Jane Wong, author of "How to Not Be Afraid of Everything," poses holding a bouquet.

be reduced to her heritage, or seen as just a success story. Rather, she wanted the book to represent herself as a whole, including the long, fraught process of getting to where she is today, including "messy breakups and terrible ex-boyfriends."

Since the COVID-19 pandemic, Wong has been experimenting with novel ways to present her work. She recently exhibited one of her poems in an art installation, where she glued the words in circles inside metal bowls and lit the room "intestinal pink." She has also been exploring how to incorporate food, such as baking poems into dumplings and literally eating her words.

Wong also read an excerpt from her memoir, "Meet Me Tonight in Atlantic City," which comes out in May 2023. This will be her first published work of prose, though her visceral sensory lyricism still runs through it, lending it an enchanting

flow of hyper-reality and painfully honest emotion mixed with charming, dry wit.

She invited questions from attendees, one of whom asked how she avoids "being cheesy" when covering topics around which so many recognizable clichés have formed, such as race. Wong responded that she just wants to be authentic, and aims to be as emotionally true as possible to communicate her experience, even if that means using clichés.

"How to Not Be Afraid of Everything" does not give you any advice unfortunately about how to get rid of your fears. In fact, there's a lot of fear and anger in this book," Wong said. "But that said, I think writing these poems by the end of the book I did come to some sort of realization that I think my ghosts and my ancestors, they have my back. There is this sense of I am comforted by the generations that have come before me."

# Popular boyband Brockhampton says farewell

Supergroup's two final albums "TM," "The Family" mark end of band's successful 12-year run, fans reflect

By NADAV BEN DAVID

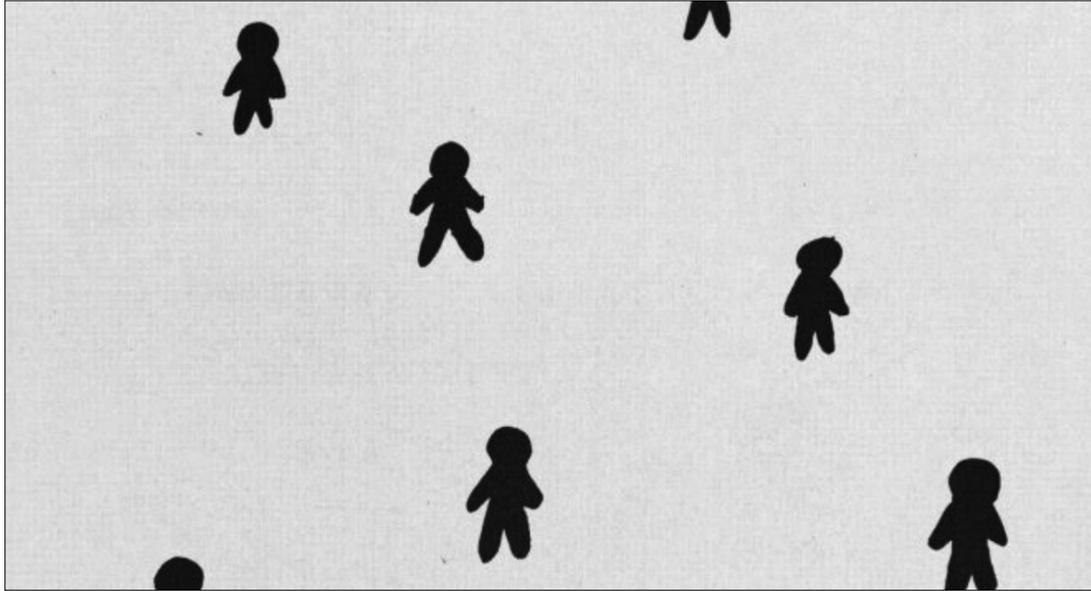
THE TWO final Brockhampton albums will likely be their least commercially successful. These albums will probably get the least amount of radio play, and the band will never tour nor perform them. However, they might be the most valuable albums to fans.

Brockhampton is a self-entitled 'boy band' from Texas. Since its formation in 2010, it has made great impacts on culture and music. While all-men rap groups are nothing new, Brockhampton represented a modern take on the concept. Having a queer frontman and breaking away from traditional rap with its collaborative production style and diverse vocalists, Brockhampton has differentiated from other rap groups.

Members of the band began to tease a final album after the announcement of their disbandment in January. Some members, though mainly Kevin Abstract, have been promoting the final album titled "The Family" which was set to release on Nov. 17. However, fans were slightly suspicious when two singles were released without the band's signature all-caps spelling and only featured Kevin Abstract as a vocalist.

To some people's surprise, the album was written and performed by only Kevin Abstract and featured personal, intimate lyrics of his experiences and feelings. However, the real surprise came hours later when a promotional photo was released for "The Family" with small text on the bottom corner reading "surprise album (TM) midnight local." This second album released within hours of "The Family" was stylized in the classic all-caps spelling. "TM" featured all the members with classic Brockhampton sound and chemistry fans know and love.

The group's downfall can be traced to allegations of sexual misconduct



COURTESY OF SPOTIFY

and other crimes by member Ameer Vann. The group reacted by kicking Vann from the group and canceling their upcoming album 'puppy.' Over the next few years, the group began its descent from the mainstream, culminating in its disbandment. Tensions between members and fans began to rise due to the relationships the members have with Vann, along with creative differences and solo career ambitions.

The new albums answer many questions fans have about what is happening internally in the band and whether they will move forward. The lyrics for "The Family" read like letters straight to the fans, perhaps a confession. Kevin Abstract shares the most intimate aspects of what Brockhampton has done to his life and where the band stands now:

#### "Gold Teeth"

"Do we see each other? Hardly  
Shit we made together? Godly"

Kevin shares his faults and the consequences of it all. Fans hear his contributions to the end of the band and his regret about being too focused on himself and his career — for prioritizing the product of his art over the intimacy of his friendships:

#### "Good time"

"It be so fucked up, I am doin' Zoom calls  
Talkin' with niggas about personal shit  
I'm like, "Yo, make sure we filmin' this  
Keep the camera rollin'"  
That's a toxic relationship  
That's what our friendship turned into  
I turn everything into art"

He shares times he lets his anger get the best of him and the relationships that will never be the same as a consequence:

#### "Brockhampton"

"Me and Jabari had a fight that  
changed our relationship"

When you yelling at your brothers, it  
gets dangerous  
I don't think our love's ever been the  
same since"

In these lyrics, Kevin is longing for the safety of the past and the early days of the band, and most importantly his relationships and friendships. This highlights that the album is full of love for the band and its members.

#### "37th"

"I know it hurts but this is my favorite  
way (Yeah)  
I know it's hard, but please, just hear  
what I say  
If I could fly through a California  
night  
I'd end up back on 37th street"

These lyrics make me emotional since they allude to the Brockhampton Factory, a house on 37th Street in LA

where they recorded their iconic album "Saturation" and all of its music videos.

"The Family" served multiple purposes. First, it seems that the band only had enough music to release a single album even though they were contractually obligated by RCA records to produce two more. Fans speculate that Kevin Abstract produced this album in order to save the last music made collectively for a final album. Second, due to the dramatic and controversial fall of Brockhampton, fans had many questions left over. Rather than address them in public statements, Kevin Abstract lets his music speak for him. This allowed "TM" to focus on the music, not the drama.

If the second album was released without addressing anything, fans would be really unsatisfied. This way Kevin appeased and communicated with his fans for one last time, in order to bring the privilege of one final classic Brockhampton album.

Childhood friendship and a humble beginning make the fall of the band all the more emotional. Kevin Abstract, the band, and fans are losing the pure and wholesome elements that have brought much joy. These albums can be interpreted as a moment of grieving, but also a celebration of their accomplishments.

The story of Brockhampton is a fascinating one with mistakes and lessons we can learn from. Overall, Brockhampton has had an undeniable impact on music and culture that will be felt for years to come. I am grateful to have witnessed the final hurrah of it all.

As Kevin Abstract said at the end of his album, in the final song, titled, simply "Brockhampton":

"The next chapter is everything that  
we said it would be  
This next chapter is everything that  
we want it to be  
The show's over, get out your seats"

# "Sweatshop Overlord" premieres in Portland

Kristina Wong's one woman show explores COVID-19 pandemic, racism, poverty to varying effect

By LEO  
BERNSTEIN NEWMAN

LA-BASED COMEDIAN Kristina Wong staged the Pacific Northwest premier of her newest one-woman show "Sweatshop Overlord" at Portland Center Stage in The Armory on Nov. 5. Two installations by local artists also made their debut in The Armory's lower levels in conjunction with Wong's Portland residency, which will run until Dec. 18.

"Sweatshop Overlord," Wong's third full-length theater piece, calls back to her life at the onset of the COVID-19 pandemic during which Wong organized a steadily expanding network of volunteer seamstresses to sew and distribute masks via Facebook. As the show progresses through the early lockdowns, Wong's network of volunteer seamstresses dubbed 'Aunt Sewing Squad,' and humorously shortened to A.S.S., becomes more and more of a support system for its members who are predominantly, like Wong herself, Asian American women

Wong's performance was staged in the Ellen Bye Studio, a black box theater located on the bottom floor of The Armory. Guests wandered down two stories of revolving staircases from the theatre's ground floor lobby. Some paused on the first lower level, a circular room with exposed concrete walls, to investigate an exhibit of handcrafted face masks born out of a series of online workshops during the first year of lockdown centering on anti-racism called #MaskOutHate. Some were posted between glass panes against the room's back wall while some, like textile artist Mohammed Murshed's vibrant mandala mask, hung between glass in the center of the room.

The bottom level, which serves as a lobby for the black box, hosted an exhibit by Portland-based artist Wendi YuLing called "No New Normal." One piece strung between painted hands was a patchwork of blue disposable masks, each with a note in black marker that answered the question "what rituals of care did you develop because of the pandemic?" Other marked disposable masks were primed in the middle and strung around the concrete wall.

Most guests failed to notice the massive quilt suspended against a corner wall as they filtered into the black box. During the show's final act they learned that the Aunt Sewing Squad presented the quilt to Wong at their culminating picnic in the Bay Area in 2021.

The black box's stage area is a small, floor-lit platform surrounded by seating on three sides. A larger than life roll of thread and classic tomato pin cushion serve as a table and chair at front stage right. Six foot long rolls of technicolor fabric and pastel USPS shipping boxes flank stage left. At center stage rests a small red Hello Kitty sewing machine on a short green and blue table surrounded by open shipping boxes and loose fabric. A small trophy holding a coronavirus particle over its head pokes out of a sky blue box.

With the house lights still on, Wong quietly emerges and sits down at her sewing machine. The packed room does not seem to notice. She pantomimes the production of a mask while the audience continues to chat amongst themselves.

The lights dim and extinguish the hum of the audience. Wong gets up from her sewing machine and welcomes the crowd with a land acknowledgment and a trigger warning.

"This show takes place in the pandemic," Wong says. "I know. I know! Now you get to find out if watching live theater about the pandemic, during a pandemic, is your thing. And because it's set in the pandemic, there are mentions of death, illness, poverty, mental health stressors, racism, trauma ... the last U.S. president."

Wong takes the audience back through 2020 in a tightly choreographed multimedia experience rich with costume changes, such as her neon guerrilla get-up complete with a bandoleer of thread reels wrapped around her torso.

As A.S.S. collects more and more mask-making Aunties, Wong remolds herself from out-of-work actor and comedian to intrepid leader and organizer— with a roar both triumphant and self-satirizing, she declares herself the 'Sweatshop Overlord.'

At one point in the second act Wong steps onto her pin cushion seat as she delivers a 'message to George Floyd.' The jovial tone that characterized the show thus far darts into a somber earnestness unique to millennial culture. Wong personally apologizes to Floyd for his wrongful death at the hands of police violence— and that she cannot join the protests in his memory in her Los Angeles neighborhood of Koreatown for fear that any harm that might come to her could jeopardize A.S.S. and its mask making mission.

Perhaps this scene played better in its New York and Los Angeles previews. It certainly fell flat in the downtown Portland theater, which stands less than a mile from the Multnomah County Justice Center, the epicenter of local protests against police brutality in the Summer of 2020. Portland protests after George Floyd's death made national headlines for high and prolonged turnout and excessive



COURTESY OF KRISTINA WONG

Kristina Wong poses armed with a pin cushion, measuring tape, needle and thread.

crowd control measures employed by the Portland Police Bureau and federal agents.

All in all, Wong presents an intricate and high-energy personal memoir in the 90 minute performance. She weaves together the past and present of the Asian American experience through the backdrop of the first

year of the Pandemic as she employs knowledge handed down from her foremothers to "out-sew the Virus" in the face of anti-Asian prejudice.

"Sweatshop Overlord" will run at Portland Center Stage until December 18. After a brief hiatus, Wong will bring the show to Center Theatre Group in Los Angeles in February 2023.

# World Cup injustices incite protests from fans, players



SOFIA REEVES/THE MOSSY LOG

By ASHLYN LITTLE

NOV. 21 MARKED the beginning of the most-viewed sporting event: The World Cup. This soccer event occurs every four years, with France taking home the trophy in 2018 and Germany in 2014. The World Cup is typically a time of unity among the global community, where countries come together to support their respective

teams and watch the great game of soccer (fútbol).

This World Cup is notable for several reasons, the first being that social issues have become involved in the game itself. Soccer is an important and unifying sport that has become more than just a game, as a result many important world issues have become intertwined with the sport. In this year's World Cup, there have already been examples of this. From players showing

their frustration at being banned from wearing "one love" armbands in support of the LGBTQ+ community to Iranian protests regarding their countries lack of women's rights, the global platform has been used to spread awareness of many issues.

England, Wales, Germany, Belgium, Netherlands, Switzerland and Denmark were all prevented from wearing the bands in support of the LGBTQ+ community.

Fans along with players have protested the severe human rights violations taking place in Iran. One woman was seen holding a sign with the name "Mahsa Amini," a Kurdish woman who was killed by the Morality Police for wearing a hijab improperly. Later, this protester was escorted out of the game. However, the Qatari government has received backlash from the Iranian team who kept silent during their country's national anthem in solidarity with Amini and the protesters.

However, this year's games are also set in Qatar, which has committed human rights violations of its own. Qatar had promised the Federation Internationale de Football Association, otherwise known as FIFA, that they would be tolerant of the beliefs and morals of the organization, but the country does not seem to be making many allowances. Qatar has banned many teams from wearing their rainbow armbands and have kicked out many fans for wearing anything rainbow related. This has caused even more protests, with one instance being the German team covering their mouths for a photograph in reference to being silenced.

Another topic that has sparked a lot of controversy regarding the host country and its conduct was the construction of the new stadiums. Qatar has reported that between 400 and 500 workers died during the construction. However, The Guardian places that figure at 6,500. In addition, Qatar outsourced this labor to South-East Asian agencies. A contract with a Filipino agency was initially set at \$400 per month, but upon the workforce's arrival was reduced to \$250. This comes amid other allegations of unsuitable living conditions, unpaid wages and forced labor from Human Rights Watch.

This year's World Cup will continue to remain the most watched sporting event from a global perspective. In light of the social issues surrounding the tournament as well as competition between some of the greatest players, this year's competition involves plenty of intrigue for fans to rally around.

# Football celebrates best season in eleven years



COURTESY OF LEWIS & CLARK ATHLETICS

The Pios pose with Wagon Wheel trophy after beating Willamette on Parents Weekend.



COURTESY OF LEWIS & CLARK ATHLETICS

Defense stops Pacific University wearing pink for Breast Cancer Awareness Month.

By NOAH REESE-CLAUSON

THE LEWIS & Clark football team finished their season with five wins and five losses, their best record in 11 years. Since 31 of 77 players are freshmen they are on track to improve in the following seasons. Additionally, this is the first season Joseph Bushman is head coach.

"I was really, really proud of the boys," Bushman said. "We still felt like we let a couple games get away from us that we could have won."

Defensive back Auzzie Ankaï '22 was pleased with the result of the season, but is hoping to have a better one during his tenure.

"While we were successful compared to past years, as a collective we are not at all satisfied, and that shows a difference in our season as well," Ankaï said.

Mark Pietrok, director of physical education and athletics, established that this success came with a young group.

"This was one of the best years recruiting wise for the football program from a numbers standpoint in many years," Pietrok said.

In addition to the impressive season, the team once again won the Wagon Wheel trophy for the fifth year in a row. The "Wagon Wheel Game" is an annual tradition where LC competes against Willamette for a large wooden wagon wheel that is displayed by the previous year's victor until the next game.

"I'm a really big believer in hard work, I just don't think there's any substitute for it," Bushman said. "We really committed to our offseason program — our weightlifting in the spring and our practices in the spring."

The team's mantra, "Pound the Rock," which is abbreviated to "PTR" on player's t-shirts, is indicative of this philosophy. The motto comes from a story about a stonecutter who pounds a rock over and over without a hint of progress and despite growing frustrated, keeps pounding. Eventually, after a couple hundred blows the rock finally breaks and the stonecutter

knows the combination of all the blows split the rock, not just the last one.

"We didn't break it yet," Bushman said. "To me breaking it would be competing or winning (a) elite championship, which we hope to do here the next few years."

Bushman's philosophy is not solely based on hard work though, he also emphasizes rest and team bonding.

"Football is hard enough," Bushman said. "You've got to do the hard work, but you also have to mix in a healthy balance of fun. That's something we do, a lot of team bonding activities, because we want them to become close; you're a better team if you have really good team chemistry."

Last spring the leadership council organized basketball and volleyball tournaments for players and they all went to see last semester's mainstage "Medea" together. For their awards ceremony on Nov. 20, Bushman opted to host a pizza party instead of just listening to him speak.

Ankaï felt the effects of Bushman's team building efforts and saw the correlation on the field.

"Our community was tighter than it's been before and it showed in practice, the weight room and especially in games," Ankaï said.

Many of the rosters at LC have 120-140 players, but Bushman is adamant about keeping his relatively small and only growing it to around 85-90 players.

"I'd like to think of myself as kind of a player's coach," Bushman said "I think the kids know that I have their back and have their best interests at heart. I wouldn't want that many because I couldn't get as tight with the kids."

Pietrok's hopes for the team (as for all sports) are twofold.

"My hope is for steady improvement both on the field and in the classroom," Pietrok said.

The football team is hungry for continued success and looks to improve next season through offseason work and continued recruiting.

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# Sports Medicine office emphasizes prevention

## Athletic training facility offers individualized, rehabilitative work to students in need of any care

By AMELIA DOYLE

**L**EWIS & CLARK'S Sports Medicine Program helps athletes with preventative actions, pain management and treatment plans for injuries. Head Athletic Trainer Jeremy Loew and Athletic Trainer Brandon Walcott-Ayers focus on treating athletes that have injuries at the Pamplin Sports Center.

"A big part of what we do is prevention, so as much preventive work as we can do, it makes it easier to recover from injuries when they happen," Loew said. "In injury management, we try to be somewhat individualized, as each injury is a little different from the next."

Loew started working in sports medicine after playing college baseball. He wanted to remain in the sports world and liked the idea of working directly with student-athletes. Walcott Ayers said he also liked the idea of having a career in sports.

"I'd say that the college is really supportive of what we do here," Loew said. "I think they recognize the role that we play in the success of sports here in general, and that they recognize that the health and safety of the students is really important."

One of the biggest goals of both Loew and Walcott-Ayers is to mitigate harm to athletes. At LC they make the athlete's safety the priority, advising them on preventing injury and keeping them from competing when there is a risk of further harm.

"I think the college takes that (injury management) very seriously," Loew said. "I think that's what allows us to really make decisions that are really in the best interest



ISABEL ATHA/THE MOSSY LOG

The Sports Medicine Office, located in Pamplin sports center, is where student-athletes go to get treatment for injuries and to work on preventative treatments.

of the students, without having to worry about what's in the best interest of a specific program if that's not in the individual student's best interest."

The Sports Medicine Office also has many student workers — such as Alyssa Abe '23 and Eva Silberstein '24 who help with pain management and treat injuries. They also do some clerical work and assist the trainers.

Abe said that after being injured, it can be intimidating to work in the

Sports Medicine Office, but the staff is friendly and the focus is on helping everyone who comes through the office door.

"I think working in this office has given me a lot of insight into how to be better," Abe said "I think it's a great job for anybody going into that kind of department or healthcare."

Silberstein was recommended to the Sports Medicine Office by Associate Professor of Chemistry

Anne Bentley. She is now looking at a career in sports medicine and is grateful to Bentley for introducing her to the field.

"I would definitely try to get involved with working in the Sports Medicine Department, because that's kind of the only option that we have," Silberstein said. "It really gives us a kind of internship, it gives you hands-on experience with being an assistant to professional athletic trainers."

Abe said that this type of environment is good for learning and interacting with people, compared to working in a hospital. In sports medicine it is much easier to talk to people and form relationships, while also getting hands-on experience.

Student workers at the Sports Medicine Office have gone into a variety of different careers, from EMTs and firefighters to doctors and personal trainers.

# Injuries lead to mental health struggles for athletes, they share their experience

By VENUS EDLIN

**I**NJURIES TAKE a toll on anyone, but for athletes they can also mean a temporary loss of identity. In fact, athletes report worse mental health outcomes as a result of injury than the general public.

According to a Princeton study, "Athletes may be at greater risk for mental health issues in that they are less likely to seek treatment, may be afraid to reveal symptoms, may see seeking counseling as a sign of weakness, are accustomed to working through pain, may have a sense of entitlement and never had to struggle, and/or may not have developed healthy coping mechanisms to deal with failure. In addition, many athletes have not developed their identity outside of that as an athlete and therefore if this role is threatened by injury or illness, they may experience a significant loss."

This resonates with the experiences of Gabby Beltran '24 and Dylan Souza '23, two student-athletes who have endured significant injuries. Beltran, who is on the women's basketball team, started playing soccer when she was five and moved onto basketball in third grade.

"Sports has just been like a huge part of my life. It's connected our family," Beltran said. "We would go play soccer, on the weekends all together, go on hikes ... Watching the sports games on the weekends has also just been huge for me, but that's all I've ever known. Sports are basically my whole personality and identity."

When Beltran injured her ACL, it was the first time in her life she was forced to consider who she was outside of being an athlete.

"I would still go to the gym, and I would do so many arm workouts, like my arms were ripped because I had so many arm workouts, core workouts, everything to just stay active in some sort of way," Beltran said. "But it was definitely a dark time, I will not lie to you. Trying to figure out just who I was, ... it was not the easiest."

Souza had a similar experience after having multiple knee fractures from running track in high school, eventually needing double arthroscopic knee surgery his first year running at Lewis & Clark.



SUMMER BINDER/THE MOSSY LOG

"The confidence that I had in myself came from my knees," Souza said. "Because I was just known as an athlete throughout high school and I was known (for) running."

Souza described himself as "happy go lucky" before his surgeries, but after undergoing not one, but two surgeries within the span of a year, he started having depressive feelings every day.

"First surgery, the recovery process was smooth because I had still had hope and I went through it really well," Souza said. "I had to be attached to this muscle contractor device for the first eight months because my nerves are really damaged. I had a straight leg cast too for three months. I was just in bed for three months and then I was feeling very lonely, very lonely." This loneliness increased after Souza spent two times as long in bed after the second surgery. His feelings were not reverted after returning to the team either.

"They're all having their running practices and I'm going alone every day to the trainers," Souza said. "... I came back

and I anticipated coming back and even though I thought those emotions would go away, they're still there. I'd say I fell out of love with running."

Souza is not alone in forming a negative relationship with his sport. However, this started forming for Beltran even before her most recent injury.

"I started to really base my mental health based off of my athletic performance," Beltran said. "It really got so bad, to the point where I just needed a day off just one day off to rest my mind and I was genuinely freaking out ... I came home crying to my roommates. I was like, I can't do this anymore. But I love my sport, I was just stuck in this weird in-between."

Beltran asked for a mental health day from her coach and it was received poorly. Because she missed a practice before a game, she lost her starting spot and felt punished for taking care of herself. Instead of dwelling on this, Beltran wanted to focus on channeling her hurt into positivity. With the mentorship of

Assistant Athletic Trainer Gina Parisi, Beltran has been working on a mental health program for athletes.

"That's just honestly how our society and how sports works, that sports culture works," Beltran said. "Mental health isn't something you're trained in how to deal with or how to cope with, which is why in the mental health program I also wanted to include athletic staff training, such as suicide prevention, nonviolent communication, just learning how to better support (athletes)."

The mental health program proposal will be presented to the community in early December. A program like this would have been very valuable for Souza. His loneliness might have been less traumatic if he had been properly warned or informed.

"Most doctors, they literally just tell you the physical stuff. They don't tell you anything about the mental," Souza said. "Your parents don't know, coaches don't really know. You usually go through that on your own."

# Scores

## Basketball

### Men's

LC v Clairmont-Mudds-Scripps colleges: L 63-95  
LC v Warner Pacific: L 65-76  
LC v Portland Bible College: W 121-47  
LC v Portland Bible College: W 93-44  
LC v Pacific University: L 72-85  
Overall: 2-3

### Women's

LC v The Evergreen State College: L 62-75  
LC v Bushnell: L 56-86  
LC v University of Wiscosin-River Falls: L 65-86  
LC v Whittier College: L 58-65  
LC v Chapman University: L 62-77  
LC v Pacific: L 59-65  
Overall: 0-6

## Swim

### Men's

LC v Linfield College/Southwestern Oregon CC: L 121-64  
LC v Pacific: W 129-36  
LC v Pacific Lutheran: W 102-92

### Women's

LC v Linfield College/Southwestern Oregon CC: L 125-56  
LC v Pacific: W 115-82  
LC v Pacific Lutheran: L 109-86

## Athletes of the Week

Nov. 13 - Nov. 19

Riley Buese '25 - Women's cross country  
Max Aldrich '25 - Men's cross country

Nov. 20 - Nov. 26

Aniqah Gaffoor '26 - Swim & Dive  
Tj Muhammad '26 - Men's Basketball

Nov. 27 - Dec. 3

Charlotte Caroll '24' - Women's Basketball  
Jonathan Green '23 - Men's Basketball



# The Backdoor

## The Mossy Log's winter break survival guide

Writer offers valuable tips to help you integrate back into the non-LC world such as steal, lie to mom

By MAYA MAZOR-HOOFIEN

IT FEELS LIKE just yesterday was the sunny August day when you arrived on campus, 'blu tack-ed' your niche band posters up in your unairconditioned dorm room, and waved your parents goodbye. But the weeks and months have come and gone and it seems the end of the semester is finally upon us.

As excited as most of us are to be almost through with coursework, there is another looming fear hanging over liberal arts students everywhere: Will I still be able to fit in back home after all my time surrounded by Carhartt-clad vegans with dyed hair, pronouns and communist inclinations?

Fear not – there are ways to make your time at home more tolerable, possibly even fun. Just adhere to some basic guidelines and remember some key tips, all conveniently in print (and online at piolog.com, but we are working on it). Here is The Mossy Log's official guide to surviving winter break back home!

### Meeting new people

Over the holidays, you will likely be dragged to various family gatherings and social engagements.

Your mom has a friend who has a son right around your age. He is studying business at a prestigious university and we are all very proud of him. Try not to make direct eye contact, he may find this threatening. College football is a comfortable

area for him. Remember: Our team is called the Pioneers and had a pretty good season, roll pios!

You may also have to introduce yourself to adults curious about the 21st century college experience. Keep it positive, keep it brief and lie about your major. Just for the rush of it.

### Spending time with family

Most students cite seeing their families as one of the biggest anxiety-provoking parts of visiting home. There are ways to make it more comfortable to spend quality time with them.

Flip that septum piercing up, queen! There is no room for self-expression at the holiday table. Got siblings? Compare the drugs you have taken in each other's absence. Check in with your pets. Ask them how they feel about the midterm election results and the changing landscape of American news media. Do not tell your parents about your theatre minor. Give them the gift of blissful ignorance this holiday season.

### Catch up with high school friends

Take this opportunity to spend time with your old friends. Pretend you love their new tattoos, just as they will pretend to love your drunkenly-done stick 'n' poke that "just needs a touch up."

You spend all your time in college telling people how much you miss your friends from home. For symmetry's sake, tell your high school friends how much you miss your



ALEX NASH/THE MOSSY LOG

college friends. They will love that.

Tell them all your Lewis & Clark friend group gossip. Camille said what about Lauren's situationship? You may have been sworn to secrecy, but who would they tell?

Pick one random friend and ghost them. Nothing matters.

### Explore your hometown

Visit places in your hometown that you have yet to see. Smoke in different public parks than you did in high school.

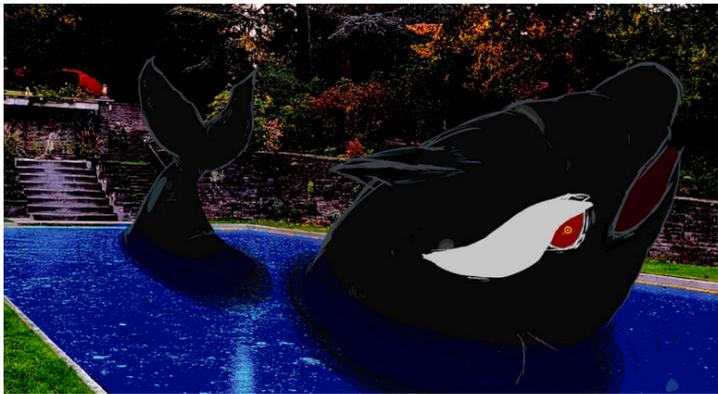
Engage with local businesses in your community. See where your fake ID works and which stores have increased anti-theft

security (note: this is a challenge).

Embrace your entrepreneurial spirit! Sell cigarettes to high school students.

There you have it. Remember: everything will be just fine. Everything will be just fine! Happy holidays, from all of us at The Backdoor. Tell your mom I say hi.

## Beloved reflecting pool orca ignites conflict



WINSLOW MORGAN/THE MOSSY LOG

By ASHLYN LITTLE

FOR LEWIS & CLARK students, the ethics behind keeping our beloved pet orca who resides in our on campus Reflecting Pool have become a hot button issue.

While the orca has brought countless smiles to the students of LC, the ethics behind the small Reflecting Pool being a big enough space for our dear pet are being questioned. In the wild, orcas swim upwards of a hundred miles a day while in comparison, our small pool does not allow much wiggle room.

The orca, given the name Shamu after a student's mother, has recently been spotted with dorsal fin droop. This is a clear indicator of the animal's deteriorating health which has prompted some to believe Shamu may be happier somewhere he has more room to swim, such as the ocean.

The task of caring for Shamu has fallen to freshmen as a New Student Orientation (NSO) bonding activity. Each NSO group is responsible for feeding Shamu. This process involves heading to the Reflecting Pool and using a long stick with a hook to feed Shamu fish from afar. This practice has also come into question, due to the propensity of the first years to attempt to push one another into the pool, causing an average of two fatalities per year.

Orcas need plenty of exercise and a proper diet to be able to fully mature into big strong adults. Since the Reflecting

Pool does not allow for much exercise, administrators are beginning to question if it is in the whale's best interest to continue to live in the small pool. Solutions such as flooding the ravine or moving the orca to the swimming pool -- and having the swim team practice in the reflecting pool instead -- have been proposed.

Either way, something must be done. Shamu's increase in stress is correlating to an increase in kills, with 18 students eaten this semester, a 20% increase over last fall. However, students still seem supportive of keeping Shamu right where he is.

"I love Shamu," Juan Beluga '25 said. "He ate my roommate, so now I have a dingle."

The removal of the orca would cause the school to have to stop hosting the whale training major, and would also result in a sharp decrease in LC cadaver donations to the local hospital.

The debate surrounding Shamu gained renewed attention after LC began hosting public shows, in which people can come and watch Shamu perform a variety of circus-like tricks. LC has been struggling with monetary issues despite the high cost of attendance, and so saw these whale shows as a new source of revenue.

While the issue is still up for debate, it is possible that Shamu may not be living his best life in the small concrete pool on LC's campus. Administration has already considered replacing Shamu with a new, more appropriate animal, such as a great white shark.

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- 1 Purportedly haunted campus structure
  - 12 Jewish holy text
  - 13 Oregon state school, acronym
  - 14 Trump card
  - 15 Space explorers
  - 17 \_\_\_ It Was, Harry Styles hit
  - 19 "Watch me whip, now watch me \_\_\_"
  - 20 Acronym used after a video game match
  - 21 High school test
  - 23 Crypto abbrev.
  - 24 Family
  - 25 Long fishes
  - 27 Famous Ray
  - 29 More weird
  - 31 Midsommar director first name
  - 33 Connecticut Ivy
  - 34 First 2 letters of school, acronym
  - 35 Settlers of \_\_\_ game
  - 36 Identifier
  - 38 Possible state of hair
  - 41 Part of a circle
  - 42 Well, yes \_\_\_
  - 45 Pirate syllables
  - 47 Fanfic acronym
  - 48 Friends with mom
  - 51 Chem. unit
  - 52 Waffle brand
  - 54 Blood type
  - 56 Cuban cocktail
  - 57 Spanish "Mrs"
  - 58 One with 4 leaves is lucky
  - 59 3D
  - 60 LC Sports center name
  - 62 Prima donna
  - 64 Water source
  - 65 Possible state of a septum
  - 66 Part of California the worst person you know is from
  - 67 "Yes" opposite
- DOWN
- 1 "Nights" singer
  - 2 Bane of the class-skipper
  - 3 59A
  - 4 Grocery store generic brand
  - 5 Contagious animal disease causing the loss of hair
  - 6 "I've got it!"
  - 7 Ins and \_\_\_
  - 8 Previously unsung DNA discoverer
  - 9 Stupid person
  - 10 California system of universities, acronym
  - 11 Many LC students come from this nearby city
  - 16 He \_\_\_\_, she \_\_\_\_, acronym
  - 17 \_\_\_
  - 23 When you'll get there, acronym
  - 26 God enemy
  - 28 Yiddish lament
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  - 32 College equivalent of hall monitor
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